

The Secret Lives of INTPs

Anna Moss

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A book about the INTP personality type.

The Secret Lives of INTPs Details

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From Reader Review The Secret Lives of INTPs for online ebook

moven says

Included too much subjective opinions and personal stories, which I don't personally care about. A little too exaggerating at times and generally too much sugar coating with sophisticated words and phrases. You don't want to spend so much time to hear a constant over-rationalizing static voice, who keeps emphasizing on how wonderful, rare and unappreciated INTPs are. I'm categorized as an INTP myself, which was mostly the reason why I was drawn to this book and partly because of the stereotypical title (which I came to the conclusion it was mostly phrased in that particular way to sell), but I found the book quite dismaying. In the end I thought: "I don't want to hear another word about INTPs!"

❁??❁ says

It was a fun read, although there were some things i didnt agree with.

? . ?????? says

must read for INTP

Domas Markevicius says

I assume that most of the people reading this book will be INTP/Js themselves. If that is the case, the book should be quite easy and fun read, kind of mental masturbation. There are lots of statistics about how much more un/likely INTPs are to say/do this or that compared to other MBTI types, but a lot of the studies are small and shouldn't be taken too seriously (e.g. out of the 4 relationships (read: there were grand total 4 such couples in the study) in which one partner was a female INTP, only one had both partners satisfied). Information abound, but what to do with it is mostly left up to the reader.

Marwa says

Read this sometime in 2018. I think it was good?!
But I'm probably less interested in MBTI than I was back then. Can't rate it.

Mase says

I found this book extremely relatable and I enjoyed the author's sense of humor and anecdotes. There were some minor inconsistencies and inaccurate facts.

If I were to rate this purely on the quality of writing, my rating would probably be 3/5. But I still give this a 5/5 due to how much I enjoyed this book and how useful it was to me.

I appreciate the author putting this out and taking the time to write this, thanks Anna (I know you will be reading this comment)

Judy says

This book was probably 90% right about me; obviously, some variation must exist because we're all unique as human beings.

The only thing that really bothered me was the author's treatment of racism. The few times race was mentioned, it was...not handled that well. I'm used to a lot worse though, so I'm giving this book 4 stars because I was laughing in relief while I was reading a lot of it. Suddenly, a lot of things about other people (and the way they interact with me) make sense.

TuVan Nguyen says

This book is just as fun and informative as *The Secret Life of INTJs*. However, it was more whimsical and went of into more tangents. I'm guessing that the author made an attempt to make the latter book more structured to target the INTJ audience. Still, I enjoyed the whimsical parts as well. I especially liked the descriptions of the MBTI-based fantasy land, the author's family life, and the oddball speculations of the future of INTPs. Reading the book made it easier to see that INTJs and INTPs are more similar than what the cognitive functions theory suggests, so the author did a good job of convincing me to abandon that theory.

The profiles of historical and fictional people were really fascinating. Some of them really clarified some of the behaviors of INTP characters which I found baffling. For instance, I didn't understand why Mary Shelly's Frankenstein kept procrastinating or refusing to do certain tasks even though the lives of his loved ones were at stake. The author carefully explained the typical INTP mentality and value system, so I could understand the rationale behind Frankenstein's actions. The author also did a good job of using MBTI type to explain why certain INTPs such as Thomas Jefferson strongly and publicly held certain beliefs, only to live against them. I found it to be a more clear justification than the usual historical explanation: he did it because everybody else was doing it.

It's still full of grammar mistakes and is poorly edited, but I really enjoyed reading the book. INTPs are a small proportion of the population and they don't inspire the same respect (fear?) that INTJs do in literature and cinema. However, this books shows a lot of the benefits that this unique personality brings.

Joon says

As an INTP, it was a pretty masturbatory read. Realized how much of my worldview is composed of rationalizing my inclinations as good.

I agree with her view that many psychological disorders are really just normal extremes of the human continuum.

Despite all the "we're all one people" spiel at the end, the preceding persecution complex was irritating as balls.

humble_book_nerd says

I am proud to be an INTP and Anna Moss does a 100% accurate job of describing INTPs!!

B says

While Anna Moss doesn't agree with the theory of cognitive functions, she still made some brilliant points that I thoroughly enjoyed reading. She also had plenty of amusing and relatable anecdotes that also made it a fun and easy read.

Omnia! says

A structured and sober-minded description of the INTP type and the difficulties INTPs have to deal with due to their rather "awkward" habits.

It serves as a guide for both INTPs that feel as misunderstood as they usually do and people who are confronted with INTPs in their daily lives and are rather unfamiliar with such behavior.

Also, it is quick and compact. Dear fellow INTPs, read this book!

Leila Montour says

This book was not only a fun read, but also, as a fellow INTP/NTPI, startlingly familiar as well. I nearly choked on my own saliva when I read another family aside from my own grew up being called the Aadam's Family. The joy... the joy it elicited!

The book is set up so if something isn't too relevant to your interests you can easily skip over it without missing out on some key information. I'd recommend this to any NT reader or person interested in personality type. It's a nice mixture of both scientific study references as well as personal anecdotes, so it lends a human touch to the hard analysis, which oftentimes leaves out the more humorous foibles of the human experience.

I must, however, point out that "odd appearance" can also be absolutely fabulous and can smell wonderfully, too.

Dean says

Definitely a very interesting read, however, some parts I did not read fully as they didn't interest me at, namely the narratives used, the fictitious examples of INTPs and the sections relating to ADD and

Aspergers. Regardless of these it was still very interesting, especially some of the digressions the author makes. I further found the book describes me relatively well, albeit not entirely because I'm more likely xNTP as opposed to INTP.

Cherry says

Extremely interesting!

The author tends to digress often. This can be both a bit distracting and immensely entertaining. :) I particularly enjoyed the sections analyzing the characteristics and actions of famous fictional characters and historical figures that are believed to be INTP. I didn't even realize that some of my favorite characters and people were INTP!

Some of the information was represented in a way that was a bit erratic but I understood the gist of it. Everything seemed relatively accurate and relatable for an INTP such as myself. It is all very theoretical but if you know INTPs, you know that we enjoy theory. I wish I could convince my family to read this so that they could perhaps understand me for once. ;)

(Umm... I was a bit off put by the authors casual references to religious ideas as if they were indisputable.)
