



# Living Artfully: Create the Life You Imagine

*Sandra Magsamen*

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## **Living Artfully: Create the Life You Imagine** Sandra Magsamen

Many people today are looking outside themselves for well-being and happiness when what they're searching for has been inside them all along." -- Sandra Magsamen Living artfully is expressing who you are through the moments that you create. "Living Artfully" reminds us to explore and experience life with more heart, meaning, purpose, and joy. It asks us to imagine, to dream big, to believe in ourselves, to celebrate the people in our lives, make each day count, dance when the spirit moves us, laugh out loud, and let our voices be heard.

In this beautiful, life-changing book, acclaimed artist and entrepreneur Sandra Magsamen will transform everything you think you know about art, creativity, and personal fulfillment. And she'll show you that you've already got just what you need in your own two hands to create the life of joy and beauty that you want -- for yourself and others.

"Living Artfully" puts you in direct touch with your own imagination, where the only rule is there are no rules. Warm, encouraging, always good-humored, it is full of inspiring stories about people who pursue their own creative impulses and are rewarded with unexpected and delightful results. By following the ten principles of Living Artfully -- Magsamen's own dynamic process of creative thinking and being -- you will embark on an exciting personal journey of self-discovery. You'll learn how to connect with everyone in your life in inventive new ways, through everyday things, caring gestures, meaningful moments, and simple gifts that really make a difference. You'll also discover how, where, and when you can use your own creative language -- the images, words, sounds, foods, or crafts through which you most easily express yourself.

To Sandra Magsamen, Living Artfully is connection. It's the ultimate form of communication. It's recognizing and embracing your own powerful, creative abilities. And the first step on the journey to Living Artfully is to rediscover the gifts of imagination, curiosity, and playfulness -- gifts that you already possess. Each chapter presents a wealth of practical and fun ideas that you can tailor to suit your own circumstances and preferences and that will jump-start your imagination and free dormant or forgotten talents. By giving yourself permission to be yourself, you'll embark on a personal renaissance, connecting with your inherent sense of fun and optimism and discovering that even simple tasks of everyday life can become perfect, natural outlets for your newfound creativity.

Filled with Sandra's stunning, four-color, signature artwork, "Living Artfully" is not a how-to book but a why-to -- uplifting, motivational, and fun. It is also a guide into a new cultural movement in which people choose to live with a creative purpose, celebrating the people, places, and moments that make life truly meaningful.

## **Living Artfully: Create the Life You Imagine Details**

Date : Published October 10th 2006 by Free Press (first published October 1st 2006)

ISBN : 9780743291057

Author : Sandra Magsamen

Format : Hardcover 240 pages

Genre : Nonfiction, Art, Self Help, Inspirational

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## **From Reader Review Living Artfully: Create the Life You Imagine for online ebook**

### **Amanda says**

This book was a recommendation in the O Magazine a couple summers ago. I didn't love it, but I think if you are looking for some exercises to help stimulate your creativity, it could be a helpful tool.

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### **Rachelle says**

Relentlessly positive, cheerful optimistic, and encouraging about expressing your creativity, imagination, and playfulness. There are personal stories, eye-catching graphics, hand-written notes, and artful ideas. Magsamen reminds us that we are creative being and "To live artfully is to live life fully, with meaning and a purpose -- to bring beauty into being". I felt inspired and upbeat! But Magsamen is definitely writing to a female audience in America, with cultural assumptions about shared experiences and traditions.

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### **Maureen says**

Exploring the creativity in everyday life and trying to exercise a more complete sense of the use of our creativity at any age....it will also make you think on how you are projecting your creative side of your life and how others might view you in that creative light and how you can make it shine

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### **Jeri says**

Love Sandra's attitude, she is very inspirational for me.

