



When Ghosts Speak: Understanding the World of Earthbound Spirits

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Lights flicker on and off for no good reason. You feel drained and inexplicably irritable. Your four-year-old is scared to enter her bedroom.

Tell these things to Mary Ann Winkowski, and she'll tell you that you have a ghost.

A happily married, devout Catholic, suburban mother and full-time paranormal investigator, Mary Ann Winkowski has been able to see earthbound spirits, spirits that are trapped on earth and haven't "crossed over," since she was a little girl. Mary Ann works with these spirits to help them make peace with what keeps them here - whether it be people they can't let go of or homes they love.

In WHEN GHOSTS SPEAK, Mary Ann will tell the amazing story of growing up with this gift, and will share tips on how to recognize when you're not alone, and what to do if you are in the presence of a ghost.

When Ghosts Speak: Understanding the World of Earthbound Spirits Details

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Amanda says

Audiobook
5 STARS

I was skeptical about this one at first, only because listening and or reading about the spiritual world tends to open portals. Weird it must seem to you non believers for me saying that right? I really enjoyed this book. I know most people think spirit beings and the paranormal is a bunch of bull, but that's only because you haven't experienced it personally. Spirits are everywhere. I had a child attached to me for many years. She was not dangerous nor did she really bother me much. I just got used to her. I didn't see her. I could only feel her and she'd knock on walls, giggle, and poke my husband in his sleep. Lol! After my youngest child was born, this spirit started to get a little ornery. Maybe jealous? I guess she was feeding off the energy of my family, because there's a lot! When we were packing to move to a new home, I apologized and simply told her that she couldn't come with us, and that it was time for her to go where she's supposed to go. To the light, or to heaven to be with her own family. She caused some disruption for a few days, and I apologized again. I Told her we'd meet again in heaven when it was my turn to go. We moved, and she didn't follow me. I think of her often, and sometimes I even miss her. If you have an interest in spirits, this is great insight!

Debbie says

One thing that really bothered me about this book is that the author called people who commit suicide selfish and said they don't consider the mess they leave behind. See, this is why people kill themselves. You can be in so much pain that you push past that survival instinct and the truly selfish people are still thinking of themselves.

The author mentions that many of her experiences with earthbound suicides are people who killed themselves to make a point. I believe that, because those that took their own life to end the pain probably went into the light quickly in order to get away from this "Me! Me! Me!" society.

Nancy Brown says

this is a good book to read if you have any fears of earthbound spirits. Mary Ann has a casual approach to talking to earthbound spirits and presents them as regular people (which they are). She can be a bit wordy and repeats herself, but this really helps to dispell any fears the reader might have with earthbound spirits.

I would recommend this book to anybody just starting their journey in mediumship or even those more experienced who still have a bit o' fear with earthbounds. :-D

Laura says

This was an interesting and educational book about earthbound ghosts and the author's experience and stories about releasing them into the light. I didn't find this book overly exciting and I ended it being a little more confused in regards to legit spirit visits who may appear ghostlike and actual ghosts. It seems there may be a fine line between the 2 as the author talks about the ghosts being able to come back in dreams and doesn't mention other ways spirits may come to visit.

I am and am not surprised as to the variety of ways that ghosts can haunt places and I am surprised there are so many ghosts around and how they can attach themselves to all sorts of things and just randomly come home with you. As if I need another thing to worry about, lol.

If you like this kind of subject matter you will find this book easy to read and the author's experiences interesting and sometimes downright awkward. Maybe this book will raise other questions for you, maybe not.

BookActivist says

Great book! Really made me think about things. I would suggest this book to ANYONE who has experienced or is experiencing the paranormal. It will provide you a lot of insight into this world. I believed every word she wrote. Very well written also and easy to read. ALso a page turner.

Chad Boise says

This stories shared by Mary Ann in this book are fascinating, enlightening and overall informative of life after death to say the least. For those who may wonder what happens after we leave this body yet before we step into the light this is a must read. C'mon Mary Ann, tell us more!

Jenny says

Great book! And after reading this I will now watch what I say at funerals!!!

Sabrina Rutter says

This was a very interesting book! Mary Ann Winkowski is the inspiration for the show The Ghost Whisperer. Mary is not a psychic who can look into the future or visit crime scenes and get visions of what took place there, but she can see ghosts!

In this book you will learn about the many reasons people choose to become ghosts and how it effects those being haunted. You will be shocked by some of the reasons that people would choose to be ghosts instead of moving on to be with their loved ones in the light.

The only complaint I have with this book and others like it is that it only told a little bit about possible non-

human spirits (what some call demons). I understand that she can't talk to them because they simply refuse to talk to her but she did say that she convinces some to move on into the light. It would have been nice if she could have told about getting one of those non-human spirits into the light, and her first encounter with one. Over all this was an excellent read that held my interest until the very end.

Angel R says

I loved this book so much. It tells you a lot about spirits and what they do after they pass on. It gives a good look into the after life. I thought it was a very touching book. It helped to comfort me a little and helped me to deal with the loss of some of my close loved ones.

Rachel says

I read this trying to get into the mood for halloween--and of course I'm somewhat interested in the topic of ghosts as well. This was a fun read. She sounds sincere and believable, for the most part. I'm not 100% sold that she's telling the truth, but she sounds more sincere than some other people who allegedly see ghosts. She left a lot of questions unanswered, though, and that is what caused me some hesitation.

