



Girls Auto Clinic Glove Box Guide

Patrice Banks

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A do-it-yourself guide to auto maintenance, roadside emergencies, and the real scoop on how women can get honest car service at the garage, from engineer turned auto mechanic and award-winning entrepreneur Patrice Banks.

Do you feel lost when explaining your car problems to a mechanic? Do you panic when something goes wrong with your ride? Have you felt like you were being overcharged or pressured into unnecessary add-ons at the auto shop?

Fear no more: *The Girls Auto Clinic Glove Box Guide* has got your back.

So many women feel powerless, nervous, or embarrassed when taking our cars in for a repair, and yet we outnumber men both as drivers and as customers at auto repair shops. The time has come for us to grab the wheel and finally take control of our cars.

Filled with easy-to-follow illustrations and instructions, great tips, and lifesaving rules of thumb, *The Girls Auto Clinic Glove Box Guide* will help take away the confusion and mystery surrounding cars, teach women what they need to know about how their cars work, and what they need to do to keep them running smoothly.

Patrice Banks was once like most of us: a self-professed “auto airhead” who was clueless about car maintenance, yet convinced that mechanics were taking advantage of her. Now she’s an auto pro devoted to empowering women to learn basic car repairs and knowing what to do in an emergency. So whether you get a flat tire when you’re stranded in the middle of nowhere, your car overheats, or a mysterious dashboard light suddenly starts blinking, help is just a reach-in-the-glove-box away.

Girls Auto Clinic Glove Box Guide Details

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From Reader Review Girls Auto Clinic Glove Box Guide for online ebook

Tracy says

Useful overview of basic car maintenance. I found the sections breaking up types of maintenance by name, symptoms, how often to expect to get it repaired, and how much it will typically cost to be very helpful. In combination with the recommended maintenance schedule it helped me really figure out what to expect over time with my car and when to expect to look into replacing certain parts.

Banks provides lots of useful tips and makes owning and caring for a car seem manageable. Most of all it made me VERY thankful I have a mechanic shop I try to always go to and trust.

Sarah says

This book should be required reading for any girl who owns or drives a car. As someone who has always been made to feel intimidated by cars and all the maintenance and service that comes with them, I needed this book. I feel like I now have a good understanding of how my car works, when parts need maintenance, and just how to take care of my car in general. Plus, I'd feel comfortable changing a tire or jumping a dead battery. Please read this book if you feel at all intimidated by cars because it is a game-changer!

Daniel says

I enjoyed this book. She writes about different parts of a car. She talks about how to check oil, wiper fluid, coolant. She also wrote about what to think about when buying a car. The pros and cons of different repair shops. I thought that was interesting.

Leslie Ann says

Banks is an engaging writer and provides super-useful information on choosing and maintaining your car. The book, however, is a bit haphazardly organized and lacks a proper index. Regardless, I will keep a copy in my glove compartment.

Graeme Roberts says

I picked up this book without noticing it was for girls. I learned a lot and found it very useful, despite having a Y-chromosome. Patrice Banks writes clearly and simply, at just the right level of technical detail. I am going to get a copy for my daughters, but the males can sneak a look when no one is looking. Highly recommended!

Jennifer says

OH MY GOD. This is the book I've needed and wanted! ever since I heard about Patrice I have been so bummed they didn't have anything like this in Canada. I've never felt that confident about cars and as of right now I am looking to get my first car and I know for a fact I would be the kind of woman to avoid mechanics and the alerts on my car for as long as possible just because I feel like I would be getting ripped off or taken advantage of. And I want to take care of my car and have it last as long as possible

I haven't yet finished this book but even with the first half its given me a better outlook on what to expect on having my first car, and what to do and felt like no question was a dumb one.

I will FOR SURE be buying this to keep in my glove box and to go over as a refresher every once in awhile. I recommend any women young or old to check this book out. It feels really good to be able to rely on yourself for things instead of trying to pass off car issues onto a guy.

I received an ARC from Netgalley in exchange for my honest review

Anne says

I was disappointed in this book. My dad taught me this stuff already. I was hoping for something more in depth. I think it's a good resource for women of any age to learn the basics. But if you know things like how to check fluid levels then there's not a lot of new information.

Takesha Powell says

This book is everything! It breaks down the very basics of a vehicle for those like me, who are completely clueless. Patrice is amazing and an inspiration to every woman, especially women who are interested in cars but are constantly told that because of their gender, they are not "supposed" to enjoy any parts of a vehicle. Although this book is beneficial to more than just women. It is simply an awesome book for anyone who wants to know more about their cars but has been too nervous to find out.

Jenna says

This book is great to read straight through or as a reference to review periodically. Before reading, I considered myself somewhat knowledgeable about maintenance and repairs, but I eventually got tired of not knowing if recommended maintenance was truly necessary. I also wanted to be able to budget for upcoming car expenses and had no idea what needs would arise or how much they would cost. This book is so great for that! Patrice includes charts in each section about when to expect maintenance or repairs, what they'll feel like, sound like, or smell like, and about how much they'll cost.

Also as I read, I came to realize that the skills we use to maintain our cars--organization, attention to detail,

and perception--are skills that women have sharpened and applied in other areas of our lives like school, work, and household management. Very easy to apply those skills to car ownership. I spent one weekend learning the basics to feel more prepared for my next trip to the auto shop. Totally worth it.

Kathy Woolner says

A great guide to understanding more about owning and maintaining a car. Perfect gift for young drivers! Our book club discussed it, along with sharing our own car stories. We had prizes like tire pressure gauge and wiper fluid. Recommend!

Nicole says

Really helpful and very detailed. Sometimes too detailed and sometimes not enough. I'm going to use it to create a spreadsheet for my particular car - of all the parts - when I last replaced them and when I think I'm going to need to replace them and how much they'll cost. Having that in the book would be helpful.

Melissa says

I will be adding this book to my permanent collection and buying copies for my sisters. So much useful info about the parts of the car, what they do, symptoms and problems, true cost of ownership, maintenance schedule, expected cost to fix problems, and which tasks you can do and which to leave for the professionals.

Natasha Stelter says

This book helped me with a subject I know next to nothing about!. While reading about how to change a tire or top off fluids is helpful, I do think the best approach would be to change the tire or open up my engine. I wish this book had companion YouTube videos or something so I could visualize what she is talking about better. It has great diagrams though—but I do need more. The tone of the book and Patrice Banks' enthusiasm for her subject matter made me excited and got me thinking about my vehicle, which is a great step in the right direction.

Jaudelice C de Oliveira says

Love it! A must read for anyone who wants to understand their car better. This book was really useful, though I wish I had purchase a hardcopy instead of a digital copy (kindle). I might just buy another copy (hardcopy this time) as I want to have it in my car (glove box).

Ricardo says

This should be required reading for every car owner. Although Banks wrote this book towards a female audience, it applies to everyone. I'm a dude who has a very limited knowledge of automobiles and this book was awesome. It really breaks it down well and gives you tips and knowledge that you will use. Well done.
