



Breakup Poems: Vol 1

J.R. Rogue

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Two-time Goodreads Choice Award Nominee for Best Poetry, J.R. Rogue returns with her newest collection of poetry, Breakup Poems. Presented in six sections, five devoted to the stages of grief, and a final one for her devoted group of online fans, the author examines the various emotions women go through as they mourn the loss of lovers ranging from almost-relationships to marriage.

Breakup Poems: Vol 1 Details

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Author : J.R. Rogue

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From Reader Review Breakup Poems: Vol 1 for online ebook

Amy says

Poetry intimidates the mess out of me because while reading it, I start to feel as if it means something I can't quite figure out.

In the case of J R Rogue's poems, though, I connect with them so viscerally that I don't care if she's talking about something other than what I'm feeling.

The title tells you the theme of this collection, and Rogue wastes no time in thrusting you into the pain of a breakup. There are so many lines that dug into me that it's difficult to pick my favorites. But here are a few that give you an idea of the pain and, yes, healing J R Rogue crafts.

In "The Unkindness of You," she writes, "I have a hard time remembering you are past tense, / even though we sleep / in the same bed - your ghost and I." Who hasn't felt that way after the end of a relationship? In "The Bind that Ties Us" (I love that title), these lines felt like a sucker punch: "I had a dream about you last night / your face was not / your face, / and she / was there." He's gone, he's no longer the man who loved you, and you have been replaced. Such beautiful torture.

And then, in "Where We Hide our Wild Things," comes this: "I can only love a man with half a plan to leave me." YES. I see you and I feel you, J R Rogue.

Read these poems, if for no other reason than to realize that someone knows how you felt when your heart was broken. I've been (reasonably) happily married for twenty-five years, and these poems still resound with the way they speak to the hurt that comes of a ruptured relationship and its beautiful, feral agony.

Erica Russikoff says

Once I started, I couldn't stop reading this. Jen stuns with her words. She draws you in and doesn't let go, not even at the end.

This book is divided into six sections: denial, anger, bargaining, depression, acceptance, and rebellion (the dedication section). Of the six, I felt the words in "Depression" the most. Every word speaks it as though the author knows it well, knows it best. In "I Don't Cry," she says, "I am only worth chasing when I am running away." Isn't this the truth?

But "Acceptance" and "Rebellion" had my favorite lines: "I can only love a man with half a plan to leave me" (from "Where We Hide Our Wild Things") and "rewriting the end, that's what women do" (from "Rewriting the End").

Each section has strong poems. And she balances the sections well. The "mic drops" are interspersed between the gentler pieces. There is soft and hard throughout. She also changes up the formatting. Some poems have long lines of thoughts, while others have one or two words. Both show breakups equally well.

I always love reading Jen's poetry, and this collection is no exception. There is a rawness to it, a tortured

pain. An agony. It is beautiful and soulful and a must read.

Izzy says

Okay, so I have a very unpopular opinion.

I'm in the minority as everyone else rated this collection 3 stars or above, I'm the first 2 star review...yikes!

I absolutely loved the first poem but then it went downhill from there. I personally couldn't connect to the other poems, but I did see Rogue's spark of talent within the poetry. I just couldn't help feeling really disappointed.

I haven't read a poetry collection like this, all centred around heartbreak and loss of love. The collection was split into 6 parts: denial, anger, bargaining, depression, acceptance and rebellion. I didn't think it needed to be split into those different parts, as I personally felt like the poems were very similar. Some poems in the rebellion part were more about moving on but they were written for specific women. Each poem in the last section had "for *insert name*" underneath them. For me, that made it hard to connect to the poems. It felt like the poems were not written for me, which they were not, but it disconnected me as a reader.

I had really high hopes for this collection but feel really disappointed.

However, I can see why everyone else really liked it, and I am not denying that Rogue has talent.

Angie Crabtree-Liezel and Angie's Book Blog says

These poems are eye opening, soul searching lyrics written with so much love, heartache and tears that you instantly fall in love with them.

Each poem was different and unique. I didn't know what to expect. Some made me cry while others made me teary eyed. My eyes so blurry with emotion that I didn't know if I could continue on. I'm so glad I did. I will go back often to read this. I don't know what it is about J.R. Rogue but I can't stop reading her words. They speak to me in ways others don't.

Maria says

JRR's writing is always amazing. There isn't enough praise I can give that will give her justice. Her writing always has the right words to say and she always says what you need to hear. She is incredibly talented and I always look forward to her writing, whether it is in poetry or as a novel.