I was all with her when she explained her "gift" and her childhood, growing up with this ability. And she explained that well. But when she started explaining about the quince seeds, totems, amulets, smudge sticks, etc., I was a little turned off by the fact that she didn't explain how she knew about these items, or why they did what they supposedly did.

Her knowledge about ghosts seemed to be more experiential: I see ghosts, and I don't know any more about them than what I see and what I've heard. But then when talking about this metaphysical items, she just says "this does this." Where in the world did she come up with that? She never says.

So, like I said, I was much more interested in the experiences with what she has seen. Not so interested in methods, rituals, and items which are supposed to have effects on the "other world" since that stuff doesn't seem to be based at all on her experiences with ghosts. In reality, these tidbits are probably just things she has learned from other so-called paranormally-gifted people.

Maryellen says

straightforward account from a woman who's been seeing & interacting with ghosts her whole life ~ she is the inspiration & consultant for the tv show Ghost Whisperer

Christine says

While this book contains great information as mentioned above, it also contains some not so good information. In Chapter 10, "Asking For Trouble", Mary Ann mentions that the use of metaphysical tools and activities like tarot cards, pendulums, automatic writing, casting spells, séances and Ouija boards will

cause the attention of earthbound spirits and eventually cause your house to attract a few. I have to say only about half of this is true. Tarot cards and pendulums are powered not by an outside source but from your own subconscious. You are not calling on anyone outside of you to help, therefore I do not believe it is dangerous to use them. I've used them for the past five years and I've not attracted any earthbound spirits from them. Now casting spells, séances, automatic writing and Ouija boards will grasp attention indeed, which is one reason it is very important to spiritually protect yourself before doing these activities. Also know what you are doing before you do it; dabbling is not a good idea.

She also mentions how entering into a meditative state or practicing "dark witchcraft" will attract earthbounds as well, but I think this is a rather faulty Christian attitude as neither meditation and witchcraft are dark practices, it is the ethics of the practitioner not the practice itself that determines its darkness. Just as one might claim to be a Christian and do bad things, so can anyone else. This is a cliché that everyone needs to learn to get over.

Her chapter on 'How to Deal with Ghosts' is very good, covering a wide range of protection available from earthbounds, but if you are really serious about this, I would suggest getting a book on psychic protection and spiritual cleansing to delve deeper into the topic and accompany her information. Her ritual for removing a curse or negative energy is also a gem of a find!

Some of the photographs which are in the book are very believable whilst some are highly unlikely and seem like something a skilled Photoshop user, like myself, could easily create. I'm not saying they aren't real, or that they are, but I have to remain skeptical on something don't I? ;)

Overall, this book is informative and sheds light on the world that resides within our own, but don't pick up this book expecting the stories to play out like a Hollywood film, because you will be disappointed (hint: real ghosts aren't like those in the movies).

Tracey Allen at Carpe Librum says

I absolutely loved this book!! It is written by Mary Ann Winkowski who is the renowned paranormal investigator behind the tv show Ghost Whisperer. Winkowski can only see earthbound spirits - those that haven't crossed over into the light yet. This is different from mediums who can see spirits who have crossed over. I guess even paranormal gifts have their own categories. Her gift also includes being able to 'cross over' earthbound spirits by creating a white light and sending them into it, bringing the spirit peace.

This book is extremely well structured and very informative. With chapter headings such as: 'the truth behind ghosts' 'why some souls stay behind', 'animals' etc the book covers all aspects of earthbound spirits, from why they stay, to how to protect yourself from attracting them and how to get them to cross over. Winkowski relates particular cases to illustrate her point and she remains on topic. She even lists the most common places to find earthbound spirits, who feed off the energy of the living, and the most popular occupations for attracting earthbound spirits.

I could go on and on about this book, because I'm still thinking about it even though I finished it a few days ago, and some of the stories were very touching. Even if you're a non-believer, it would be hard not to be touched by the impact she has on people's lives and how she brings peace to so many spirits and people. I thoroughly recommend this book.

Doreen says

interesting quick read-The one thing to remember is that we will all die and the right thing to do is cross into the white light. Earthbound spirits are all around.

Christie says

I think what compels the reading of this book is everyone's deep desire to KNOW what happens when we die. Anyone who professes to have some sort of inside information draws us in. I also think that from "creepy feelings" to "dreams" to seeing something unexplainable, each of us has had some sort of experience with the "other side" and we want to put some sort of meaning to those experiences.

Terribly written (writing is obviously not her gift), I found this to be an interesting look into one woman's ability to communicate with, what she calls "earth bound spirits," or those who haven't crossed over into the light.

Some of the things were a little out there for me and hard to believe. I did find fascinating the comparison between what she says happens after we die and my own belief system. They were similar in many ways. She referred to the age of 8 as the age of "accountability" for spirits. I also loved what she said about very young children and babies who pass on. True or not I found it comforting.

I did skip the chapter on evil spirits and demons- It was scary enough contemplating being surrounded by earth bound spirits (there was an especially scary picture of an earth bound spirit that freaked me out), I just couldn't take the discussion of EVIL earth bound spirits.

Three stars, could have been four had it been better written.
