

The Medieval Cookbook

Maggie Black

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This cookbook offers a selection of recipes drawn from medieval manuscripts which have been adapted for the modern cook. Illustrated with scenes from medieval life, the dishes reflect the food eaten by many branches of society. The book ends with a section on herbs and medicines.

The Medieval Cookbook Details

Date : Published September 17th 1992 by Thames Hudson

ISBN: 9780500015483 Author: Maggie Black

Format: Hardcover 144 pages

Genre: History, Food and Drink, Cookbooks, Cooking, Food, Historical, Medieval, Nonfiction

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From Reader Review The Medieval Cookbook for online ebook

Nicholas Whyte says

http://nhw.livejournal.com/890530.html

Irene Lazlo says

Este libro es fantástico para frikis de la Edad Media como yo. En cada capítulo, la autora hace una pequeña introducción hablando de los alimentos preferidos en una época determinada, de las costumbres en la mesa o de qué se comía en un monasterio. Luego pasa a darte recetas de comidas medievales. Primero transcribe la receta original y luego te da medidas exactas para que puedas hacerla con ingredientes cotidianos. La única pega que le pongo es que, como historiadora de medieval, me hubiera gustado que hubiera entrado mucho más en esas introducciones. Pero en general, lo recomiendo.

Jade Cropley says

Contains recipes but some are not clear on date and location. Get it from a friend or Library very expensive to buy.

Sidsel Pedersen says

I am yet to try any of the recipes. However it has good chapter introductions and interesting recipes - quite a few of which I do want to try.

A few points of critique - which is properly due to the age of the book

- She is using a blender quite a lot which makes it harder to see how to use the recipe in a reenactment setting.
- I don't read old english (as english is not my first language) so when she refers to the original recipe (printed at the top of each page) she looses me.
- I am really missing a introduction to each recipe many of them complacently foreign to me both because of the name and the age of the dish.
- I really wish for pictures of the dishes luckly the internet can often help with that.

But it was an inspiring read and I read it all in a day.

Daniel Serra says

It is a good book to start with in historical or medieval cooking, though as often is the case many of the dishes could be said to be renaissance rather than medieval

Linda says

I suppose I had wanted something a bit more scholarly regarding food recipes in the middle ages. I had recently read a book mentioning names of medieval recipes and was disappointed more of them were not in the book or the description did not seem to match the recipe in the book.

Lenka says

an interesting insight into the medieval kitchen, I'll definitely try some of the recipes

Steve Bivans says

Want to throw a medieval feast? This is the book you need. Lots of great recipes and stories to give you a foundation of historical background on feasting in the Middle Ages. The barley bread recipe is fantastic!

Lee Shin says

Interesting insights into medieval food. I was surprised to note that there seems to be oriental elements in medieval cooking in England. It must be a feat for the merchants to transport the goods in those days. The dish of Chicken with rice and almonds uses cooking technique that is quite similar to what we still do these days in Southeast Asia. The texts between chapters providing explanation of the eating habits etc were particularly useful for understanding the subject better.

Miles says

Interesting, but nothing to write home about. I suspect that it was based more on the preferences of the author than presenting a genuinely balanced view of medieval cooking. The use of saffron in very nearly every recipe is a clue in that direction.

Cassie says

While absolutely none of these recipes actually look good, I loved this cookbook. I thought it was a very interesting insight into Medieval life, and it was a lot of fun to read.

Benjamin says

Finally a sensible cookbook. Here is a dead animal and some herbs, let's make dinner! I do want to try the recipes featuring leeks though, they look good.