

Love Yourself And Let The Other Person Have It Your Way

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Winner of the 2010 International Book Awards in Self-Help

Larry Crane has been showing people from all walks of life how to achieve their fullest potential for over 30 years. Thousands of people have experienced success in every area of their life far beyond what they could have imagined by doing what Larry has shown them.

Larry Crane's Release Technique is simple and provable. It changes lives.

Larry is a renowned expert on success and love. The two go hand in hand. He shows you how to be successful and have abundance of everything by Loving Yourself.

For over 30 years Larry has been showing people what love really is, where to get love, and how to have love once you know where it is. For Larry, it's all about results. "It's not what you say, it's what you do," are words Larry often repeats. "Talking about love, talking about what love is, talking about how to be loving is not the answer," says Larry. "Actually doing it is the answer. Doing it, not talking about it."

This book shows you how to do it, how to Love Yourself and reap the rewards, financial, health, relationships, whatever your heart desires. You can have it all when you know how to Love Yourself. As Larry frequently says, "There are no impossible's." This book de-mystifies true love. This book is a manual of love from a man who has dedicated his life to showing people what love is, how to be living and how that translates to success in every area of your life.

"...a highly effective tool for attracting what you want out of life." Joe Vitae

"...a tool to make your life, your career, and your relationships better...and better." Tom Hopkins

"An enriching and enlightening experience. It provided new energy, spontaneity and fresh insights." Louis Ormont, Ph.D.

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From Reader Review Love Yourself And Let The Other Person Have It Your Way for online ebook

Jessica Gadziala says

The concept is simple - love yourself and good things will happen. While it is a great concept and it incorporates great ideals for a happier life, it is a second-rate book on the Law Of Attraction. However, it IS a good starting off point for those interested in learning about said Law and implementing it into their daily lives. The practices are easy (esteem pep talks, approval of oneself, loving others) and you will not need any experience to try them out other than being human.

It is, unfortunately, a tad bit redundant. You are not told to let go of negativity once but maybe ten times on the same page. And while it is understandable that the author is simply trying to cement these ideas into your mind, make it second nature to you, it can get incredibly annoying.

I felt happy every time I read it. Which, of course, is how you should feel with a self-help book. I did wish that there were perhaps more exercises given to help put the theories into practice. But overall, a decent read and a step in the right direction for anyone interested in a more fulfilling life.

Steven says

Bad. Repetitively bad. Repetitively, repetitively, bad.

Karla Joy says

It's an amazing concept that I really agree with. That being said, however, the book is too repetitive for me to get into. He really tries to drill it in. I think it would've been better as a pamphlet.

Alexandra Alexssandra s says

An easy way to find out the solution for a GOOD life. Its so simple

- 1. Think only of what u love/wish/ makes u happy.
- 2 Just love yourself and keep saying to you: I LOVE myself even when U feel like u wnat to desagree yourself
- 3. Look into a positive direction when u feel down

David Eusebiu says

Barbara Pohland says

Where do I even begin? This book is terrible!!! There were so many repetitive things in the book it was useless! Basically the author just wrote the same thing over and over again, but with synonyms. So it's a bad book. It's not a good book. There were literally about 10 - 20 pages where everything was the EXACT same thing except the author changed ONE word. And this went on for multiple pages. The same thing was repeated over and over again. (See, this whole paragraph is an example of how he writes...)

Also, the author basically tells you: love yourself, love those around you, then everything in your life, wealth, relationships, job, health, and life will be perfect for you. EXCUSE ME? If someone shot you in the chest and you're bleeding, just because you "accept" that you're shot and bleeding to death doesn't save your life. Putting pressure on the wound and getting to the hospital might. And there were NO EXAMPLES. Every once in a while, SOMEONE will give a concern example. Otherwise it's mostly, "I read this book and my life became better!" "I applied the yes method and my relationship changed!" WHAT is the release method? WHAT is the yes method? How do you APPLY it to life.

Terrible terrible. The only thing I liked about this book is the concept, some of the examples (the GOOD ones), and towards the end there was probably about 5 - 8 pages of "quotes" regarding love. Lousy.

Turtlegirl00 says

This is similar to the Louise Hay book, 'you can heal your life', which I read probably once a year. I like the premise behind this book. I am a firm believer in the power of positive thinking, and be careful what you are afraid of... it will come your way. I think material like this should be taught to all children and refreshed each year... this thought changing could've come in handy during my youth.

i think there did not need to be so many examples, and needed to be more exercises. you do not get into the "meat" of the book until you are about one-third to half-way through. Evenso, it is a worthwhile and quick read.

MaryKay Keller says

Love is not about getting what I want...it's about accepting what is....loving myself as I am not as I want myself to beis love....loving others as they areanything less than accepting what is...is pain...this is it!

Preston Lee says

Remember back in elementary school when you had a book report, essay, or other writing assignment, and kept coming up short of the required word count?

Yeah.

"The bricks of the house were red. Really red. They were red because the builder used red bricks, so the house ended up made of red bricks. Not blue bricks, but red bricks. Not yellow bricks, but red bricks. Not green bricks, but red bricks. Not orange bricks..."

And I kid you not, many sections of the book are LITERALLY copy/pasted a good half-dozen instances, with nothing but a single word replaced. (For example, take the section on "fear", and replace it with "pain". Viola! One more chapter down. No joke.) The first time I noticed, I actually checked my Kindle to make sure it hadn't bugged out on me. I even redownloaded the book, thinking, "He couldn't have done that. The publisher wouldn't let any serious author copy and paste his own contents to get the page count up." Crane even ends up stating at one point:

"You may be thinking, he isn't doing anything but repeating the same thing over and over. Your mind might be telling you to get agitated a little bit."

