



In The Early Hours: Reflections On Spiritual and Self Development

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In the Early Hours is a collection of inspirational advice by a dear and beloved teacher, Ustadh Khurram Murad on the subject of spiritual and self development. In it he sets out the goal of the Believer - the single-minded desire to seek the good pleasure of God. He then outlines the methods and instruments which must be used in the attainment of that ultimate goal.

In The Early Hours: Reflections On Spiritual and Self Development Details

Date : Published 2004 by Revival Publications (first published 2000)

ISBN : 0009536768

Author : Khurram Murad

Format : paperback 148 pages

Genre : Religion, Islam, Spirituality, Nonfiction

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A'isha Rahman says

In The Early Hours by, Khurram Murad is number nine on my list but is actually the third favorite book in my Library after the Quran. It is also one of the shortest of books, only 145 pages. In The Early hours is the book that sparked my focus on self and Spiritual Development. I re-read it several times a year. It is a reminder of our purpose in this life. It gives you a practical guide in beginning a life of spiritual development. I say life, because I believe it is a life long journey. It reminds you of what is important, the relationship we should have with Allah and his creation, and reflecting and pondering on the day when we will be no more. Prophet Muhammad encouraged people to think about death often, he said it humbled them and was a way to soften hearts.

Sufia Siddiqui says

A book which could be read again and again and revives one's Imaan.

Logan says

3 stars

I don't think I've ever read a book that more perfectly encapsulates the feelings of a three-star-book. The book was interesting, thought-provoking, and all-around generally interesting, but I have absolutely no interest whatsoever in reading this again. Perhaps this is just a symptom of my general problem (reading spiritual books without being a member of the religion within), but this book just gets flat-out boring at times.

The main points of this book are all about how to improve one's relationship with God (translated as "Allah" throughout the book), and gives a good guide for general spiritual development, even if it's meant for members of Islam. For someone looking to learn a bit more about the nature and core values of Islam, I'd highly recommend this book; however, the casual reader might not have too much fun slogging through dense and archaic prose.

Linzi says

This book is written simply and beautifully for the reader to understand. Love this book. And even though I've read it from front to back i always pick it off the shelf every now and then and read it. For we all at times become forgetful so its always good to reread and remind ourselves of the importance of life and our journey to fulfil it to the maximum and increase our imaan

Jarir says

Very simple book on purifying a believers life and actions. Simple step by step lessons with Quran and Hadith references. Also written very friendly and short paragraphs easy for begginers and also good for advanced readers who would like to read into Islamic Mawa'idh(reminders).

Cláudia Sofia Simões says

One of the best reads I've had so far.

I liked that the author included some practical steps for personal improvement. This is a good read for before bed or early in the morning, to start your day with purpose and focus. It's a well summarized reminder.

Sabrina says

To read my full detailed review of this book (and MANY more!) please go to <https://sabr11593.blogspot.com/search...>

Fajr says

I can't remember who I gave this book to! Subhan'allaah I think I need to keep a log, I've lost about 50 books by lending them out hmm

Tuscany Bernier says

Great Book!

I loved this book since it is short yet effective at getting to think about our spiritual hearts. It had many hadiths I had not studied before so it felt like it was approaching the status of one's faith from a new perspective. It was enjoyable and a book I look forward to re-reading in the future.

Arshiya says

This is one of my favorite books, which I re-read every year, or whenever I feel i need to refocus on my spiritual development. It's a short and simple book on beginning your journey towards self-improvement and spirituality. It's a must read for every Muslim starting this essential journey.

Sanaa Resplendence says

One of my bedside essentials.

Syed Fathi says

Every once in a while we have to sit down and reflect on our life, what we have achieved, is it heading on the right direction. This book encompasses that subject, the subject on reflection or tazkiya. Ustadh Khurram Murad gave a powerful guidance on how we should reflect on our life with pervasive examples. While the modern worldview promotes economic growth at all cost, one should understand that there are more than just this world and its material gain, the world is only a passing station, it's not our destination. The concept of 'iman' also has been touched with reasonable depth and should provoke readers to reflect on themselves, what mighty deeds have come out from that 'iman'. If you're searching for a book that might help you purify your soul, this is the one.

Nadiyah Shukree says

Concise

Hanin Hamada says

I've read it from about three years ago, and it was just the book I needed at that time and the one that had put me on the way. I recommend it to new Muslims, early teens, or those who don't know much about Islam.

Uzma says

Khurram Murad is one of those writers who makes difficult things simple to understand. His words touch hearts. His first-ever book that I read was *The Way to Qur'an*, it would make anyone fall in love with this Perfect Guide called Qur'an.

In the Early Hours, generally talks about the benefits of waking up a little before fajr prayer when the rest of the world is sleeping. Because at this hour Allah subhana wa ta'alahu descends to the nearest heaven and asks His servants, "Is anyone praying that I may answer him? Is anyone seeking forgiveness, that I may forgive him? Is anyone asking, that I may give to him?", and this continues until dawn. (Tirmidhi.) In the Islamic faith, it is believed that any du'a made at this hour with sincerity is never rejected.

This book is a collection of inspirational advice on the subject of spiritual and self-development. He explains how a Muslim should live his life, seeking pleasure of Allah by keeping up with His commandments and at the time, playing an active role in the society. It negates the notion that if you're a practicing Muslim, you must disconnect from the world and just stay busy worshipping God.

In his simple manner, he outlines the methods and instruments which must be used in the attainment of our ultimate goal.

The book is divided into seven chapters. It begins with a brief introduction regarding what should be our role in life, then he explains the Process of Self-Development; laying emphasis on the importance of accepting responsibility, making genuine effort, building a strong will power, making the best use of our time and solely relying upon Allah subhana wa ta'alahu.

In the other chapters he has stated the importance of various forms of worship starting with dhikr and then proceeding to Salah and so on. Through examples and Qur'anic verses he explains how we can improve our worship and strengthen our bond with Allah. The book ends with making our life objective and being ready to meet our Creator.

The simple language of the book and summary at the end of each chapter makes it too easy to understand and follow, highly recommended for every Muslim.

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