



Escaping Heartbreak

Regina Bartley

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It's time for Sawyer to start living her life. Since she was fifteen she has taken care of everyone but herself, including her older brother Dane. She has been lying to herself to keep from feeling the pain of her parent's death. Now she is twenty and she's ready to start a life of her own. Moving into her parent's lake house would be the perfect escape. Wouldn't it? That's what she thought. Only, it led her right into the emotional place she's been hiding from all this time. All of those years of running from her feelings, she now has to face them. It's too much. She can't deal with it alone. Someone has to help. She'll do anything to escape the heartbreak, but you can only run so far.

Travis can't believe his eyes; his half-opened, blood shot eyes. Sawyer Evans was in the flesh and standing over him. He hadn't seen this girl since he was ten years old. Travis only saw the Evan's during the summer when they moved into the lake house. He and Dane were best friends. When Dane invited him and the old gang to a welcome back party at the Lake House, he couldn't wait to go. It turns out getting wasted was only half the fun. Seeing Sawyer was the other half. She was the sexiest girl he'd ever seen and he was going to make sure that she knew it. Only she shot him down time and time again. He's determined to break down those walls and get inside her head, but he'll have to be sober to do it, and no matter how hard he tries, she'll always run. He can't keep chasing her. He has to figure out a way to make her stay.

It's time to stop running, stop hiding, and start learning where the true escape lies. Everyone will face heartbreak, but not everyone will find love.

Stand Alone Novel for ages 18+ due to graphic language, and sexual content.

Escaping Heartbreak Details

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Author : Regina Bartley

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From Reader Review Escaping Heartbreak for online ebook

Amy Shelton says

Regina has a way of writing stories dealing with issues that most of us find hard to cope with and deal with. This particular story deals with death and coping with it and moving on. Everyone deals with it differently and some try not to cope with it, and keep themselves busy. This is exactly how Sawyer plans to keep it until she decides she needs more, but how will she cope and handle it? This book was an incredible read and emotional and screams "It's OK to not always be strong and rely on others" to me. That's a message that we must all understand and accept at some point in our life. Another book of Regina's that was a home run!

Karen Hrdlicka says

This is the first work I have read by Regina Bartley, but definitely not the last. I like the style of Escaping Heartbreak. Dual point of view can be difficult to write, Ms. Bartley has a great handle on doing it well. The story flows almost like a conversation; like listening to someone tell the story of their life. The characters are very well developed and the plot is well thought out.

Sawyer is a beautiful young woman who has suffered too much loss in her young life. Her life was thrown into turmoil when she lost her parents. Her Uncle Jake takes in her and her brother Dane, raising and supporting them as his own. Sawyer and Jake have a special relationship but after six years she decides it is time for her to live on her own. She decides to live at her family's lake house, a place full of memories of her parents and her first love, Travis. Sawyer blames herself for her parents death. While she is very strong, her memories haunt her. She worries about her brother, Dane and his self destructive behaviors. She also worries that Uncle Jake still needs her to take care of him. When she moves into the lake house she runs into her first love.

Travis is handsome and aged beyond his years. He, like Jake, was left to care for someone in his family when he was far too young to do so. Jake has been caring for his younger brother Waylon since his father died and his mother left. Waylon is scarred by events in his past. While he is very bright he tends to not apply himself at school. Travis has never forgotten his friend, Dane's younger sister, his first love. He hurt her deeply without meaning to. He thought he would never see her again, much to his surprise she is back in his life. The book centers on the struggles of these two broken souls to heal each other. The action flows well and the reader becomes attached to Sawyer, Travis and Waylon. There are several twists in the story that surprise the reader. The epilogue leaves some unanswered questions for some of the characters. While the ending may not be a cliffhanger it definitely leaves the reader wanting more of these characters.

Anna-marie says

Escaping Heartbreak is an emotional story about Sawyer Evans, a young woman who is living with the heartbreak of her parent's death 5 years previously, which she feels responsible for. She just concentrates on taking care of her brother Dane & her Uncle Jake.

She decides that it is time she left her Uncle's house & goes & lives in her parent's lake house. It is there that she comes face to face with her first love Travis Lawson.

The story that unfolds is one of second chances & self-awareness for Sawyer, she has to learn to come to

terms with her parent's death & move on.

Sawyer is such a lovely character, a sweet & warm young lady. Travis is a strong & sweet young man.

Together they make a power couple.

I really enjoyed reading this story, Regina Bartley knows how to draw you in & creates characters that you really want to get to know & wish they were your friends too.

This is such a great read.

Emma Causer says

Reviewer for Paranormal Romance and Authors that Rock

This is a story of love, heart ache, secrets and friendship. Both Sawyer and Travis have secrets that they don't intend on telling anyone let alone each other.

The story centres around half a dozen characters with Travis and Sawyer being the main two. From the off i loved Sawyer. She's sweet, caring and when she needs to be sassy as hell! When you first meet her she is trying to find her place in the world and striving to be more independant. The book flows really well and doesnt feel forced at any point which made for a page turning read that i didn't want to put down. My only criticism (if you can call it that) is that i would have loved for it to be longer. And i hope there will be another installment as it ended on a big revelation.

