



## Yoga for Three

*Nicole Stewart*

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**Yoga for Three** Nicole Stewart

**EVE MOONEY**

Eve Mooney's life is almost perfect. Nice job, decent apartment, live-in boyfriend. Then, she's suddenly laid off, left with a tanked relationship and love handles. Cue the gym membership and meet her utterly bangable new personal trainers.

Cliff Bauer teaches yoga. Milo McNamara is a fitness concierge. What's harder for Eve than stretching her endurance to the max?

*Choosing which of these two hot bodies makes her sweat the most.*

**CLIFF BAUER**

Cliff is motivated to help Eve reach maximal oneness with the universe. But it will take more than meditation to block the distracting chemistry between them. It's a bad time to be jonesing for his student.

*He's not even close to being "over" his coworker.*

**MILO MCNAMARA**

Milo knows Cliff still fantasizes about him. He also knows there's something going on between Eve and his ex-lover. Milo keeps his heart out of the bedroom, but the gym is where mind, body and soul come together. What he doesn't know is...

*He's been training for this work-out since day one!*

***Yoga for Three is a scorching hot Bisexual / Menage MMF romance with some VERY steamy scenes and a guaranteed HEA ending!***

## Yoga for Three Details

Date : Published November 25th 2017

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Author : Nicole Stewart

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Genre : Romance, Menage, M M F, M M Romance, M F Romance, Erotic Romance

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## **From Reader Review Yoga for Three for online ebook**

### **Julie says**

#### **Downward Dog, Please ;-)**

Eve, Cliff and Milo.

I like any kind of book (esp romance) where the main character isn't exactly who they start out seeming to be. She is fine communicating, while Milo and Cliff (the sexy yoga instructor) have trouble telling her what's going on with them. Actually, it's Cliff who has the most trouble because his problems run deeper than the others'. For such a zen guy, he's got the most hang-ups.

All three characters are appealing, we get three POVs. The pacing is good. There is one hugely annoying hanging plot thread though, involving Cliff's son. It's not enough to knock off a star, but it didn't feel resolved to me, and that's a distraction from the story.

Overall, a pleasant romp, nice sex scenes, and boy, do I want to visit that venue the wedding (not the main characters' wedding!) takes place at.

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### **Jenny Brightman Harris says**

I received this book with the understanding that I could have a voluntary and honest review.

In this book we meet Eve Mooney, Cliff Bauer, and MILO Mcnamara. All three of these people are looking for something. They think that enlightenment through yoga might be just what they are looking for. However they learn what is at the yoga session is what they all really are looking for. Can they put aside their past though and see what could be all their future or will they loose someone more important then they ever thought possible?

This is an amazing story that will have you hooked from the first word. There are some ups and downs that I really want to tell you about but don't want to ruin it for anyone else. I will say that this book will have you hooked from the first word to the very end. I would highly recommend this book to anyone.

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### **Sheri Morell says**

I really enjoyed reading this....Eve was someone that I could relate to between losing her job and then finding her boyfriend in bed with another woman. I did not like cliff in the beginning but he grew on me throughout the book. I loved cliff from the beginning but my heart went out to him. I would of liked a little more background on Milo and what made him tick. Overall I loved this book to the point that i didn't want to put it down. Another great read. The book was well written with good character development.

I volunteered to read an advanced copy!

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## **Deborah says**

He Needs To Accept

An ARC was given to me and I agreed to voluntarily review it. My opinions are my own. This story is about a young lady whose day had her being socked with a double whammy. In getting herself together, she has decided to focus on her body. Joining a gym may turn out to be her best decision for her physical and mental health and maybe her love life. This is a fun entertaining read. Enjoy I did.

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## **Larry Bos says**

**Uhhh, not saying it was bad**

It was less. Could have used an editorial eye to the ease of reading. I hate when the scene changes in the middle of a paragraph. This wasn't written in the style or depth I've become accustomed to as a Nicole Stewart story. So.... hmmm . I hated when a few of my favorite authors gave up the autonomy of their name and hope that the next work bearing Nicole Stewart is penned by the original.

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## **Leanne Bryson says**

?I am voluntarily reviewing an advanced reader's copy of this book. This is my honest opinion.? I am never disappointed with any book by Nicole Stewart and Yoga for Three is an excellent example of why!! Cliff, Milo, and Eve are well written , interesting characters. There were some intriguing surprises in their backstories. This was a fun, fast sexy read and once started, hard to put down. Another winner from Nicole Stewart.

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## **Jennifer says**

Yoga for Three is a story of a woman who finds out her boyfriend is a cheater and loses her job on the same day so she decides that she needs to change her life. Cliff and Milo are instructors at the gym Eve joins. The men had been in a relationship but broke up. Both men want Eve. Eve wants both men.

