



## **El libro de la comprensión: Trazando tu propio camino hacia la libertad**

*Osho*

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Osho

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**El camino hacia la libertad es incierto y está poblado de preguntas sin respuesta: ¿Quiénes somos realmente? ¿Nuestra existencia es trascendental o accidental? ¿Tenemos una misión?**

Osho nos propone el reto de llevar a cabo una revolución individual por la que concebiremos el mundo de una forma nueva y radical. Nos invita a cuestionar todo aquello que la sociedad, la política, la religión y la cultura nos han enseñado a creer, la única forma por la que lograremos hallar nuestra propia voz, enmendar nuestras escisiones internas y abrazar todos los aspectos de la experiencia humana. Con una visión pionera, Osho identifica, dilucida y ayuda a esclarecer los malentendidos que nos limitan, al mismo tiempo que nos empuja a emprender nuestro propio viaje a la felicidad.

## El libro de la comprensión: Trazando tu propio camino hacia la libertad Details

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Author : Osho

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## **From Reader Review El libro de la comprensión: Trazando tu propio camino hacia la libertad for online ebook**

### **Nicole says**

How we let society dictate our inner lives

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### **Derek says**

Osho was never against material wealth, that's why he lived with luxuries for much of his life, including Rolls-Royces. Too many people would see him wearing a diamond watch, for example, and think they'd "exposed" him. Really, they exposed their own flawed understanding of his way of life and their own conditioning that poverty equals spirituality.

There's many thought-provoking ideas in this book. Zorba the buddha, reacting vs. responding, intelligence vs. intellect, etc. Many anti-theist sections, Osho hated religion and politics. It's a great overview of his philosophy, if you can call it that.

Bottom-line: read it if you like Osho. If you don't, you may not know what he's talking about or see the significance.

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### **Matt Nielsen says**

I picked this book up at Barnes and Nobles a year or so ago just because it sound interesting. I had never heard anything about this "Osho" guy but the introduction to the book intrigued me, so I bought it.

I have to say that it wasn't hard to see why this guy was considered a hero by some and a nutcase by others. His plain and simple way of looking at things is refreshing in a lot of ways, and although I may not agree with everything he says I appreciate his frankness and pull-no-punches style. I highly recommend this book for the sole reason that it will cause you to forever look at things in a whole different light. That is my favorite kind of book. One that makes you take a long hard look at what is considered the truth and then question it.

If any of you out there that know me and live close want to borrow it you are most welcome. Just let me know.

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### **Srikanth says**

This book is an amazing collection of various lectures given by Osho at various times; all pertaining to the subject of 'Understanding'. Osho's clarity of thought is very well seen in his words expressed in a simple and easy to understand language. Osho does not come with a religious baggage and is free to pick and choose ideas and concepts anywhere from Buddha to Jesus to Vedanta philosophy to Neitzsche and Marx among

others. He also analyzes their ideas and explains where they fail and how to transcend them. The book tagline definitely lives up to its word.

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### **Ilya Mrz says**

Zorba the Buddha. Yes, I like it.

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### **Jelena says**

Another great book by Osho! I love reading everything from him.

Before I recommend the book to anyone, I always give a fair warning that this is not for the very religious people. They can be offended or confused, at least that is how I think.

But that don't bother me, I am fully open for all questions and doubts. If you are the same, this book can be life changing indeed. It will shift your thinking about the many things about the world and yourself and it will really set you free!

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### **Sudharsan srinivasan says**

Definitely a must read book by all. This book provides a lot of insights. Many of Osho's philosophy is undeniable but few of them were not not acceptable to me. But I felt like all possible philosophy is dumped into a single book. It was too much for me. Any way must read book for everyone.

I am following blindly following Osho as he says I am trying to understand myself.

And in that search this book acts as a ladder to me.

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### **Rachel says**

While I am not sure what my thoughts are about the man himself and some of his beliefs stated in this book, Osho makes some pretty inspiring and eye opening statements about the truths of the universe. At times what he says may come across as very offensive, especially for people still stuck in a religious mindset. But, if you are truly open and willing to question your beliefs, morals, values, etc., this book is a great read for influencing your mind to begin thinking for itself.

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### **Victoria Cumberbatch says**

I expected more. I didn't realize that, although he says he isn't forcing his ideas, he is. I felt like he was implying that he isn't into religion, but if he could be a religion he would be the head of it. I couldn't w

finish. He was also quite redundant. He had about 5 real points yet somehow had to explain them in over 200pgs...? Idk

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### **Mufid Tiganj says**

Nice book - this book give you some informations for your's EGO...not to much but enough to do some sin if you haven't strong principles of life !

He presents all religions like incorrect 'cause he wants to say "my new religion which I made is the best and only way to find God"

but, I want to ask 'which kind of God he try to find?'

MY ADVICE IS NEXT:

If you haven't strong belief - DONT' READ THIS BOOK !

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### **Catalin Raicu says**

O carte care te intoarce pe dos, te umple de raspunsuri la atat de multe intrebari, ce poate nici nu aveai habar ca le vei pune vreodata, sau poate ti-a fost teama. Personal am trecut prin usoare sentimente de ura fata de societate, biserica, oameni politici si oricine se opune in a ma dezvolta, in a iesi din acea stare de inconstienta. Trebuie sa fiti foarte atenti pentru a nu cadea in capcana, unde egoul si orgoliul, sigur nu vor ezita sa va trimita, pentru ca Osho are un stil aparte de a ne deschide ochii, fiind destul de crud si de impunator in tot ceea ce tine de piedicile prin care biserica, religiile, politica, familia, cunostintele, profesorii etc., reusesc sa ne ancoreze in starea de inconstienta si ne taie aripile, ce ne pot purta catre trezire, constienta, divin. O carte plina cu adevar, care pentru mine a reusit sa puna punctul pe I la ceea ce lucram deja.

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### **Stephen says**

It starts with a lot of comparative religion stuff comparing eastern and western philosophies. Then, it moves on to how we establish a consistent independent identity, how to stay true to yourself and how to stay consciously aware enough to experience every moment.

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### **Chrissy says**

I binged and read this book. It is my first Osho read and I find his polarizing to say the least. Reading this on the heels of analytically breaking down Jay Z's Magna Carta Holy Grail the ideologies are similar. I would not recommend this book to the religiously devout who is faint of heart. As someone who teeters the line between a traditional religious upbringing and seeking out an identity outside of organized religion I was more than intrigued. I find myself in a consistent conflict as I question the Universe and when I step outside the control of my imprinted faith. I love his comparative argument and how he so effectively blends the two hemispheres beliefs to teach one to live an identity true to self and still be aware of the gifts of nature and

life.

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### **Virussa says**

Some of the concepts he deals with in this book are interesting but I had the feeling that he kept repeating himself over and over and over. For this reason the reading got quite boring at some points. Nonetheless, it's totally food for thought.

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### **Snowyjimi says**

Insightful.

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