



## **Coloring Books for Adults Volume 5: 40 Stress Relieving and Relaxing Patterns, Adult Coloring Books Series by Coloringcraze.com**

*Adult Coloring Books Illustrators Alliance*

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Coloring books aren't just for kids anymore. Nowadays our lives become busier and more complicated. Technology escalation moves us through waves of emails and social networks' notifications. This constant stimulation of expectations, obligations and stress has left us burnt out and distanced from the joys of the present. Finding a moment of calm can be a challenge.

Recently, coloring has been discovered a wonderful activity for anyone who wants to relax, de-stress and release mind from overwhelming thoughts.

The growing popularity of adult coloring books proves its positive simplicity and being a trendy way to find yourself focused and unwind from the hectic pace of modern life!

Channel stress and anxiety into artistic fulfillment. Escape to the world of inspiration suitable for both, beginners and advanced colorists, anyone who loves coloring joy. There are no instructions, no rights or wrongs, and there is no need for expensive art supplies. Color in any way you wish to create unique and exquisite pieces. Coloring can benefit those who find it difficult to discover their inner artist when faced with a blank page.

Switch off and lose yourself in the flow of coloring. Filled with fanciful mix of devious forms, the book features detailed florals, mandalas, sweeping swirls, flowing lines, geometric and abstracts prints. This book ensures hours of entertaining mental relaxation.

Take your time, bring the color and let your imagination run free! These amazing, intricate arts are ready for you to add your own special touch.

Features: 40 beautiful, stress-relieving patterns, designed to engage and spark imagination to unleash your inner creativity. Different levels of detail, from easy to difficult (for different eyes). Pick a picture depending on your mood and start your de-stressing journey. Printed on large 8.5x11 high quality paper. You'll have plenty of space to be creative and work on the details. Each drawing is printed with the reverse side blank. When you are done, you will have unique piece of art, worth framing and displaying. Perfect for decorating with colored pencils, gel pens, markers, porous point pens or crayons. Share your coloring passion. Give your friend a gift of relaxation or sit and enjoy it together. You don't need creative experience. If you find it difficult to discover your inner artist - you will still benefit. Coloring alone is calming, just add color! Check out what others are saying..."I have found out that it doesn't matter what I am coloring, the coloring itself is very calming." - Sandra

"Good activity for a tea with friends, great stress reliever after hours of corporate work!" - Jacob

"I get every release from the series, designs are original and the books are not overpriced like some of the others." - Elizabeth"

\*Please note that if you are using markers or gel pens, consider using scrap paper behind the page you're coloring to prevent bleed-through.

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Tags: adult coloring books best sellers, coloring books for adults relaxation, flowers mandala, zentangle coloring book, animals geometric, stress relieving patterns, coloring pages for adults, meditation, creative

inspirations, stress relief coloring book, really cool relaxing colouring, doodle invasion, mindfulness meditation, nature mandalas coloring books for grownups

## **Coloring Books for Adults Volume 5: 40 Stress Relieving and Relaxing Patterns, Adult Coloring Books Series by Coloringcraze.com Details**

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# **From Reader Review Coloring Books for Adults Volume 5: 40 Stress Relieving and Relaxing Patterns, Adult Coloring Books Series by Coloringcraze.com for online ebook**

**Elena Neighbors says**

**Concise and extremely detailed**

Most of what is available and free are very detailed, definitely more concise and concentric. Seems pretty cool, certainly a longer one!

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**Bill Tillman says**

**More Fun!**

Something to while away the hours without getting a headache over. Bonus material is great too. Look at the other books in the series.

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**Janeandjerry says**

**Thankfully this was free**

Thankfully this was free and didn't waste money on it. This is just photos of art work not an actual coloring book for adults. Please don't waste your time or money on this

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**Bonny says**

**Liked**

I haven't had a lot of luck finding coloring books for adults on my kindle. But, this volume by Alliance had more pictures that I liked then any others! (Although I have NOT tried to print the images. )

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**Karolina Stanjo says**

I won this coloring book in a giveaway, received it within 2 weeks. :) It was my first participation in a giveaway and I couldn't believe that I was this lucky, I really wanted to win, because I wanted to buy a coloring book for adults for a long time, but now I got one completely free. :)

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