Liz Monroe says

It was torture

In the best way

I've always loved J. R.'s words, but this collection makes you feel every ache and twinge along the way.

I'd been looking forward to this for a long time and it fully lived up to my hopes.

Misty says

Like all of Jen's work, Breakup Poems packs a punch. This time right to the breaking heart after breaking up. She covers every emotion I think we all go through when losing something precious to us. And when you read some, it's just not losing a significant other, it could be losing yourself. Some will hit home, some will cause you to hurt for others but all will make you pause, take a deep breath and realize she's talking to all of us at some point.

Carlene Inspired says

Find this review and others at [Carlene Inspired](#).

J.R. Rogue writes heartbreaking pain into beautiful poetry with Breakup Poems. This stunning new release is emotional, the poems had me reminiscing on past loves and riding the waves of emotion alongside her as she unraveled the heavy feelings.

"I am only worth chasing when I am running away"

Split into six chapters; denial, anger, bargaining, depression, acceptance, and rebellion, Breakup Poems tackles the hard hurts, like cheating, first love, divorce, and tentative separation. The poems are relatable, each making me ache, but also making me feel like I've not been alone when I've felt drowned by the heartache with lines like *"rewriting the end, that's what women do."* Some of the poems are softer, teardrops, while others are smashing fists, screaming words, and strength that one needs when recovering from a loss.

*"... forever can die slowly
I can die slowly for you"*

J.R. Rogue admits she knows life, love, and loss well, her previous works prime examples of this, but Breakup Poems feels the most raw. I wanted to check on her after some of the poems, knowing only real experience could draw out words such as these. The words are presented in a lyrical way, with a really unique format that makes me think this book is best read in a paperback. J.R. Rogue has captured the stages of a breakup perfectly with Breakup Poems and I highly recommend it. It's the kind of poetry that sticks and stays, that will come to you when you need it most.

ARC provided.

Alicia Cook says

Another poetic homerun for J.R. Rogue. Another five-star read. I recognized some of the titles as writing prompts which was awesome to see. As always, the writing is unmatched by most contemporaries. Rogue reaches new heights with aesthetic (that COVER! Those interior images!), cohesiveness, and branding. Love

that it was set against the stages of grief. I got excited when I saw this is noted as "volume 1." That means there's more to come and I cannot wait.

Line(s) that made me sigh/melt:

"you left part of your kiss on my tongue"

"tell me you aren't afraid of me
and I'll show you what the inside of
a lie looks like close up,"

Tiffany Silver says

ACHE ACHE ACHE.

This collection is titled appropriately. I love the format. I love the content. The art within the book as chapter breaks. Just an all around solid piece from JR Rogue. Her pain is palpable. I am aching.

Love the poems she did for the other breakups at the end.

J.R. Rogue says

???-????? ?? ??? ?????????? ?????????s:

AMAZON: <https://amzn.to/2SAFvug>

IBOOKS: <https://apple.co/2PxQ2aT>

BARNES & NOBLE: <http://bit.ly/2AF1sBC>

KOBO/WALMART: <http://bit.ly/2CWK254>

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Kat Savage says

Rogue continues to pull at all my emotions, this time with Breakup Poems.

"I write you as a forest fire"
Ugh. The feels.

From her choice of words, to her rhythm, to her sucker punch endings, Rogue really knows how to make you hurt in all the best ways.

Frostie Whinery says

“wonder if I will feel it when he lets go”

Rogue is one of those writers who has words for the things you feel but can't decipher. She's the reason I read poetry. It takes a lot of gall to share heartbreak with strangers, and I'm glad she has the strength to do it. Her work opens doors, invites truth inside, and even stays for the healing. Read her words. You won't be sorry.

Ashley says

I love Jen Rogue. Love, love, love her.

Her poetry is like the alternate reality I live in most of the time - Romanticizing sadness, finding beauty in brokenness, making poetry out of pain. Her poems make me want to crawl inside and live there, in this fictional land of feeling. I especially loved the organization of this poetry collection, featuring the stages of grief and the poems at the end for her readers' breakups. I feel like I've gotten to know friends better through their heartaches and bonded through the pain we all endure as humans.

My favorite lines from this collection are:

"I am only worth chasing when I am running away."

"I imagine it got old pulling dust from your lungs every night."

Favorite poem in this collection:

"8 months after"

Talon says

Jen makes my heart pound without even trying. Poignant, stunning, and packing hard punches, Break Up Poems has all of the words us women need.

Even her two lined poem brought out all of my feelings. This compilation of poems shook me when I least expected it.
