



Savory Sweet: Simple Preserves from a Northern Kitchen

Beth Dooley , Mette Nielsen

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Let's dispense with the usual old notions of preserving, Beth Dooley suggests, leading us into Mette Nielsen's kitchen, where old-world Danish traditions meld with the freshest ideas and latest techniques to fill the pantry with the best of the season, all year long. Because those seasons can prove especially challenging in the northern heartland, Nielsen's Nordic heritage is handy as she and Dooley show cooks, first-time and experienced canners alike, how to make the most of a short growing season. Their approach combines the brightness and bold flavors of the Nordic cuisines with an emphasis on the local, the practical, and the freshest ingredients to turn each season's produce into a bounty of condiments.

From corn salsa to carrot lemon marmalade with ginger and cardamom, crispy pickled red onions to garlic scape pesto with lemon thyme, and caramel apple butter with lemongrass to puttanesca sauce to Fit for a Queen Jam these recipes bring the best of the sweet and the savory to every menu. Low tech, simple, and fast, they eschew hot-water-bath methods in favor of chilling and freezing, keeping flavors and colors bold and bright; and they ease up on sugar to make way for the true savory sweetness of nature's finest food.

Savory Sweet is not your grandmother's canning cookbook but it is likely to be your grandchildren's.

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From Reader Review Savory Sweet: Simple Preserves from a Northern Kitchen for online ebook

M says

3.5

Mary O'neill says

Fabulous!! Had to go out and buy the book.

Kathleen says

The recipes look easy enough and so good I was shocked to see it had more than just Preserves. It has vegetables in the book as well I can do these with my children they will love doing these recipes. Thank you for this Book. I absolutely love it one of the best books I have won!!

RK says

This recipe book has a lot of different ideas for preserving both fruit and vegetables. It has very simple instructions for preparing the preserves and also advises cutting back on the added sugar amounts and relying on the natural pectin found in the fruits/veggies.

I won an advance copy in a Goodreads Giveaway, so it's a black & white copy. I'm assuming that the final copy will be in color, but even in black & white, the photos are very good.

The reason for deducting a star is that the total volumes still seem like a lot to me. For pickles and relishes, I don't really want a whole pound of the stuff... especially if I want to try a lot of the recipes. Other than that, I'm looking forward to trying the recipes!
