

## Living the Hero's Journey: Exploring Your Role in the Action-Adventure of a Lifetime

Will Craig

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**Living the Hero's Journey: Exploring Your Role in the Action-Adventure of a Lifetime** Will Craig *"Every now and then a book comes along that takes you places you've never been before.* Living the Hero's Journey *is one of those books!"* 

~ Marshall Goldsmith, Author of #1 New York Times bestseller - *Triggers* UNCOVER YOUR LIFE PATH

Author Will Craig shares the **paths traveled**, **lessons learned**, and **insights gained** as the founder and former dean of an international coaching and mentoring company. Experience how to use movies and mythology to uncover the path that is truly yours.

#### This is your Call to Adventure:

Unroll the **Map of Self-Discovery** and embrace a whole new world of joy and wisdom. Gain access to **the hidden location** that holds the answers to the meaning of life and the secrets to happines. Explore the pathways and side roads of the **Inner Journey** with strength and confidence. Unlock the **secrets of the Ancient Greeks** who mastered the success principles of Know Thyself. **Demystify the process** of understanding and actualizing your purpose and passion. Meet your mentor and learn how to earn the essential and **indispensable gift**. Summon the courage to **be the hero** in the action-adventure story that is your life! In an age where people look outward for direction and upward for inspiration, *Living the Hero's Journey* provides a **time-honored template** for looking inward and going deep for the answers we seek.

Begin your journey today!

# Living the Hero's Journey: Exploring Your Role in the Action-Adventure of a Lifetime Details

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### From Reader Review Living the Hero's Journey: Exploring Your Role in the Action-Adventure of a Lifetime for online ebook

#### **Cherry Coley says**

I really enjoyed this very insightful and well thought out journey shared in book form. The book is not just the standard self help, try hard, work hard, get motivated, and improve your life book. This book takes a unique approach to lead you through the process of taking the reigns of your life back and understanding the roles different people play in our lives, as well as the different roles required of each of us along the way. Presented in a practical and imaginative fashion a map is laid out so you can travel along and recognize and look at the many facets of the personality, trials and triumphs in life. There are some great quotes in this book designed to make the reader take a hard look at themselves, then encourage them to be accountable and seize those moments in life then a decision, a choice for a new path is needed. One of my favorites is: "Change: Once we fully commit, change begins happening at the unconscious level. We make a leap of faith into the unknown." If you have ever felt like you were stuck at a crossroads in your life, trying to decide what to do next - this is a good book for that. We aren't meant to stay stuck, we are meant to flourish. I recommend this journey.

#### **Trax Armstrong says**

#### A book you must read!

You have just stumbled on a vase holding treasures. Don't walk on by without availing yourself of the opportunities it offers.

#### **Michael Beck says**

#### A Great Perspective on Life

Will Craig offers an insightful view of what life is about and how to truly live the Hero's Journey. It perfectly mirrors by own journey and offers the reader the encouragement and insights to realize one's full potential.

#### **Grady says**

'If I am the hero of my life, I better start acting like it.'

Author/photographer extraordinaire Will Craig earned his Masters degree in Education and Human Development from The George Washington University in Washington, D.C and is the founder and former dean of Coach Training Alliance, an international coaching and mentoring company based in Boulder, Colorado. His passion is helping people discover their life's path by charting new adventures in personal growth and lifelong learning. His 'clients' include the Walt Disney Company, Up with People, and Universal Studios. For twelve years, he was a writer-producer of film and television projects and served as president of the Florida Motion Picture & Television Association.

Will's enthusiasm permeates the pages of this engrossing book. In his Preface her states, 'the Hero's Journey is a narrative structure for storytelling that pre-dates the Greeks and Romans. The mythological framework has transcended time and cultures. The myths of today are told by Hollywood screenwriters using the Hero's Journey as a template for developing interesting characters, plots, and impossible situations. It turns out, I've been on the adventure of a lifetime—one man's quest for living well. Coming to appreciate the metaphors in mythology and the magic of the movies helps me envision my path. I'm able to make better sense of the sometimes-confusing map of life while living the Hero's Journey.'

And in the solid introduction he lays the map for this journey – 'In Greek mythology and folklore, the hero or heroine was considered a demigod. The countryside in Greece abounds with statues and temples exalting scores of heroes like Zeus, Hercules, Prometheus, Odysseus, Jason, and Orpheus, just to name a few. With the passing of time, the moniker came to refer to individuals displaying courage and the will for self-sacrifice. Today, we are all eligible for acts of heroism. Fanfare for the common man! The character archetypes we see in modern films are simply contemporary versions of these ancient myths. In the realm of motion pictures, as in life, the hero is the focal point of the story. The hero archetype dominates top-of-mind awareness in the collective social consciousness.'

With exceptional compassion and leadership Will divides his book into three parts – Date with Destiny, Map of Self-Discovery, and Hero's Inner Journey – and with eager absorption each of these sections instill a passion for the Hero's Journey. It is a stunning book destined to be a contemporary guidebook for all who care about living a rich life. Or better yet, Will's closing remarks – '1. Life isn't easy. Don't expect it to be. 2. You were born to flourish. Live well.? 3. You are the hero of your life. Act like it.'

#### Jenn says

I won a copy of this book.

Learn to be a hero or heroine in the story of your life. Learn to listen to your inner voice and follow that voice to find out who the "true you" is. It won't be simple or easy, because life isn't easy.