



The Very Delicious Strawberry

Tim Johnson , Andrea Brajnovic (Illustrator)

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Give your child the tools to appreciate more, worry less, build confidence and take inspiration from the ideals of Buddhism that have helped generations of the past do the same.

Adapted from Zen Buddhist writings dating back as far as the twelfth century, these stories have been simplified to be enjoyed by young children while wholly embodying the traditional concepts. Beautiful hand-drawn illustrations engage the imaginations of children and allow them to better visualize the stories and apply the concepts to their life.

Help them apply these philosophical principles to their lives at a young age and watch them take inspiration from them for decades to come.

The Very Delicious Strawberry Details

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Author : Tim Johnson , Andrea Brajnovic (Illustrator)

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From Reader Review The Very Delicious Strawberry for online ebook

Lanka says

Wow! So simple in language yet so powerful in messages

I loved the little tales in this ebook by Tim Johnson. At first sight the simple language may lead you to think this is a kiddie book but don't get fooled by its simplicity because this eBook contains powerful messages inside, wrapped in little tales. I like the story on Samurai warrior, mainly because of this one line which I agree with all my heart: "Tomorrow is tomorrow. Today is today. The only moment to concern yourself with is now. Smile." So true and pithy but how many modern books teach us such simple and universal truths?

The next story teaches us that we human beings are never happy with what we have and want more, only to be disillusioned like the stone cutter in the end; a parallel story can be found in "The wishing tree" which subtly teaches us that the law of attraction and the power of the mind. I could go on and on but I think you get the idea. Honestly some of the stories are more engaging than even Aesop's fables (a few in fact seems to be inspired by those and Jataka tales)! Needless to say, this is some book which can be enjoyed by readers of all ages, whether or not you have any interest in the Zen philosophy or Buddhism.

Tim says

One day a man traveling through the jungle encountered a vicious tiger. He ran away as quickly as he could, but the tiger followed. As the man ran, he nearly fell off a cliff. He took hold of a vine and climbed down over the edge of the cliff to get away from the tiger.

The tiger sniffed and snarled at him from above.

Trembling, the man looked down to see only rocks far, far below him.

He held tight to the vine and trembled in fear.

Just then a small mouse poked its head out of a hole in the cliff, and little by little started to gnaw away the vine. It got thinner and thinner as the mouse chewed.

The man heard the tiger snarling from above him. He looked down and became dizzy seeing the rocks far below.

At that moment he saw a luscious strawberry growing on the cliff near him. Grasping the vine with one hand, he plucked the strawberry with the other and popped it in his mouth.

It was very delicious.

This book is a compilation of all the short Zen stories that I grew up reading and taking inspiration from.

Penny Olson says

This book is like the Aesop's fables of Zen Buddhism. I read it to my five year-old and it held her attention.

It is hard to know how much she understood, but I certainly found it a great introduction to the basic Zen philosophy.

I received this book through a Goodreads giveaway. Thank you very much. I really enjoyed the book and will continue to read it to my daughter.
