



The One Minute Father

Spencer Johnson , Candle Communications

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The One Minute Father is the seminal One Minute book. A man who sees that he has been a better provider than parent learns by trial and error how to be more nurturing. He first learns a more effective way to discipline -- applying One Minute Reprimands. Then his children help him discover two even more important parenting methods -- One Minute Praisings and One Minute Goals. Using these practical methods, a father develops more confidence in himself as a parent, as he and his children enjoy a happier family life. The One Minute Father begins where most fathers are and takes them to where they want to be.

The One Minute Father Details

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From Reader Review The One Minute Father for online ebook

Mohanakrishnan Nagarajan says

Nice thoughts on parenting.

Hamidreza says

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Daisy Tâm says

Quy?n sách mà ng??i làm Cha M? nên ??c.

Ph?n vi?t v? ý th?c và tí?m th?c r?t hay, gi?i thích câu: "chúng ta suy ngh? th? nào thì s? tr? thành ng??i nh? th? ?y".

Câu chuy?n Gió và M?t Tr?i c?n suy ng?m.

Hanan says

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Wayne Zill says

After reading the One Minute Manager and traveling for business a lot I decided to buy this book. It has some good ideas that are useful to use and served me well over the years. In particular the One Minute Reprimands when the kids were younger worked very well and kind of baffled them since I use to linger before that with reprimands

Ahmed Gohary says

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one minute father

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coaching

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Ula Kacprzak says

Gave it to my Ex before splitting.. Hope he WILL read it and apply when with our 4 year-old Son.
Recommended for all Parents!

Agus says

Penuh hikmat agar para ayah bisa lebih dekat dg anak-anaknya Bahasa populernya sekarang "parenting" lah

Chocolaa says

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Julie says

My husband read this, so I read it when he finished. A quick simple story about how to be a better parent. (it should be called the one minute-parent) His simple plan is when a child needs discipline, in one minute or less-tell them what they did wrong, how it made you feel, then a few moments of awkward silence, then touch them and tell them you love them and you know they are better than that. He also had one minute praises, and then setting family goals than can be read in less than one minute as a reminder.

Vinod Kumar Dasari says

I recommending this book to every Father. Really it will make you to think, As a father are you in correct track? Are we making them to believe in themselves? There are some may things to take away from this book like:

1. Reprimands 2. Praising 3. Goal

"Deal with each child as an individual and in private in the case of Reprimands, Once reprimand is over, Its over. Don't mention it again."

"Just remember your children are not your punching bags"

"Just making them to realize that how we felt very bad about their misbehavior or mischief and make them to understand that their behavior is not good, BUT THEY ARE GOOD"

Make them to feel the love, There is a big difference between being loved, and feeling loved.

"Our job as fathers is simply to teach our children the advantages of self-discipline"

"As a Father we should make our child to have SELF-ESTEEM and SELF-DISCIPLINE"

We should make our children to realize that they are already WINNERS. - We become what we think.

"The best way to get children to listen is WE SHOULD LISTEN TO THEM FIRST"

We always found them while they doing any mischief or misbehaving, BUT ARE WE CATCHING THEM WHILE DOING SOMETHING RIGHT!!!!!! (PRAISING THEM)

The best way for children to believe they are winners, Is for them to see themselves Winning!

What's Important is not what I(Father/Mother) think about my children, It's what my children believe about themselves.

We should try to treat our children the same way we expected to be treated by our parents, when we were children.

Michael says

Going to try it this week... I will reserve judgement until then...
