



love, and you

Gretchen Gomez

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one day i met a guy
who stole my heart,
we created a world
for ourselves.
and another day
he broke my heart
and shattered
my soul.

i took the tattered
pieces of this
broken soul and
became anew.

- here lies the hurting, the healing, and the learning

(please be advised this book has mature content)

love, and you Details

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Author : Gretchen Gomez

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From Reader Review love, and you for online ebook

Beatrice ~ Confessions of a Pinay Bookaholic says

Finished it in one sitting. It may not be the best poetry collection I've read because I'm not a fan of the writing style but I like each poems are emotionally palpable. Which is a good thing that's why I gave three stars instead of two. There's one piece that stood out for me:

*i found
beauty
in my
brokenness*

*i found
self love
in my
darkness*

Fernanda (the.wanderlust.reader) says

Thank you for breaking my heart and for rebuilding it anew.

Kate (Reading Through Infinity) says

I've been meaning to read this since last year so I'm really pleased I finally got round to it. The majority of this collection was in free verse, which I don't mind too much, but I do tend to find (personally) that poetry has a bigger impact when it's more structured. This was the case here, as some of the structured poems spoke to me much more. Having said that, I thought the themes of striving for self-confidence and learning to love yourself were discussed very well and with the understanding of someone who's dealt with these issues. It's clear from her poems that Gretchen Gomez is a big advocate of relationship equality, and consent. She speaks from her own experiences and crafts some important messages.

Gretchen Gomez says

my baby. my all. i can't believe i wrote this. i can't believe my tears are all in these written pages. it's real!

lauren ? (wonderless reviews) says

*i
don't*

*know
how
to
write
about
the
happy
parts*

*because
all
i
knew
was
the
sadness*

One of my fave people just released her debut poetry collection today and I couldn't be prouder.

I spent a fair portion of this collection crying because I was able to relate so much. Everything hit me in the best way.

Gretchen has such a beautiful way with words. This was just as brilliant as I was expecting.

Please support her by picking up a copy of love, and you here: <https://www.amazon.com/dp/1542662958>

Yvonne (It's All About Books) says

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I normally don't tend to review the poetry I read, but I just HAD to make an exception for **Love, & You**, a poetry bundle written by fellow book blogger **Gretchen Gomez (chicnerdreads)**. I'm sure most have already heard about her blog and wonderful poetry posts, but make sure to visit her if you have

Laura Slate says

Beautiful

I loved this collection of poems. I cried, I smiled, I felt every bit. Gretchen has a gift for making the reader relate & empathize. I am SO GLAD I bought this collection & I keep going back to read again & again.

Stephanie Gillespie says

You can see my full review here: <https://betweenfoldedpages.wordpress....>

Her words are so powerful and beautifully written. I was able to relate to almost every poem and they left me in tears. Every girl should pick up a copy and read this collection.

Donna says

This was such beautiful, raw, poetry of the author's thoughts, feelings and experiences. I sat there reading this book from cover to cover without putting it down, tears streaming down my face, relating to certain things said and feeling for the poet. I borrowed this from Kindle Unlimited, not sure what to expect. Now I will be purchasing this for my library. It's just so beautiful, the kind of poetry you would want to read again and again. I will be checking out her blog and hope to see more poetry published by Gretchen Gomez in the future!

"there were so many times i had him right next to me and it's as if he wasn't there at all. i breathed in loneliness and it swallowed me deeper."

"i found myself in an island of thoughts surrounded by waves of positivity. this time the moon shined bright on my skin and i finally danced." -alone in the sand of self acceptance

Debby (Alwaysbooking) says

This book should be read by every woman, whether she is in her teens, twenties or older. I think every generation of woman could learn something from the poetry in this book. When my daughter has her first heartbreak I will give her this book, when she has her second heartbreak I will give her the book again....are you sensing a pattern?

I have been following Gretchen's blog for a while now @Chicnerdreads and she would post poetry to her blog sometimes. Her poetry would always blow my mind, so much so that I have commissioned a fellow artist to make a piece out of one of her poems.

I normally don't read poetry, however having previously read Gretchen's poetry on her blog I knew I had to request an advanced copy! I was so lucky that she agreed to let me review it.

