

## The Ultimate 10 Minute Chakra Clearing

Stephen Richards

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This 10 minute chakra clearing audio by international best-selling mind power author Stephen Richards is your first step on a memorable healing journey. This non-religious audio is one of the most powerful ways to help maintain your vital energy centres – the chakras.

Chakra clearing is the essential key to successful living and vital in your life's journey of accomplishments. It's easy to unblock, restart, rebalance and recharge your energy centres (known as chakras) from head to toe.

This audio CD will help unlock your body's energy centres in super fast time, in only 10 minutes! This clears away lower vibrating external energy that you may have absorbed during the day. By rebalancing and charging your chakras, you will then find the way paved to opening your creative energy.

When you feel drained of energy or feel very tired, to keep going and moving, you need to recharge your energy dynamos. When the chakras are working to full capacity, the energy flow within you can open you up to new ideas and bestow improved emotional and physical health.

When you power up these dynamos with The Ultimate 10 Minute Chakra Clearing audio CD you will see how good this makes you feel. When you experience the new power within you, it will effortlessly energize and restart the energy flow within you so you can go on to accomplish great things and have great health, too.

#### The Ultimate 10 Minute Chakra Clearing Details

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