The story is kind of forgettable. I had to look back at the story to remember the character's names. That's very bad. There are some parts of story that are kind of silly or head scratching. One example is that Eve starts a blog and starts making regular income from it almost instantly. I know people that run websites and that's not really how it works. And worse, the characters are good together as couples but once they are together as a threesome, I just didn't feel the connection.

So what did I like? I enjoyed Eve going on a journey to improve her life and get healthier. I would have liked more of that. I like that Milo and Cliff were a real couple before they broke up. They went to family functions together and spent time with Cliff's young son. That was a potentially interesting story that felt

unfinished.

This story is written in 3rd person POV. It's a contemporary romance. I recommend this story to anyone that is a fan of Nicole Stewart or is looking for a MMF story.

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### **Robin Rankin says**

I really enjoyed this latest book by Ms. Stewart but I can't recall any of hers that I haven't enjoyed and I have read all of them to date.

I wish there had been more of a back story between Milo and Cliff, the details like how they met and ended up together matter to me. Some people get bored with the minor details but I feel they bring so much and to the story. The chemistry between Evelyn, Milo and Cliff separately and together is off the charts and I wouldn't mind seeing more of this three in the future.

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### **Michelle says**

This was a nice slow burn. Great character building. There were so many parts you wanted to slap Cliff, Milo, and Eve. Not at the same time, but during different parts of the story.

I do wish we would have seen Cliff finally accept who he is and who he loves. Eve's run in with her ex was almost magic. I wanted more background on Milo. Why was he so uptight/strict. Then the heartbreak for Cliff.

Add in the ending, (ps I love good time jumps in epilogues)

~~I volunteered to read an advance copy

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### **Sue says**

This was probably one of my favorites of Nicole Stewarts book.

Eve has had a few punches thrown her way. She decided that it is time for her to do something for herself and joins a gym. Little did she know that she would meet someone who could put her back together. Or that it would be two someones.

The story of one man who loves another, one man who says he can't love another man and the woman they both fall for. Steamy and beautiful love story.

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### **Book-Lovin-Momma says**

This was an angst-filled MMF romance! Eve was single and at a crossroads in her life, trying to make some

much needed changes. She meets both Cliff and Milo at the gym she began frequenting, but things were not smooth for these three. It took some self-realization as well as some coaxing to get them to realize what they all needed was each other. There were some moments where I just wanted them all to figure things out together. I really enjoyed their romance, but there were a few parts that dragged for me. The tension was a huge build-up though, and kept you guessing all the way.

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## **Stephanie says**

### **2.5 Stars**

Yoga for Three was different than I expected, but that's not bad in this case. I enjoyed the story, but I think the book could have been put together better. Milo wasn't usually likeable, and I don't think a good job was done of showing his good traits or why he was liked by Eve and Milo. Cliff's going back and forth so many times was annoying. I didn't always like Eve very much or understand her. The sex scenes were not always done well, especially sex scenes between the males. The ending was extremely abrupt. It was really sudden and left the book feeling incomplete.

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## **Quen Barlow says**

### **Opening up to new things**

This is a fun sweet story that's well written and the characters have great chemistry. Eve is funny and doesn't have a problem speaking her mind I love the fact that she is bold and gives her all at whatever she does. Milo can be a dick at times but overall he is sweet. Cliff try's hard to make everyone happy and hold himself back from what he really wants. When they finally get together it's hot. I love the storyline Nicole has given us another great story. I voluntarily read a arc copy

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## **Sharon says**

Sometimes life kicks you to get you to move into a better place. Eve is a recently fired freelancer who catches her boyfriend in an uncompromising position and decides to improve her life. She joins a gym and meets Cliff the yoga instructor and hires Milo as her personal trainer. Over the course of the next few months, Eve becomes stronger not just physically but mentally as well. However, all is not smooth sailing as she develops feelings for both men. As she begins a relationship with Cliff, she realizes that he is harboring a secret. How will she react when she finds out the truth? This is one story that keeps the reader's attention from start to finish. It is a story of love, growth and learning how to live by what a person truly wants no matter what society dictates.

I volunteered to read an arc of this book.

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## **Amy says**

I was intrigued by the blub and kind of excited for this, but this was really a hit and miss for me. Some parts

I enjoyed, while others...not so much. I just didn't connect fully with the story. I did enjoy Milo. He was definitely my favorite out of all the characters. Cliff irritated me more than anything with his back and forth and inability to be himself. Eve was ok. Nothing really stood out about her.

I have really enjoyed some of Nicole Stewart's other books so I will not let this one deter me in any way from reading more from her.

\*\*I voluntarily read an advance reader copy of this book and this is my honest opinion\*\*

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