

توني بوزان

## العقل واستخدام طاقته القصوى



????? ?????????? ?????? ????????

*Tony Buzan , ??? ???? , ??? ????? (????)*

Download now

Read Online →

# ????? ?????????? ?????? ???????


Tony Buzan , ????? ?????? , ????? ??????? (?????)


????? ?????????? ?????? ??????? Tony Buzan , ??? ?????? , ??? ?????? (?????)  
??????

- 1-?????
- 2-?????? ??? ? ???? ??? ? ???? ?
- 3-?????????
- 4-?????? ?????? ????
- 5-?????? ??????? ????????
- 6-?? ?????????? ?????????? ????????
- 7-?????????
- 8?????????
- 9-?????? ??????????
- 10-????????? ?????????? ?????????? ??????????
- ????? ??????????
- ?????? ??????????

## ????? ?????????? ?????? ??????? Details

Date : Published 1996 by ??? ?????? (first published 1977)  
ISBN :  
Author : Tony Buzan , ????? ?????? , ????? ??????? (?????)  
Format : Paperback 213 pages  
Genre : Self Help, Psychology, Nonfiction, Health

 [Download ?????? ?????????? ?????? ??????? ...pdf](#)

 [Read Online ?????? ?????????? ?????? ??????? ...pdf](#)

**Download and Read Free Online ?????? ?????????? ?????? ??????? Tony Buzan , ????? ?????? , ?????  
???????? (?????)**

---

# From Reader Review ?????? ?????????? ?????? ??????? for online ebook

## Michael says

Ein gutes Überblickswerk, aber leider auch nicht mehr. Es werden die einzelnen Teilbereiche wie Speed Reading, Note Making kurz zusammengefasst und auf weiterführende Literatur verwiesen. Punkto Aufmachung erinnert das Buch leider an ein kopiertes Skriptum.

---

## GhaDeeR says

?? ???? ??????? ?? ?????? ?????? ,, ??????????? ?????????? ?????? ?????? .. ?? ?????? ?????? ?????? ??????????

---

## 3la2 says

?????? ???? ?? ??????? ?????? ?????? ?? ?? ?????? ??????? ?????? ?? " ?????? ?????????? ?????? ??????"  
?????? ?? ?????? ?????? ?????????? ?? ?? ??????  
?? ?? ?? ?????????? ?????? ?? ??????? ?? ?????? ?????? ??????? ?????? ?????? ???????  
????? ?????????? ?????????? ??????????  
????? ???? ?????????????? ?????? ?? ?? ?????????? ?? ?????? ??????? ?? ?????? ?????? ?? ?????? ??????  
? ?????? ?????????? ?????? ?? ?????? ? ?????????? ?? ?????? ?? ?????? ?? 40 ???? ?????????? ?????? ?? ?????? ????????

---

## ???? ???? says

?? ?????? ?????????? ?? ??????? ?????????? ?????????? ??????????  
????? ?????? ?? ?????? ?????????? ?????? ??

---

## Jan-Maat says

[ avoiding the 20th century (view spoiler)

---

## Qudama Ahmed says

????? ???? , ??????? ?? ??????? ...?????? ?? ??????? ?????? ?????? ?????? ?????? ?????? ??????,  
?????? ?????? ?? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ?????? ??????  
?????? ?????????? ?????????? ?????? ?????????? ?? ...

---

## Gerry says

bit behind the times in terms of current information about the brain but the principles are timeless and work!

---

## Daliamon says

????? ?????? ??? ?????? ??????? ?? ??? ?????? ?????? ??? ?????? ??????????. ?????? ?????? ?? ?????? ??????  
?? ?????? ??? ?????? ?????? ?????????? ?? ?????????? ??????????. ??? ?????? ?????? ??? ?????? ?? ??????? ???????  
???? ?????? ?? ?????????? ??? ?????? ??????? ??????.

---

## Jason Holliday says

Wow. I think this book is somewhat accurate but I found myself LOLing at the whimsical yet unconvincingly serious delivery style and dumbed down ideas. I think it's most redeeming quality is it's short time span so was over pretty quickly. I probably would have given it an extra star if it would have been narrated by Kermit the Frog and Ms Piggy.

---

## Fatima AlHokail says

???? ?? ????? ?????? ??? ?????????? ??? ?? ?????? ?????? ?????? ?? ??? ??????  
????? ?? ?????? ??????

---

## David (???) says

3.5 stars

Even though this was a second edition, there have been advancements since 1988. Yet, this book gives good techniques for the following: memory recall; effective listening; speed reading and effective seeing; note-making and fast writing; creativity; simple and quick mathematical capability; logic and analysis; family and group study.

---

## Aileen says

I picked this up to refresh myself on speed reading, but there were other useful tips on mental arithmetic, efficient note-taking and listening. The principal of mind-maps went over my head a little, but I still found some useful tricks.

---

