



The Marriage Book

Nicky Lee , Sila Lee , Charlie Makesy (Illustrator)

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How can we be happily marriage to one person for the whole of our lives? How do we resolve conflict? How can we discover and rediscover sexual intimacy? Full of practical advice, The Marriage Book is easy to read and is designed to prepare, build and even mend marriages.

The Marriage Book Details

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Download and Read Free Online The Marriage Book Nicky Lee , Sila Lee , Charlie Makesy (Illustrator)

From Reader Review The Marriage Book for online ebook

Rachel says

good book with useful ideas, speaks a lot of truth. Can be read and enjoyed if you are not Christian like myself but if you are very anti religious you may find some references to prayer and the role of the Christian God in marriage grating.

Michal Šop says

Túto knihu sme čítali v rámci nášho manželského stretka a tak ju aj vnímam. Sedem tém, ktoré táto kniha rozoberá (dlhodobý cieľ, komunikácia, skutky lásky, konflikty, odpustenie, svokrovci a sex) tu nie sú komplexne rozobrané, skôr sú to len také prvé nástrely do jednotlivých oblastí manželského života. Nám osobne to vyhovovalo, keďže jednotlivé kapitoly nám slúžili ako podnety k diskusiám v rámci stretka.

Kniha je napísaná jednoduchým štýlom. Je to taká zmes populárnej psychológie a "populárneho" kresťanstva. V texte je preto veľa príkladov zo života. Taktiež veľa odsekov a kapitol, takže kniha sa číta veľmi ľahko. Okrem toho sú v knihe celkom vtipné obrázky, ktoré vkusne dotvárajú jej štýl.

Tá kniha chcela byť, a stala sa bestsellerom. A tak k nej aj treba pristupovať. Je to jednoduché čítanie. Ak čítate hľadá niečo hlboké, asi sa sklame, no ak si chce nájsť oddechovú aktivitu na večer a pritom spraviť niečo pre svoje manželstvo, tak je na správnom mieste. Pritom viaceré veci z knihy je užitočné si osvojiť, takže sa určite nejedná o stratu času.

RUTH GUTHRIE says

useful to look at again and again. considered approach to one of the most difficult relationships we have to nurture and grow

Nathan says

This book is superb, and perhaps superior to other marriage hand-books, because it is written as a book for any marriage and not just newly-weds. I can imagine myself reading it again (or at least some of the chapters) after our first year of marriage to refresh a lot of the ideas in my mind.

Also, the use of real situations from the authors' and other people's lives, as well as the support from various scriptures, grounds this book in reality and prevents the practical suggestions from being created from an idealised viewpoint.

The only thing that prevents it from receiving a full five stars is the lack of questions which could be posed to the reader at the end of each section; however, there is more than enough material here to create your own reflections and maximise the potential in your own marriage.

I will certainly be reading the 'next' book by the same authors, 'The Parenting Book', but I'll leave it until the time comes!

Natalie says

Best marriage book I've encountered so far. It starts off with the personal story of the authors which makes the rest of the book so much more palatable. Seven down to earth, yet inspiring chapters that simply guide and help without judging. Best thing about the book is that it has a chapter on 'good sex' something most Christian marriage books hardly touch. It doesn't answer or include everything, but it's a good start.

Colin Buchanan says

My wife and I completed Nicky & Sila Lee's "The Marriage Course" at our church. It is a superb programme which we undertook together. Although other couples do the course at the same time, the only discussion - well-guided and substantial - takes place between husband and wife only. The DVD presentation was excellent - cleverly clearly Christian in foundation but applicable to believers and unbelievers alike. The tone is accessible, winsome, honest and direct. There are lots of stories and interviews that underline the variety of temperaments and backgrounds and personalities that make a marriage. It was a very positive experience for us.

So when I felt, a couple of years on, that a refresher might be nice, I was delighted to see that there is a book version of the series.

The book has the same lovely tone, a conversational tone of anecdote, honesty and humour. It is very readable, with a clear logic to the run of the chapters, which are a good length to be digestible by most readers, be they seasoned and keen or reluctant and infrequent.

The material matches the DVD course well. I'd encourage anyone thinking about reading the book to seek out and complete the DVD course, which has the addition of many short interviews which stimulate thought and show how real people have been able to build positive marriages, often through significant - and less significant - difficulties. That said, the book stands very well on its own.

Whereas the course is completed as a couple, I chose to read the book on my own. Interestingly, my wife was most chuffed when I told her I was reading a book on marriage (without her asking me!)

The Christian content is more direct in the book than the course (which is simply a point of difference.). It is presented in such a way as to be aware that not all share faith and there is much to be gained by anyone who reads this book, regardless of religious convictions.