I had never heard of this author before but will be looking for other titles by her as i really enjoyed it. I think it is suitable for any adult age bracket (im 30). There were no shock tactics thatay offend older readers and i have even recommend it to my mom. Overall a well written story with well rounded and interesting character that you will become emotionally invested in.

I would give it 4 fangs - i took one off for the length and cliffhanger but i will buy the next one if there is one.

Micalea Smeltzer says

Eeeep! I got to beta read this! LOVED it!

Books&Dreams says

Escaping Heartbreak

By Regina Bartley

Rating 4.5 stars

This book was wonderful, and had my heart melting for Travis. I loved the feelings this book emits and the many emotions I was feeling while reading it. I fell in love with the characters right from the start.

Sawyer lives with her Uncle Jake after both her parents had died. It has been six years since that horrible night. Her brother Dane, attends college not too far away.

Sawyer is now grown up a little almost 21 and now she wants to move out on her own. Moving to the lake house that her parents owned, she was set to try new things. Dane helps her move, and throws a party. She meets Travis, who she has known her whole life.

As she reconnects with Travis, the story begins.

“You wouldn’t like me at all if you remembered who I was.” – Travis

“There aren’t any rules Sawyer. We can do this any way you want to do it. Just as long as we are both in this together.” – Travis

This was a great read, that left me breathless. I loved all of the dynamics with the characters, and hopefully there will be another book about some of the side characters.

Regina captures the reader’s heart with the love she writes into her characters. I think everyone will enjoy this book. I only wish the ending was a bit more, I felt it ended too quickly. Travis is definitely worth it.

I felt this book was very well written, and can’t wait to read other titles by this author. She did a very good job at story-telling and bringing her characters to life.

Kendall {Book Crazy} says

I freaking loved this book! It was such a cute book with a dark background! I was really excited about reading it before I got my ARC because I'd spoken to someone who beta read it and they said it was amazing, so my excitement was upped lol! The cover and synopsis also made me desperate for the book too because the cover is stunning and the synopsis sounded like the kind of book I'd read! The plot of this book was so cute and light, but quite dark at the same time! I absolutely loved it! I loved its development and I always found myself reading a few more chapters every chance I got! It was so cute as well with the developing romance in the plot too! There were also a few twist and turns in the plot to keep it going and to keep me desperate to read on and find out what was going to happen next! I just overall loved everything about the plot! The characters were just as amazing as the plot! Sawyer was the main character and she was just amazing! She had been through a lot, and because of this she'd been through a lot of changes in her life in such a short time! My heart went out to her when I found out her story because she felt disconnected from the people around her and I could see that it really affected her! Sawyer really started to learn how to cope with her loss as this book developed and it was really all down to one familiar face! I just overall loved Sawyer and I could understand why she reacted the way she did in some situations in this book! She grew a lot as a character in this book too, which I loved! Travis was the love interest of Sawyer and he was so hot! I just loved everything about him! I loved how protective he was of Sawyer and I loved that he was there for her the whole way through this book! I also adored Travis' relationship with his brother, Waylon! He was the main carer of his brother and I could see that he would do absolutely anything for him! I really admired this about Travis! I also adored his personality and that he was fiercely protective of the people he cared about! I really enjoyed this book being written from both Sawyer and Travis' point of views! I was kinda expecting it to be after I read the synopsis, but I'm really happy it was! It really helped me connect with both characters more and I loved getting to go inside both of their heads! I thought that this book was a standalone when I was reading it and when I finished it, but there's no way it can be after the ending! I'm super happy to discover that this book is actually the first book in a series! I can't wait to read the next book! I'm really excited to read it and find out what's going to happen next! The cover for this book is absolutely stunning! I fell in love with it as soon as I saw it! The model on the front really suits the character of Sawyer too! Big thank you to Regina for an ARC of Escaping Heartbreak and to Enticing Journey Book Promotions for having me on the Blog Tour!

✿kawehi.reviews says

★I received an ARC via Enticing Journey Book Promotions for the blog tour. Thank you!!★

"I never imagined my life would be like this. That I would escape heartbreak in the one place I never thought to look. The eyes of the boy who stole my heart all those years ago."

The story:

*A girl looking to reclaim her life.

*A boy looking to make sense of his.

When these two world collide, will it end in heartbreak? It already did once. Will history repeat itself and strike twice? Or will these two give themselves and life a second chance? Read and you will find out!

My Thoughts: *Escaping Heartbreak* basically entails what its title infers: two individuals looking to avoid more pain and heartbreak in their lives.

I'll admit, a lot of it was hard for me to fully believe and sappy but overall it was a decent all around read that I really enjoyed.

I'm really hoping that there is a book two, as I would LOVE to see what will happen between Dane and Wren now that... (Hah! Sorry! No spoiler). And oh! Can perhaps Sawyer's uncle, Jake, getting his own shot at the love bug? And even Travis' brother, Waylon, when he's like a couple years older? Gah! So many possibilities! Pretty please?!

