



# Fish and Fish Dishes of Laos

*Alan Davidson*

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## **Fish and Fish Dishes of Laos** Alan Davidson

This is a reprinting of Alan Davidson's study of the fish cookery of Laos. There is also much information on cooking materials and ingredients. This book has been out of print for more than two decades and its reappearance is eagerly awaited. The critical thing to remember about the fish dishes of Laos is that there is no seaside and that all the fish live in the Mekong river and its tributaries. That great stream runs from China in the north to the Falls of Khong to the south. It forms the border between Laos and Bhurma (Myanmar), and Laos and Thailand.

## **Fish and Fish Dishes of Laos Details**

Date : Published October 11th 2003 by Prospect Books (first published 2003)

ISBN : 9780907325956

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Format : Paperback 208 pages

Genre : Food and Drink, Cookbooks

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## **From Reader Review Fish and Fish Dishes of Laos for online ebook**

### **Bryan Worra says**

Before he ushered in the culinary classic Traditional Recipes of Laos, translating the work of Lao renaissance man Phia Sing, former British Ambassador to Laos Alan Davidson translated the sections of Phia Sing's notebooks relating to Lao cooking and the preparation of classic fish dishes in the community.

Davidson further added a delightful and insightful survey of the amazing range of edible fish, eels and other aquatic creatures who find their way into Lao cuisine. He provides a compelling overview of the fish and their roles within Lao cuisine, and some very interesting notes on their ecology and Lao and Southeast Asian attitudes to particular fish that lesser cookbooks would overlook. His notes and comments on the giant catfish Pa Beuk alone are a wonderful read. Although if you're familiar with these fish, be warned that you'll likely be overcome with waves of nostalgia as many are hard to procure in the US, especially those that taste like the old country.

I would easily consider this an essential text for anyone who does writing about Laos, its environment, its flora and fauna.

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