



Mama Gena's Owner's and Operator's Guide to Men

Regena Thomashauer

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“Diva of Desire” Regena Thomashauer (a.k.a. Mama Gena) is back with a saucy, provocative, absolutely essential guide to getting the relationship you want.

Have you ever felt that finding a man, falling in love, and living a joyous, adventurous, fulfilling life with him is completely out of your control? Is it possible to find a man who will be a friend and an equal, but who will also gratify your desires? If you’re already in a relationship, how can you get him to become the true man of your dreams?

Never fear, Mama Gena is here with practical tools for a relationship that starts out good and only gets better. In *Mama Gena’s Owner’s and Operator’s Guide to Men*, celebrated relationship expert Regena Thomashauer offers essential strategies for finding a man, getting him to help you make the life you want, having a great sex life, and dealing with resistance along the way. Mama trains you to be an expert man-trainer, so you can take the lead and get what you both want: a great relationship.

Mama Gena's Owner's and Operator's Guide to Men Details

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Author : Regena Thomashauer

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From Reader Review Mama Gena's Owner's and Operator's Guide to Men for online ebook

Beckie Stephens says

What a blast!

Melissa says

Very funny, entertaining book.

Kimberly says

Honestly, not that good in comparison to Regena's first book. This book seemed like a hashed out rewrite to complete a publishing contract.

Not my favorite.

Lynn Vannucci says

Read this book because I was working on a project for which I would interview the author.

Cristail says

It's all about starting by the basic... Before even thinking about getting into men... You gotta get into you... I love whatever this woman do... Maybe one of the only women in the world that is clear about one thing: You're life is the way it is.. because you don't love enough yourself. As for men operating... there are loads of useful tricks!! I definitely advise it!

Lauren says

Picked this up on recommendation by a friend. It's lighthearted, and a cool perspective that's not heard too often (men want to please, it's your responsibility to be in tune with and communicate your desires). Super quick read. A little repetitive at times, but the message was fun.

Tori Montes says

This is a transforming piece of literature. Very empowering for any woman. I highly recommend it.

Christine says

Slightly more in depth to her first book, School of Womanly Arts, however I felt a lot of the information was repeated. Still a great book though.

Lynn Vannucci says

Read this book because I was working on a project for which I would interview her.

Jennifer says

I have mixed feelings about this book. Her relationship advice is pretty spot-on, men live to make us happy and most of us women are in need of a perspective-shift, we need to get in touch with our desires, and let go [of our crankiness]. I generally love her wit and style. But I can't say I agree with the language she chose as the framework for her advice this time. Starting with the title! She sometimes makes it sound as if we're supposed to manipulate men, when really her main point is to drive it home to women that our pleasure, and the pleasure we have in our relationships, is our sole responsibility. I don't know, it just doesn't sit right with me.

I really loved the overall content, but even the title sticks in my throat, so I have a hard time standing behind it. I much prefer Alison Armstrong's take on the topic.

I highly recommend her first book, "Mama Gena's School of Womanly Arts: Using the Power of Pleasure to Have Your Way with the World"!

Ingrid Hansen says

What an empowering, fabulous, lighthearted fun book to read.

I've learned a lot from Mama Gena and I will read this book again to be sure to remember all her wonderful advice.

I can now call my self Sister Goddess I.H.

Everything she reveals in this book is so true and every woman can learn something from her teachings.

Read the book and become your own Sister Goddess and make the best of your life wether it's as a single

having fun or as a woman seeking the knight on the white horse.

Kim says

so dislike the name of this book but the wisdom inside is powerful stuff. a great read for me as i am dating for the first time at 36! but wonderful wisdom for interacting with all the men in your life.

Renee Legris says

I have to warn you that as a long-time feminist I was prepared to read ten pages of this book and put it down forever. However, this book was not at all what I expected. Regena is relentlessly positive about women, about men, and about the possibility of relationships that make both happy. But (not surprisingly), you probably have a bit of work to do, to get yourself ready. And I bet that work is not what you expect!

While there were a few ideas that I can't quite get on board with, I was overwhelmingly delighted with "Mama Gena"'s attitudes, thoughts, and advice. I was amazed how often she said things that align perfectly with teachers I respect (e.g., Eckhardt Tolle and a number of Buddhist writers). On the other hand, her take on the value of pleasure and desire are all her own - and convincing!

Regena's style is extremely engaging and amusing, very easy to read. I wish this book had been around when I was 16, or 26, or 36. In any case I'm glad it's here now! Also note that this is actually her second book, which expands on one section of her first book.

Golda Poretsky says

I like her books. I can't help it. But I found her first book to be much more engaging and less annoying.

Sarah Elizabeth says

Interesting, but not my favorite. I love what she's trying to do, I just don't know how much I jive with her message. Definitely worth a read and a discussion though :)