Payton (Payton's Book Thoughts) says

For the full review, please visit paytonsbokthoughts.wordpress.com

This is Gretchen's debut novel and boy did she knock it right out of the park! I devoured this book in like 40 minutes and highlighted some of my favorite poems, which I will share with you in this review. When I finished the book I was left completely speechless because the book was just that beautiful. I actually teared up a little bit.

To be completely honest, I won't be doing much of a review just because I honestly feel like how do you put a 'rating' on something that is so raw and personal to the author. How do you 'review' someone's life experiences when they are laid out in a format such as this.

Personally, poetry speaks to me on a different level than prose. I'm not sure why. I just feel like poetry is

meant to reach into the depths of a person and pull out their deepest emotions. It does this for both the author and the reader.

I have picked a few passages from the book that did reach down inside me and I hope you enjoy them just as much as I did.

These two passages are what completely won me over and made me realize that this book was going to speak to my experiences as well.

“i
learned
my
lesson
when
i
felt
single
on
the
weekends
i was his girl monday thru friday
– balance
i blame this one on me”

“but
i
was
losing
myself
while still trying to be with you.”

Here’s some great advice you can find in this book:

“it’s usually the who and what
behind the love that cause
the
pain.
dont blame love;
blame the who or the what
for lying to you
for making you believe
that love is pain
love hurts
– you should experience love with the right person, no the wrong one”

“the ones who break your heart,
cant repair it either.”

“yank that control back like

the queen you are and make
sure they see that crown
while you take back what's yours,

your life
your body
your soul"

This was such an amazing read and I will be recommending it to anyone who will listen!

Casey says

It's so so so beautiful ♥?

This little book was written by an amazing person that i meet through finding her Blog. I am not a poetry reader, I don't have anything at all against poetry but I just never pick it up for some stupid reason.

Love, and you is amazing, the whole second half of the book I had tears in my eyes and a fierceness in my heart.

“the most dangerous humans are the women who realize they don't need anyone after facing the hurricane alone”

If you are a fan of poetry, feminism, and words that make you feel things I highly recommend this little book that packs such an emotional punch.

My fave pages are: 105, 111, 115, 122 and I know I'll be re-reading them over and over whenever I need a boost.

Luna Valentine says

when i was in middle school there were these tests they made us take 2 or 3 times a year, english was the part i was best at. i could finish in 20 minutes, get a very high score, and do it all without rushing through. that's how i am with this book. i just paced around my kitchen for 20 minutes reading this book and loving it even more than the first 2 time i read it. this book was something i didn't know i needed tonight but it was there and it called to me. i am so glad i listened. usually i don't read 100+ page poetry books in one sitting but i always find myself called to this book and its author, even when this book was just a title. i can read this book and take something different from it every single time.

Lilly (Lair Of Books) says

This beautiful soul of a poetess also known as my twin in the book blogging community, has released a book of poetry. I am now on my 3rd re-read & continue to find meaning and comfort within her words. For all those who have experienced that one toxic relationship, you know? the one you simply cannot let go...this

one is for you. Love, and you will haunt you with each turn of a page & ultimately will leave you with hope for healing.

I found myself
in an island
of thoughts
surrounded by
waves of positivity.

this time
the moon
shined bright
on my skin
and i
finally
danced.

-alone in the sand of self acceptance

To show Gretchen some love, please help support her by picking up a copy here:

<https://www.amazon.com/dp/1542662958>

<http://www.barnesandnoble.com/w/love-...>

<https://www.bookdepository.com/Love-a...>

?Dani? ?Touch My Spine Book Reviews? says

Wow! I have not read a poetry book in a long time and was so glad I sat down and read love, & you. I won this book as a giveaway that many entered off of Twitter. I was like “Yay free book”. What I didn’t realize was the effect this book would have on me personally. The author talks about her heartbreak, trauma, sickness and eventually loving herself. I could relate to everything the author stated and could feel her emotions through the pages. I actually read this book in one sitting with my girlfriend Andrea and we were both stunned on how intense this book was and how much we could relate. Gretchen Gomez put her pain on paper and created an intense and heartfelt masterpiece. From someone who has battled mental illness, cancer and heartbreak, this poetry book was just what I needed to hold my head up. I fight everyday with my emotions and physical ailments. Love, & you was a short poetry book but packed the right punch. I needed to hear your story Gretchen, to change my own. 5 out of 5 stars!!!?????
