

Essential Oils For Beginners: Aromatherapy Recipes for Weight loss & Well-Being

Charlotte Pearce

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Essential Oils For Beginners: Aromatherapy Recipes for Weight loss & Well-Being Details

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From Reader Review Essential Oils For Beginners: Aromatherapy Recipes for Weight loss & Well-Being for online ebook

Erin	says

Good read

Very well written. Lots of ideas on using oils for weight loss, hair loss and revealing with head lice.

Leah Rubinstein-cinman says

Good book relearn about other uses for essential oils.

Susan K. Schmidt says

Okay

Okay book. Basic and fair amount of information. Got it free from Kindle. Although I need a more detailed book.

Dawn Kuhn says

Good information but very short. Glad I didnt have to pay for it. It does try to get you to sign up for young living under his sponsor number which I'm sure he gets credit for

Denise says

Great starter guide

This is a great starter guide for anyone wanting to use natural products needing some guidance on doing it safely. Explains clearly the difference between essential and fragrance oils

Arelia says

Plot to sell

The last pages were filled with information about this company for you to buy from them and of course the

"writer's" reference number so they can get points or discounts...

Cathy Fegett says

Good explanation of Essential oils

The only reason I didn't give 5 stars is no consideration of any other EO companies!! Not everyone can afford Young Living Essential Oils!!

Wanda says

Good information

I didn't like that at the end the author tried to sell young living products. I am familiar with the company and would not choose them. Otherwise I enjoyed the book.

Lauren Dukes says

Nice for beginners

The only problem I have with this book is the promotion or over promoting of young living. Its like they paid him to write about them, which makes me not want to use them. I think I'll go doTerra. Other than that nice display of ailments for beginners.

The Sharps says

Quick Reference

I am just getting started with oils,I found the information easy to understand and will keep handy for the suggestions given

Regina O. COOK says

Essential Oils

Informative on a wide variety, skin, breathing problems, acne, stress, and the amounts when mixing or applying to the person. Great ?for starting to use EOs