



# **The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness**

*Winsome Campbell-Green*

[Download now](#)

[Read Online](#) 

# The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness

*Winsome Campbell-Green*

## **The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness** Winsome Campbell-Green

The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness is the 5th book written by author Winsome Campbell-Green which seeks to help women, men, boys, girls, and especially singles, with some of the fundamental secret rules to self-love. Written with surprising honesty and empathy, the author Winsome discloses her own personal pathway to becoming the strong and empowered woman she is today and some practical tips and exercises that you can do to be happier.

How do you use this book?

You can read this book as many times as you wish until you begin to put the lessons into practice. This is a quick read that will fire up your self-esteem, change your attitude from negative to positive and leave you feeling refreshed and happy. Why continue to beat yourself up? Get a copy of this personal keepsake that will change your life and fire up your happiness.

Visit: [www.cgwritingservices.com](http://www.cgwritingservices.com)

Email: [wcgbooks@gmail.com](mailto:wcgbooks@gmail.com)

Facebook: Author Winsome Campbell-Green

Twitter: @ClubWriters

## **The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness Details**

Date : Published May 2nd 2013 by Winsome Campbell-Green (first published May 1st 2013)

ISBN :

Author : Winsome Campbell-Green

Format : Kindle Edition 88 pages

Genre : Self Help, Womens

 [Download The Secret Rules Of Self-Love: How To Love Yourself, Ov ...pdf](#)

 [Read Online The Secret Rules Of Self-Love: How To Love Yourself, ...pdf](#)

**Download and Read Free Online The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness Winsome Campbell-Green**

---

## **From Reader Review The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness for online ebook**

**Renee Weeks says**

**Meh**

I guess this was worth the .99 cents to buy it. The overall message was good, but I didn't like the parts where she preached Christianity, like if you are not a Christian, then you are not worthy..otherwise, I did like the message of self love before you can love anyone else

---

**Kåre Alme says**

Some good tips to follow in this book. A bit too much talk about God and in general written for women I think

---

**Winsome Campbell-Green says**

I have read this book over and over and my conclusion is the same: it's a great book! See the description below :

The Secret Rules Of Self-Love: How To Love Yourself, Overcome The Loneliness Of Being Single, And Achieve Happiness is the 5th book written by author Winsome Campbell-Green which seeks to help women, men, boys, girls, and especially singles, with some of the fundamental secret rules to self-love. Written with surprising honesty and empathy, the author Winsome discloses her own personal pathway to becoming the strong and empowered woman she is today and some practical tips and exercises that you can do to be happier.

How do you use this book?

You can read this book as many times as you wish until you begin to put the lessons into practice. This is a quick read that will fire up your self-esteem, change your attitude from negative to positive and leave you feeling refreshed and happy. Why continue to beat yourself up? Get a copy of this personal keepsake that will change your life and fire up your happiness.

---

**Selena Haskins says**

I received a review copy of The Secret Rules of Self-Love from Winsome Campbell-Green, and I liked the book. For me, it was like taking a refresher course on how to love yourself and your mate. And, if you are single and looking for love, Campbell lists steps you could take to better yourself first before getting into a

relationship. There were also good pointers on co-dependency, letting go of one's past in order to move forward, having a healthy lifestyle, and a strong belief in your faith. This book was fast-paced and definitely an easy read. However, there were some editing issues, and at times the advice was one-dimensional and a somewhat cliché. Nonetheless, for those who are less experienced on this subject matter, they could possibly benefit from Campbell's simplistic advice.

---

### **Thyla says**

**Inspiring**

**Inspiring**

The book was a good read, not great. I don't necessarily feel robbed of my money, so hey. I guess.

---

### **carla m. lea says**

**A good book to help someone regroup when things have fallen apart**

Worth the read not very many pages but was very inspiring to the soul and a jump start to getting back to living and loving yourself

---

### **Reba says**

I believe this book is a great read, however there are a lot of errors within the book other than that I highly recommend me.

---