A very nice book debut for me into the world of Regina Bartley!

Jessica says

This is a story of heartbreaking loss and reuniting with your first love.

I really loved how the author built the main characters. Both Sawyer and Travis have lost their parents and have taken the responsibility of their siblings. You can really relate to these characters. Sawyer is just starting to deal with the loss of her family from years before. She and Travis are reunited and they both have to overcome their past hurts to see if they have a future together.

I loved how heart wrenching this story was. You feel for the characters and can't help but root them on.

Stephanie Gresham says

I love all of Regina's books and this one didn't disappoint either.

Sawyer blames herself for her parents death and has not 'dealt' with it in the 8 years that it has been since it happened.

Travis has had his own drama that he has had to go thru that has made him grow up faster than he should have.

After Sawyer moves into the family lake house she makes the decision to attempt to heal herself. Only she can't do it alone. Travis is an old friend from her childhood who done something horrible to her 12 year old self-esteem. Sawyer's walls are built up higher and stronger than the Hoover Dam, but can Travis be the one

to make those walls crumble.

Travis is total swoon worthy and quite possibly will be your next BBF. His brother Waylon is adorable and can't wait to learn more about him.

Wren is Sawyers best friend and has a huge crush on Sawyers brother Dane. What happens between Wren and Dane...wow, not telling tho :)

Dane is a troubled soul and Sawyers older brother.

This book definitely needs to be on your TBR list. There's love, heartache, hope, battling your fears and some great twists and turns all throughout this book. Great job Regina!! <3

Hopelessly Devoted says

Sawyer is portrayed as a tough young woman who hasn't had the time to address her own grief following the death of her parents because she was too busy putting everyone else's needs and wants first.

Pretty soon she re-meets her first love Travis, the only boy that she ever let close enough to her heart to actually do damage.

Travis is fighting demons of his own when Sawyer crashes back into his life.

The supporting cast also deserve a mention, her best friend, Wren, is a strong character and I sense that we'll be seeing a lot more of her in the next book (available at the end of November)

But personally my favourite character is Waylon, Bartley wrote his and Travis' story in such a quiet and compassionate way that you couldn't help but be drawn to them. I defy any mother in the world not to want to pick those boys up and hug the life out of them.

I don't have enough praise in my fingertips, nor words in my head to do this review justice! so let me just say this...This is a book that will have you reaching for the tissues, this is a book that will touch your heart and begin to heal your soul, this is a book that will make reach for the one you love and hold on tight, in my opinion this is a book that will make even the iciest heart melt a little, this is a 5 star, unmissable emotional triumph! One click this bad boy asap!

Philomena Callan Cheekypee says

This is a really great story that kept my attention from start to finish.

After so much heartbreak Sawyer decides to move to her parents lake house. Here she meets up with her first love Travis. This is the story of two broken hearts needing to heal.

Loved the secondary characters. I really do hope the authors going to write lots more about these characters.

My first book by this author. Loved her writing and look forward to reading more of her work.

Candi- says

LOVE, LOVE, LOVED this book!!!! Once I started it, I was hooked!!

My heart broke for Sawyer from the start. After the death of her parents which she blames herself for, she takes care of everyone else around her but herself. Finally deciding its time to live on her own, she moves into her parents lake house to escape it all but will fate have other plans for her?

After moving into the lake house her brother Dane throws a party and invites his childhood friend Travis. After having to much to drink he decides to go crash in one of the spare bedrooms only to be woken up by none other than his childhood crush Sawyer. The last time he saw he was 10 years old and he had just broken her heart. Will he be able to break down her walls and convince her to give him a second chance? You will have to one click this and find out for yourself!!

I loved the backstory with Dane and Sawyer's best friend Wren (who I loved by the way!!) I am so excited to see what Regina has in store for them!! I personally loved all the secondary characters including Uncle Jake and Waylon so I hope that they will also get their own story (hint, hint, lol) This was my first read by the awesome Regina Bartley but it def will NOT be my last!!

Raquel Auriemma says

This is one I didn't want to put down. The love story was wonderful and sweet, but the other pieces to the story could be heartbreaking. All wrapped up together, they made for a fantastic story. I'm looking forward to reading Dane and Wren's story too. because I know there is so much we need to learn about these two.

Secretly Adorkable Readers says

"He was my crush and my first broken heart." ~Sawyer

I have always loved this author's books and cannot wait for the next one to come out and see what she has in store for us. She never disappoints, Regina, you did it once again!

This was such an adorable story of two broken people who actually get a second chance of love. Sawyer was in love with Travis when she was 12 yrs old but that summer was the last they seen of one another till 9 years later. Sawyer moves to their parents lake house to start over after the tragedy of her parents death. Little does she know, that her neighbor wants to get to know her and rekindle a friendship.

"I couldn't stop thinking about those big brown eyes. She was so beautiful. Like, take your breath away beautiful." ~ Travis

I was gifted this book for a Blog Tour in exchange for an honest review.

