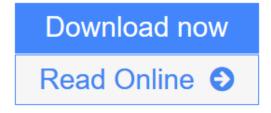


# Stir It Up

Ramin Ganeshram



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A Trinidadian-American girl's dream is challenged by her family

Thirteen-year-old Anjali's life is rich with the smell of curry from her parents' roti shop and an absolute passion for food. More than anything, Anjali wants to be a chef who competes on a kids' cooking reality TV show. But Anjali must keep her wish a secret from her family, who thinks Anjali's passions are beneath her. Thank goodness for Deema, Anjali's grandmother, whose insight and love can push past even the oldest family beliefs. Woven with recipes that cook up emotions and actual culinary recipes that make food, this novel is as delicious as it is satisfying.

# **Stir It Up Details**

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- ISBN : 9780545165822
- Author : Ramin Ganeshram
- Format : Hardcover 176 pages

Genre : Realistic Fiction, Childrens, Middle Grade, Contemporary, Young Adult, Food and Drink, Food

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# From Reader Review Stir It Up for online ebook

#### Nick says

The book Stir It Up by Ramin Ganeshram is about a girl named Anjali trying to make her cooking dream come true. Her parents own a restaurant and Anjali wants to make a TV show about cooking, but her father doesn't allow her to. One of the reasons why is because Anjali has the Stuyvesant test the same day (The Stuyvesant test is a test that you have to take in order to go to Stuyvesant school.) Her father wants her to go to a cooking school. The book is trying to teach you that you may not always get what you want. You will be surprised about Anjali's choice between Stuyvesant and the competition. What makes this book interesting is all the exhilarating parts throughout the book. I am going to tell you about Anjali in the restaurant with family and exciting moments, because these are my favorite parts. If you like books without any boring moments but has many exciting moments, chose Stir It Up by Ramin Ganeshram. I liked Stir It Up because it was very exhilarating and happy.

# Fatima says

Stir It Up by Ramin Ganeshram was a book that I wanted to read for a long time so when I got the opportunity to read it, I didn't hesitate at all. It was very different from what I usually read more inspiration and motivation to follow your dreams and work for your goals. I really enjoyed every word of this book it motivated me to work harder towards my goals in life. Even though it didn't turn out the way she liked it, she didn't give up but she kept on working and signing up for the program that she wanted to be in. And for that I really enjoyed the character.

# Cecelia says

Book blogging is life-changing. Or at least reading-life-changing (I think I'm safe with that assessment). I've been influenced by other bloggers more than I ever imagined possible when I started out. It has come to this: I hardly ever read a book anymore if I haven't previously heard about it through my network. And, funnily enough, sometimes books hear about me and come searching. Or make that a book's author. In this case, Ramin Ganeshram scouted me out viaReading in Color (a really fantastic blog!), and had a publicist send her novel Stir It Up! for review. When you read the synopsis, you'll see why this one 'fit' me exactly.

Take a talented kid with the skill and drive to succeed. Mix in one special opportunity, along with family pressure and disapproval. Add in a questionable decision, forgiveness, and bake with a touch of real life, and you get... Anjali's story!

Stir It Up! is a middle grade contemporary novel filled with food, cultural lessons, and best of all, healthy family dynamics. One of the things I liked about the book is that Anjali and her family cooked together (watch out: it all sounds delicious and it will make you HUNGRY), and the recipes for that food were included at the end of each chapter. In fact, I tried one myself. If you want to check out Coconut Chocolate Chip Cookies, I suggest you go out and get yourself a copy of Stir It Up!

Other pluses: introduction to Trinidadian-Indian-American culture, and the tight family scene. I can honestly say that I learned about food and more, but I never felt as if I was reading an educational book – just an enlightening one. Also, the protectiveness and cohesiveness of Anjali's family reminded me of my own close-knit family. Bonus factor: Anjali's best friend Linc (I have a brother named Lincoln!).

