



Energy Medicine: The Scientific Basis

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See how energy therapies can normalize physiology and restore your patients' health! **Energy Medicine: The Scientific Basis, 2nd Edition** provides a deeper understanding of energy and energy flow in the human body. Using well-established scientific research, this book documents the presence of energy fields, discerns how those fields are generated, and determines how they are altered by disease, disorder, or injury. It then describes how therapeutic applications can restore natural energy flows within the body. Written by recognized energy medicine expert Dr. James Oschman - who is also a physiologist, cellular biologist, and biophysicist - this resource shows how the science of energetics may be used in healing diseases that conventional medicine has difficulty treating.

Energy Medicine: The Scientific Basis Details

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Author : James L. Oschman

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From Reader Review Energy Medicine: The Scientific Basis for online ebook

Sally Smith says

This book is a must-read for any intelligent person who cares about health. It, and several other books, is changing the way I understand how our bodies work. Oschman gives the evidence for the power of frequency oscillations in shaping our health in an objective way; he has no personal agenda he is pushing. It is radical and revolutionary.

Jaime says

It's a little thick so far, but I've heard him speak and he was electric, so I'm hoping this book can back me up a little.

Nancy says

Detailed historic and scientific basis for proof energy healing works - not that I had any doubts. A call to researchers to consider new possibilities.

Leect27 says

Good to know the wonderful universe.

Learned about important concepts to earthing, essential oils, reiki, qi-gong, the important medium that is water.

Everything leads back the Nature.

Henedchoueiry says

Great introduction to energy medicine! Very enlightening and interesting as it is based on scientific studies. Looking forward to choose my next read after this one!!

Sandra says

Recommended by John Barnes regarding MFR

Angel Hill says

Too Technical

Kathy says

heady book, with validating peer reviewed studies that could explain why energy medicine, from chiropractic, acupuncture to Reiki and polarity therapy could work. Not worth owning, but great to review and restore our faith in laying on of hands healing.

Drakoh says

fascinating, very technical

Kim Zinkowski says

A. an interesting book by a good friend.

Andras Fuchs says

James Oschman spared no time and effort writing this book. His book is a true testament of his amazingly huge knowledge of the subject.

I must admit that I couldn't always follow that biochemistry in the book since I'm an engineer, but the physics part was more than interesting and easy to follow.

Oschman is truly passionate about the subject, and you can feel that all the way. I couldn't help myself to share this passion, and let others around me taste that as well.

The book is well structured, starting with some science history and then gradually describing topics like electromagnetic field measurement, energy circuits in our bodies, energy medicine, healing by touch and movement, acupuncture, essential oils, all supported by an insane number of references.

It was also nice to have practical tips for all of us, who wish to help nature to do its job, by letting our body heal itself in a more effective way. The book is especially relevant for me, since I'm working on a diagnostic device based on the electromagnetic fields of the human body.

The book isn't cheap or short, but you will not regret reading it!

Timothy Nichols says

Oschman's Energy Medicine: The Scientific Basis delivers nicely on its title, and it's a fascinating,

frustrating read. It is frustrating on one hand because the research is so incomplete in some areas -- so much we don't yet know. It is frustrating on the other hand because so much of the medical establishment has woodenly refused to acknowledge the facts that are painfully well-established, presumably for fear of being associated with quacks.

But it turns out that on some issues, the so-called quacks were right all along. It has taken the scientific establishment a century or so to invent the instruments needed to measure what's happening, but the clinicians of 100 years ago already knew the treatments were effective.

We are starting to figure out why.

Kris Wood says

WHEW! Now that was a difficult book to read...although the parts I could understand were quite interesting! Looking for my next CST-oriented book to read.

Dennis Dupuis says

I enjoyed and needed this book at the time I read it. The "scientific" aspects of energy medicine were all but lost in the mire of personalized ideologies and myth surrounding practices of energy sharing at the time. They still are for the most part. This book helped in the grounding of some of the modalities, the dispelling of others, and gave me a basis to begin differentiating the two with something more than my "gut." Worth the effort to push thru the "research" format to get to the gems beneath.