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### **Michelle says**

Although this book has lots of fluff to it, I liked its message which seemed to go along with the way I have tried to live as an artist by sharing my art and my talent with others. I also like that it shows the many different ways of being artful that typically get lumped in with Martha Stewart types--making a home, being neighborly, home cooking and homemade things.

Living Artfully

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### **Jessi Koontz says**

Spotted this book on the shelf @ Goodwill & was instantly drawn to it.

I consider myself to be a creative person, but last year I found my inspiration & motivation lacking.

I was really hoping that this book would rekindle my creative spirit, but it did not. I am not entirely sure what I was expecting, but this book just didn't do "it" for me.

I really like the preface that we are \*ALL\* creative, whether it be knitting, sewing, flower arrangements, gardening, cooking, etc. It's true & I am constantly amazed by what people who are always telling me how creative I am create themselves.

The book had some good quotes & anecdotes & a few new (to me) ideas, but mostly it was full of things that are pretty run of the mill. I ended up reading a couple of chapters & then setting it aside.

Anyway, with it being the 'New Year', one of my "missions" is to read all the books on my bookshelf (though this may take more than just a year ;), keeping the ones I LOVE & passing on any that I don't. Started with this one and \*really\* had to FORCE MYSELF TO FINISH.

Definitely passing this one on....

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### **HeavyReader says**

This is a piece of fluff all about how all of us are creative, wonderful beings. While I do actually believe that all of us *are* creative, wonderful beings, I worry about people who need a book as insubstantial as this one to convince them. I don't know, maybe this book would be useful for people who never thought about all the possible ways to be creative, but it wasn't at all helpful or enlightening to me. The writing is so fluffy that I barely had to concentrate to read it. It was easier reading than a magazine article and probably only really needed to be that long.

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### **Miz Lizzie says**

An inspirational book for living a creative life. There are inspirational quotes and stories as well as specific action/project suggestions. Not sure if it's one I will be likely to go back to again but it was enjoyable while I read it.

Book Pairings:

Elizabeth Gilbert's *Big Magic* is also inspirational but with a bit more substance and not quite so prescriptive in the suggested activities..

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### **Weege Sachtjen says**

love! Love! love! This book served up the perfect reminder that each of us are creative in our own artful way. Creativity is really just away to effectively communicate gain thoughts, feelings impressions to the This lock invites yaeo create your own wa and not let fear stand in you way. at is beautifully Written with touching stories and Lovely ideas

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### **Jen says**

This book was horrible. I don't know where I got the recommendation for this one but I believed it was going to give hints on how to make more "art" in your life, how to be more crafty and artistic.

This is mainly a self help book-guess I missed the description for that one.

I didn't even appreciate the manner of help it gave-I do not want to hear stories of other people's experiences (is that what self help books usually do?) Complete waste of time.

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### **Mary Kenyon says**

Not only is the book beautiful, the writing is too. This book is going into my top ten list of books on creativity. I found it inspirational as well as practical. Though I skimmed over some of the lists at the ends of chapters (the practical), it was only because I am farther along in my journey of creative living. This book speaks to all levels; the practiced creative, as well as though just beginning to realize their creative potential.

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### **Denise says**

I enjoyed and wholeheartedly agree with the premise of the book. Everyday expressions are definitely art. I live that way! I felt the book could have been shorter though. It began to feel repetitive about halfway through.

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### **Amy says**

I REALLY wanted to read this book. It was an interesting read, but not exactly what I expected. She did include ideas to get you started, but it was mostly quotes and snippets from her life, along with her telling us to imagine our lives and what we could do to add art to it. I was hoping for more suggestions, pictures, examples. Get this from the library like I did, before you decide to buy it.

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### **Jean says**

I really enjoyed this book. It is filled with wonder ideas for having and living a more creative life, for sharing life, for making life better for those around one, and one's self. All of the suggestions are "doable" and lead to even more creative expressions of kindness and love. Well worth the read and well worth engaging her ideas.

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### **Theremin Poisoning says**

Meh

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