As Anjali is the main character, most of the book centers on her and her experience. Though she learns powerful lessons, she focuses so much on negative emotions that it is hard to get in her skin. I found Anjali interesting, but I could not connect with her. Favorite characters included Deema, with whom I'd like to sit down and sip tea and talk about life, and Chef Nyla, who helps kids learn to cook on a daily basis. Those are two wise ladies!

Recommended for: fans of contemporary middle grade fiction, anyone who has watched food shows and wondered about what goes on behind the scenes, and those looking for a good dose of diversity in their reading AND their food. Delicious!

# **Mallory Judkins says**

My review on this book is that it is a very good book to read for young adults. This book is about a girl who loves to cook, and is very talented with her cooking skills. She gets her cooking skills from her family, which own a local restaurant. She is so talented that Food Network, the channel, reaches out for her to try out for their new show. But the audition is the same day as the big test. This book wants to show young adults about how to be true to themselves and follow their dreams.

#### **Emily says**

Why I picked it up: It's food fiction! And this one has recipes, and in my definition, that's true food fiction.

Anjali works at her dad's Trinidadian restaurant in Queens. She loves food, she loves to create new recipes, and her dream is to be the youngest star on the Food Network. The teacher at a local Saturday cooking class tells Anjali about contest for exactly that. Anjali is over the moon, but the tryout is the same day as the entrance exam for the high school her parents want her to go to.

Plot wise, this is fairly predictable. I found the fake "recipes for life" (there are recipes for Be Who You Are Bread, Ambition, and Success) to be way too cheesy and honestly, a bit of a turn-off. But I still enjoyed the quick read. I particularly liked Anjali and her best friend Linc and their relationship, especially as it was always a friendship and never hinted at more—not all books need a love interest! And not all male/female best friends fall for each other! The recipes looked good and had a lot of flavors that really interested me. I also appreciated that they didn't seem dumbed-down for a younger audience.

#### Reading Bingo: My Choice

#### **Cathy says**

My favorite genre: fiction with recipes. I copied down several from this book that I want to try.

#### **Carmen says**

Good kids book. Easy read. Has lots of great recipes that I would like to try. :)

Moral of the story, if your kid seems to really enjoy something, dont deprive them of it for your own selfishness. You'll only make them miserable and rebel against you more.

#### Marissa Mayers says

This book makes you wonder what will happen next. A girl from Trinidad named Anjali wants to become a celebrity chef. her parents think her passion is beneath her.

#### Jean says

Sweet and simple YA book. The writing was focused and the characters were engaging. This is a great read for reading students who are hard to engage or are easily distracted. I'm happy to read a book outside of the standard WASP demographic that celebrates a culture without stereotypes.

### Karlee Kamberling says

Out of all the other books I have read, this book is probably one of my top five favorite books. The author of this book is really good at making the readers not want to put the book down. My favorite part in this book is where Anjali tells herself that she is gonna make her dreams come true. This is my favorite part because she has confidence in herself and believes that she can do anything. This book just really inspires me. Anjali is a 13 year old girl in this book who wants to grow up to be a professional chef and have her own restaurant. She starts by working with her parents at their restaurant and cooking things with them and she makes her own creations sometimes too. She tells her parents that she wants to be a professional chef but they think her passions are behind her. Overall this book is really good.

#### Serlena M says

stir it up is a wonderful book about a girl named anjali who has big dreams to be a cook. when she tried too be a cook she goes through many obstacles to get what she wants, like for example her parents don't beloved that she can accomplish so much sometimes, or school gets in the way or even maybe friends don't help her out and set her back.

this is a very good book to read because, you can learn what it takes to make great sacrifices to get your dreams . kind of like the moral to the story. you can't give up like anjali wanted to you have to keep going no matter the circumstances. i think teens like me would loolbe to read this book if they like books that challenge them to think about the plot or theme. that's what make it such a good book.