I would say that much of the marriage material created by conservative evangelicals that I've read and listened to over the years has a more overtly theological foundation. Such material has strengths which have helped me remember that marriage is a picture of a greater reality, the relationship between Christ and the church. I think Nicky and Sila believe that, but focus more on the practical and emotional dynamics of living that picture out. Both approaches have a complimentary value.

The appendices are helpful practical nuggets of input on pre-marriage, engagement, finances and praying together. Keeping them to the end I think helps keep the content throughout the book streamlined. Good move.

I think the take-homes from the Lees are that we are all different, that many of our conflicts come from lacking awareness and grace, that learning to listen, enjoy each other, pray for each other and laugh together as we trust God will shape our marriages profoundly.

Be it course or book, I have to say for sheer encouragement and celebration, for a hopeful expectancy of growth, forgiveness, thankfulness and tenderness, Nicky and Sila Lee have created a most valuable, practical and accessible resource.

Vonetta says

After 3 years of marriage, my husband and I are doing the Marriage Course as a freshen-up. We're fine, but we wanted the refresher. It's been great! Reading the book, supplemented by the class, has had a powerful impact on our marriage. Like I said, we weren't in any way on the rocks, but we're closer than we've ever been because we've been conscious to listen to each other and to be gentle with each other, even beyond the physical. Even for non-Christians, I can see this book being helpful; it doesn't club you over the head with the Bible, and it lays out simple foundational principles like communication and respect. (Full disclosure: I am Christian, but am being pluralistic here.) One thing I didn't quite get was why all the women in the examples didn't work. I work; roughly 98% of the married women I know work. It'd be helpful to talk about these ideas when both people work, but the principles are still there. I was afraid that they might assign strict gender roles, but nope, they didn't really offend me at all. Highly recommend!

Clifton Bartholomew says

This book is so great if you are thinking about marriage, are engaged or even if you are already married. It creates a thought framework which allows you to think about your relationship in a refreshing way. It is not an instruction book that tells you what to, but rather creates a space to allow you to think.

Very well written and I recommend it to all who want a reflective marriage.

Faire says

We have done the Marriage Course (DVD + book + exercises) as a part of our curriculum in a YWAM Family Ministries School - and boy am I grateful for that! We had a good marriage but still the exercises made us to improve our communication and conflict resolution A LOT. They even challenged us to communicate clearly and openly about topics that we were avoiding before - sex, past hurts, problems. What is the strong point is the approach - the authors are not trying to micromanage the relations of the readers, but to encourage them to start communicating and practically employing the basic principles. Great guide to make the marriage better!

Joel Kleehammer says

This book was a gift from a friend when I really needed it. I originally just thumbed through it, looking for ideas, but I finally sat down and read it. There are a lot of good ideas inside, and it is truly inspired.

Marcella Purnama says

It's a good book for those who are getting married - knowing the ups and downs and not just the bed of roses. Marriage isn't as easy as Disney portrays, and sometimes even true love dries out. Marriage is a commitment and a lifelong learning process. I'm quite happy to read this book early on. That being said, I would like more stories and even deeper discussion on marriage.

Mya says

Hubby and I read this together (which is why it took so long). Definitely a good one to give as a wedding present (together with "The 5 Love Languages"). There are also appendices related to things like "Are we ready for marriage" and "The engagement" and "budgeting" (all of which we skipped having been through that already). Also the kind of book that one can learn different things at different times.

Courtney Williams says

I'm writing this review from the perspective of a non-Christian. Yes, there are a couple of comments about homosexuality that made me cringe and a few more anecdotes about Christianity saving marriages than probably necessary. However, the majority of the book is just solid, priceless advice for building a successful marriage. It might be just that little bit too alienating for gay couples to get through, which is the shame. (Maybe there is a more progressive equivalent out there that someone can suggest?) Otherwise, if you aren't a Christian, put any frustrations toward the religion you have aside and read this with an open mind. Chances are you and your spouse will be glad you did.

Iain Hamill says

Good book with very broad access. Not as Biblically based or thorough as Keller's marriage book but it doesn't aim to be. Particularly strong section on communication.

Ekmeef says

Vooral overslaan dit boek. Het is een hergekauwde samenvatting van 'Wat wil hij, wat wil zij' en 'de 5 talen

van de liefde' - als je die boeken ooit gelezen hebt kan je dit boek gerust overslaan. Naast het feit dat ik me toch sterk afvraag of er ooit stellen bestaan die liever twee jaar zwijgen over een lullig incidentje dan gewoon direct aangeven dat een opmerking niet zo goed viel, lijken de schrijvers ook nog in het jaar nul te leven mbt visie op seksualiteit. Evidence based is het in het geheel niet.

Aan de andere kant is het best leuk om dit boek als getrouwd stel samen te lezen, maar erg leerzaam is het in elk geval niet.