YES. And regardless of the pathetic explanation that follows--and that if I have this thought, *I'm* doing something wrong--this is extremely annoying. I'd venture so far as to say that this type of "writing" is unethical, and I want my money back.

The only somewhat meaningful points of advice made by Crane (that he must end up repeating several hundred times in slightly rephrased ways), are:

- You can only give and receive love if you first love yourself. Doing it the other way around is a waste of time
- You must let go of negativity to ultimately find happiness.
- Confront your negativity head on, and start "approving" of the things that bother you. You will feel better.

While suppressing my horror of many cult-like claims and a constant urge to delete all copies of the book from the planet, I eventually forced myself through the remainder in the hopes of finding a golden nugget of wisdom tucked between the pages. I didn't find it.

Love Yourself and Let the Other Person Have It Your Way: Atrocious writing with the intellectual depth of a kiddie pool, and likewise contents.

Hessah Alhashash says

Maria Chiper says

It was ok, cum spun si cele 2 stele.

Sunt unele momente interesante, dar faptul ca ideile se repeta, frazele se repeta si chiar intregi pagini, este enervant! Extrem de enervat. Plus, iubirea aceasta nemarginita pentru orice om si orice situatie nu prea are sens :) Uneori emotiile negative sunt potrivite si la locul lor si chiar folositoare!

Sunt unele idei despre pozitivitate care chiar pot prinde bine, dar lectura e pe alocuri plictisitoare, din cauza repetitilor fara sens.

Ruth Barnes-Bey says

isn't

Israel is the future before deciding. Dr should zip UEFA bsbsb hzbsjsje jznsjejd s ok skdnd sjsjsj ksksnsns bds sn

Iona Stewart says

This book presents the answer to all problems. The described "Release Technique" was discovered by Lester Levenson, who, when told by his doctor he had at most 2-3 weeks left to live, found and started working with the technique. His body gradually healed and everything in his life began to work perfectly. He lived to a ripe old age and never saw a doctor again.

The book explains what love really is. It is an extremely inspiring book. When reading the first chapters and practising the simple technique, you will begin to feel better and better. The various parts of my body began to itch, as the love and approval I was sending to it and everything began to do its work and heal my various physical complaints. (Itching for me is a sign of healing. I feel the itching right now as I'm writing this.)

This may be one of the few books you really need to read in your life. You can apply the technique to physical, relationship, financial problems and so on and so forth. All will be healed, according to Larry Crane. And I do believe him, since love is the most powerful force in the universe, presumably in all universes.

There are several things you need to do. You need to "stop beating yourself up", let go of your disapproval of yourself, your ailments and everything about yourself, and then give yourself continual approval and love. You need to stop criticizing others, release your disapproval of them and then send them love and approval. People will immediately begin to treat you in a much better way.

In the course of reading this book, I finally got what Abraham (as channelled by Esther Hicks) means by "letting go of resistance". Abraham didn't really explain how to do this so I could understand it. But when letting go of disapproval as explained in this book and sending lots of love and approval to myself, everyone and everything, I could for the first time FEEL that I was letting go of resistance. So the teachings of Abraham and of Larry Crane/Lester Levenson formed a synthesis for me.

I must warn you that in order to get this method to continue to work, you will probably have to keep doing it, keep loving yourself, everybody and everything for the rest of your life! But imagine the wonderful rewards you will reap.

I've only been practising this technique for a few days, but I've begun to feel better, and those around me have become more helpful towards me. When applying for help from my town council, I was told that there would be a period of about 4 weeks before the application would be dealt with. But when waiting for an hour

to see an employee about my problem, I used the technique. And in fact I was granted special permission to go ahead with what I needed to do, and the application was then dealt with in a couple of days. Other little things have been working out perfectly too.

It is true, as some reviewers complain, that the book is repetitive in places, and not a literary work of art. But the repetition is deliberate, as is in fact stated. The book is speckled with success stories written by those miraculously healed of their various ailments and problems after using the method. I understand these accounts. I feel different inside.

To sum up, I would reiterate that this is an inspiring and enlightening book, and perhaps one of the few books you really need to read in your entire life. I regard my finding this book as a reward to myself for all the work I've done trying to heal myself and solve my various problems. Those critical reviewers have missed the point of the book, and should re-read it with their focus on trying to take in its valuable and life-saving message. It's a wonderful book, which everyone should read!

Mai says

This book is Awesome, I always wonder about how to love myself when I often read or hear "you have to love yourself first"!

we all want to love ourselves but we don't know how?! This book shows you how
First ,you have to give yourself approval ,total approval and acceptance .Stop beating yourself up for every
stupid mistake you make ,you are human and that's how you are supposed to learn by making mistakes
Second,get rid of the non-loving feelings ,any feeling you have that is not simply love is affecting you
negatively so give yourself love and acceptance so you can get the same from others
The book revolves around those two main points and it is somehow repetitive but its message is really lifechanging and inspiring,highly recommend:)

Kc says

So, I am filing this under "business" even though it isn't directly about doing business. This was a really quick read and can be summed up fairly easily "allow love to be your emotion of choice and good things will happen". The first day I was trying to follow the advice of the book my flight was canceled. However, all things being equal, I was inspired by the message of the book to look at some of my relationships and think about how I could develop them in a different manner.