my favorite part of the book is when anjali goes to a competition and gets picked to compete in a food network channel. i like his part because of have me a sense of hope for the main cia yet like wow she really worked hard for this part of the story. i'm pretty sure everyone will enjoy this part of the book .there arnt really so many things i disliked, rather then the chapters were being interrupted by a recipe that anjali makes up or uses. but besides that i would give this book a 8 out of 10 stars!!! i would absolutely read it again:)

# **Carol says**

Stir It Up moves along with a quick pace pushed along by Anjali's strong, energetic character and her zest for life and cooking. The book is peppered with recipes for life (e.g. Be Who You Are Bread and Success) and for food (e.g. Anjali's Red Bean Pudding).

This was a fun, quick read. I was happy to read about an every day East Indian Caribbean family. The story is a little predictable and not very deep, but sometimes it really is okay to read just for fun! Full review at http://carolmitchellbooks.com/2018/05...

# Jennifer says

My romp through YA of the past few years is continuing. My latest victim? Stir It Up: A Novel: A Novel, a book about a New York teenager from "Little Trinidad" who aspires to be a Food Network chef. The book seemed to be half recipes, half narrative.

Pros:

1. The food described sounds delicious. Trinidad and Tobago combines Indian, Caribbean, and Chinese food cultures into one delicious amalgamation. I was hungry the entire time I read.

2. The premise was cute. I liked the idea of a kid chef contest.

3. The main character wasn't dumbed down; she may have been an 8th grader, but her food and her passion for cooking seemed authentic.

4. The setting was new to me; I learned a bit about that part of Queens.

Cons:

1. I was hungry the entire time I read.

2. The parents were the worst. And there was no exploration of the family dynamics at all.

3. The book was insanely short. Even for a middle-grade novel.

I think I'd want to check out Ramin Ganeshram's cookbook, Sweet Hands: Island Cooking from Trinidad & Tobago, but I'm not sure I'd recommend this to anyone other than an aspiring foodie.

#### **Diane Adams says**

Came across this book while helping my daughter clear her shelves, so I read it. Now I want to cook curry. And make things with coconut. And make ginger beer. I really did enjoy the story, but now I think I need to go look for this author's cookbooks!

#### Kady Mac says

The Deal: Anjali is a 13 year old girl living in Queens, New York. She goes to private school where she doesn't quite fit in and she's under a lot of pressure from her family to do well on her tests and be accepted at a prestigious public high school for the next year. With her mother also studying all the time to get her nursing certification in the United States, sometimes it feels like education is all her immigrant family cares about. All Anjali cares about however, is cooking. She loves helping out in her family's Roti shop and inventing her own recipes. She's sure she's got what it takes to become a chef someday, and someday might be closer than she ever imagined. When Anjali gets the chance to audition for a Food Network show she must decide how far she's willing to go to share her recipes and her family's Trinidadian heritage with the world.

What Worked: Don't read this book while you're hungry. Ganeshram does an amazing job of making Anjali's passion jump off the page and fill up the room with delicious and spicy smells. Although this is her first book for kids, Ganeshram is a food writer and the skill and love that she has for her craft translates both to Anjali and to the other, minor, chef characters in the story. Anjali is sympathetic and I enjoyed her relationships with both her best friend, Lincoln, and her grandmother Deema.

What Didn't Work: Man, if I ever disobeyed my parents like Anjali does in this book I would not be here writing this. A little too much depended on characters acting out of (their already established) character to move the plot along for my comfort.

Anything Extra Special?: Yes. There is a recipe for every single dish that Anjali makes throughout the book. As someone who has never been exposed to Trinidadian cooking before (a minor plot point in the novel) I am super excited to take the book home and start cooking. Even better, since this book was written for older elementary and middle school kids, the recipes are incredibly simple and straightforward. The perfect introduction to any new cuisine! First up on my list of things to make from Stir It Up! are the Shrimp Burger Pitas she makes for her first audition. Mmmmm, mmmm good.