

For Women Who Do Too Much Page-A-Day Calendar 2018

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This is the calendar that women everywhere rely on for a daily dose of encouragement, energy, and insight. Anne Wilson Schaef guides readers through twelve months of reflection peppered with wisdom from "women who have gone before." Look for lessons on how to tell when you're doing too much, advice on celebrating the upsides of life with daily gratitude, how to maintain balance, and quotes to inspire: "Nobody can be exactly like me. Sometimes even I have trouble doing it."—Tallulah Bankhead.

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