



Theories of Personality

B.R. Hergenhahn , Matthew H. Olson

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"An Introduction to Theories of Personality, 8/e-- is just the standalone book "For Sophomore/Junior level courses in Theories of Personality, Personality, or Personality Psychology. Using a theorist-by-theorist approach, this comprehensive introduction to personality theory gives students the history of psychology with practical information to help them understand their own lives and their relationships with others. Primary sources, abundant biographical information and supporting research are used to describe and detail each theorist, presenting the theories of personality in an accessible and unbiased way.

Theories of Personality Details

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From Reader Review Theories of Personality for online ebook

Jayziel says

This is long overdue but yeah, I PASSED THE SUBJECT

Debmach says

Helpful, clear exploration of the theorists and their theories of personality. Provided plenty of food for thought regarding the questions: "What is personality?" "What is self?"

Courtney Johnson says

This book was for my personality theories class at PLU. It was so incredibly boring. I actually stopped reading it towards the end because of that and also because my teacher said the exact same things in the exact same order as in the book.

Olivia Krieger says

Best psychology textbook I've encountered. Layout is clear and straightforward. No excessive marginal diagrams or key words. Thorough and fascinating. Gives exceptional consideration to each theorist mentioned, introduces them as a person, in terms of their contributions, and mentions follow up research/criticisms. I love this book.

Tyler Basran says

By far the best psychology text I've ever read.

Samra says

great explanations of all the major personality theorists and their ideas.

Kate Zirkle says

Read this in college for my psyc minor. Absolutely loved it. So fascinating.

Holly says

dry. dry. dry.

If you've been having a hard time sleeping, this is the book to help you out with those insomniac nights.

I did learn a lot from the class and the book (that's why it received a 2nd star). Otherwise, this book was boring!

Brandon Cahall says

best psych textbook yet...
