



Life!

Louise L. Hay

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In "Life!", Louise L. Hay deals with the most common and pressing issues that we face throughout our lives such as growing up, relationships, work, spirituality, the twilight years and death...and the many problems, fears and challenges that these passages bring. No matter what obstacles lie before you, Louise continually reminds you that the magnificent, frightening, delightful, astounding phenomenon that you experience between birth and death is what life is all about.

Life! Details

Date : Published August 1st 1996 by Hay House (first published March 1st 1989)

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Author : Louise L. Hay

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Lulu says

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D U N Y A says

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Marie Corbitt says

Another good one! Includes positive affirmations for different stages of life.

Swetha Rao says

I love this book. This is my favorite book ever. I am a huge fan of all of Louise Hay's thoughts and philosophies. But this book in particular was the most influential, as it describes all phases of life. It includes insight about health, relationships, love, work life, aging, death and many other things. Views about all these are really great and makes you think about them differently (only positively, of course!).

This a good follow up book after You Can Heal Your Life.
I will cherish this book forever.

I am happy to ever come across a book by Louise Hay(Thanks to my sister), after that it was just googling up other books by her. I believe any book of Louise Hay is worth a read.

Özlem Güzelharcan says

I love Louise Hay so much but I think this book was my least favourite of her work that I've read so far. Maybe it's because I've been reading what she has to say for a long period of time and simply I felt like this book had nothing new to offer me. Still, it can be a good start for the beginners.

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Ann Chenhall says

This book is one written in her later years and reflects a life well lived. Near the beginning Louise tells about her difficult early life and how she learned to overcome the past. Much of the book is affirmations grouped together around a topic. One I particularly liked was: Each problem has a solution. All experiences are opportunities for me to learn and grow; I am safe. Louise Hay is a wise woman with a positive message.

Kiki Bolling says

Not as good as i would liked...but i got through it. i wont say, its a MUST READ...but it's not a waste of time neither.

Lulu Lulu says

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