



El mejor de mis maestros (Relatos)

Wayne W. Dyer

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El mejor de mis maestros (Relatos) Wayne W. Dyer

El reconocido psicoterapeuta y doctor en psicología Wayne W. Dyer se interna en el terreno de la ficción con un relato de corte autobiográfico que muestra a los lectores el tremendo poder transformador del perdón.

Aunque lo tiene todo en la vida –una familia que lo ama, un trabajo interesante como profesor de universidad– Ryan Kilgore vive abrumado por el egoísmo y la negatividad. Su infelicidad es fruto del resentimiento que arrastra desde la infancia; contra su padre, que lo abandonó. Cuando ese resentimiento adquiere tintes autodestructivos, que ponen en peligro su matrimonio y la relación con su hijo, Ryan decide reconstruir la historia de aquel padre ausente... en un viaje transformador que lo conducirá de vuelta a sí mismo.

Este relato, que forma parte de la colección Historias de Magia Cotidiana, nos acerca de forma directa y poderosa la que constituye la esencia de la sabiduría de Wayne W. Dyer: la importancia de afrontar las propias heridas para liberarnos del pasado y abrir la puerta a esa vida plena y satisfactoria que en el fondo sabemos merecer.

El mejor de mis maestros (Relatos) Details

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Author : Wayne W. Dyer

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Eman Al-shamri says

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Karin says

i read this because i wanted to know what it was that changed Wayne's mind about his dad, but he never said what it was. Just that it happened. I think it was in Serena's book that the story is explained better.

Aruna Kumar Gadepalli says

Interesting aspect of this book is about joy of "forgiving". When Ryan attends grandmother's funeral his memories of his father who left the family brings back the agony and pain. Later he tries to look for his father he finds about his father's death. In this process Ryan finds the joy of forgiving.

Reem says

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Marium says

A great book that helps one see beneath the layers and makes one think. With a simple story, Dr. Wayne Dyer conveys so much about how people can destroy their lives if they live in the past and take present for granted, how all of us make wrong choices without sometimes realizing that we are in the wrong, and how blissful life can be if we learn to forget and let go. It is a book that helps one develop their thinking process and their understanding in just a few pages which makes it remarkable read that everyone must try.

Thenappan Thenappan says

A different way to present a Self-Help book :) A good read, mostly like short stories rather than a Novel.

Sara Lane-Blackburn says

Meshal Khojah says

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Karen says

Quick read, more of a short story than a book at less than 70 pages. Great life lessons though. It is a good illustration of what the scars from childhood hurts can do to someone, even into adulthood and even when they appear to be successful and have it all on the surface.

Henry Hamer says

Excellent, compelling story.

Kept me turning pages all the way through. Still remember Wayne's own story from Your Erroneous Zones. Made peace with both my parents before they transitioned and hope everyone reading this can do the same. It was a life-changing opportunity for me.
