



# **Kicking and Dreaming: A Story of Heart, Soul, and Rock and Roll**

*Ann Wilson , Nancy Wilson*

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## **Kicking and Dreaming: A Story of Heart, Soul, and Rock and Roll** Ann Wilson , Nancy Wilson

The story of Heart is a story of heart and soul and rock 'n' roll. Since finding their love of music and performing as teenagers in Seattle, Washington, Ann Wilson and Nancy Wilson, have been part of the American rock music landscape. From 70s classics like "Magic Man" and "Barracuda" to chart-topping 80s ballads like "Alone," and all the way up to 2012, when they will release their latest studio album, *Fanatic*, Heart has been thrilling their fans and producing hit after hit. In *Kicking and Dreaming*, the Wilsons recount their story as two sisters who have shared over three decades on the stage, as songwriters, as musicians, and as the leaders of one of our most beloved rock bands. An intimate, honest, and a uniquely female take on the rock and roll life, readers of bestselling music memoirs like *Life* by Keith Richards and Steven Tyler's *Does the Noise in My Head Bother You?* will love this quintessential music story finally told from a female perspective.

## **Kicking and Dreaming: A Story of Heart, Soul, and Rock and Roll Details**

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**Ann Wilson , Nancy Wilson**

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# **From Reader Review Kicking and Dreaming: A Story of Heart, Soul, and Rock and Roll for online ebook**

## **Vanessa says**

Honestly speaking I was not a fan of Heart and didn't really listen to their music, all I can remember is the big hair of the 80's and the powerful strong female voices behind the rock music and that's where my knowledge ended. Having an audiobook version on hand I decided to give this a listen and was pleasantly surprised to find myself drawn to the Wilson sisters. The book is alternately narrated by Ann and Nancy Wilson with a few side chapters dedicated to a few guests narrators. It's hard to believe that when the girls started out with their band how many sexist remarks and comments were made about their gender, they were even subjected to incestuous inquiries and insulting comments. Nancy was often asked if she was actually playing the guitar on stage and Ann copped a lot of flak for her weight and looks particularly by the music critics that felt it was ok to critique her physical appearance instead of her musical prowess. It's appalling the misogyny they encountered and the treatment they copped even from members of other bands uncomfortable with female rock stars that outshone and out rocked them. I feel the girls rose above and really broke down the gender walls for rock and roll for women and they did it with such class and dignity.

The most surprising part for me was how much of a part of the emerging Seattle grunge scene they were, forming a side band and becoming The Lovemongers, a band I'm more familiar with. Ann was known to have the guys of the early incarnations of Alice In Chains, Soundgarden and Pearl Jam come over and hang and just play music so she was often referred as Den mother, their publicist and long time friend became Pearl Jams manager so they were very much a prominent presence and influence to these up and coming bands.

What I love the most was the sisterhood bond between Ann and Nancy how music really connected them in a way that's unique and powerful and how much it influenced their entire lives. They really forged ahead against all the gender barriers and were determined and dedicated in all their musical endeavours even when they parted ways they had a deep connection that's pretty impenetrable. I really enjoyed this and feel they contributed so much to female empowerment and I loved that aspect of the book so much.

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## **Adriana says**

As much as I've loved Heart through the decades, I have to admit I knew precious little about them. Apart from the fact that Nancy was married to Cameron Crowe, I knew nothing about their personal lives. This memoir takes us through their childhood (constantly relocating each time their Marine father was reassigned), all the way through to the release of their latest CD, Fanatic.

Apart from showing us what private individuals the Wilson sisters are, Kicking and Dreaming also shows us that Ann and Nancy are huge music fans. One of their greatest joys (apart from playing music) has been meeting some of the great musicians who inspired them, and those who were inspired by them. (Ann was a sort of house-mother for many soon-to-be-famous Seattle musicians in the early 90s).

For the most part, it read like the story of two average girls on a trip behind the scenes of the music industry, meeting up with a lot of rock stars, never mind that they were rock stars in their own right. Some of the meetings made me cringe (Marshall Tucker Band), while others made me laugh (Freddie Mercury asking

Ann who the real Magic Man was. "It's me, isn't it? You meant me, didn't you, Ann?" And FYI, she does go into detail about her real Magic Man, in case there are other clueless fans like me).

The only real issue I have with the book is that the first half of the book has a very impersonal feel to it. Almost like they were having a hard time connecting with their most distant memories. Which I guess makes sense. It's far easier to analyse your motivations for things you did last year, or even ten years ago, versus events that took place fifty years ago.

I would highly recommend this book for any long-time Heart fan, or for a die hard music fan who wants another perspective on the music scene in the 70s and 80s.

7/26/12

I love these ladies! They're doing an in-store book signing here in Los Angeles in September. I can't wait!

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## **Rod says**

Like always, my favorite album is the bands worst selling. I worked in a record store when Heart's "Desire Walks On" was released (1993). I totally loved it.

But i've mostly ignored Heart ever since. Sorry girls.

I loved the layout of this book, the story told from mostly Ann and Nancy one after another. That kept it exciting and you got both sides of the accounts. And I enjoyed getting the musical views from a Singer and then a guitar player - different approaches to music indeed. And they made some great music. And thankfully they discussed the making of their albums and the players and studios.

But like almost all music biographies: Sex, Drugs & Rock n Roll.

The Rock music goes without saying, and that's why we love it. But the drugs? Can't anybody just say NO? Apparently not... and not only drugs, but more & more drugs - Then alcohol to the same extent. Makes me think musicians are just a bunch of spoiled teenagers. And they indeed are.

The real problem is always sex (if the drugs don't kill you that is). And heart sisters seems to hate all the sexual issues they've had - and yet they are the creators and sustainers of them. Sometimes forced on them very unfairly - but song lyrics do have meanings.

I was proud that Ann said she would no longer sing "All I WANNA DO IS MAKE LOVE TO YOU". And they wonder why sex is so present in conversational interviews over the years? You fed the monster, now enjoy the animal. Please quit complaining and start worrying about how your children and grand-children will take your wise adult advice based on your hypocrisy and rebellion. (But we were all young and stupid once.)

Which leads me to the stupid part of this book.

I found out Nancy hates Sarah Palin because she used the "Barracuda" song in her campaign appearances. (Even I lost respect for her in those moments - that's just tacky. Leave classic rock where you found it). But to hate her for what she stands for? Now that's just embarrassing Nancy. I'm still not sure what Nancy stands for? Drugs, Sex, Crudeness, Divorce, Rebellion, loyalty? I'd rather stick with Sarah on those life issues.

But thanks for the great music and stories. On that we can agree.

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### **Stacey says**

I'm a fan of all things Seattle and Heart has always had a place as one of my favorites. I didn't know a lot about them or their personal lives before now. I heard stories and rumors so it's great to hear them set the record straight.

As recommended by Vanessa, I listened to this one and let me tell you that is the only way to go. We hear Ann and Nancy share their feelings, shortcomings, and victories. It's very obvious that Ann had grievances at how they were treated as women in a male dominated industry and how she struggled with her weight and portrayed in the media. But they persevered and pushed forward. Ann and Nancy are very close and remain that way to this day and it really shines through in their music. Nancy tells a story about Sarah Palin and how she used Barracuda as her song, but didn't ask their permission. Nancy was pretty heated about it. I really liked the name dropping throughout and Ann's fascination with Paul McCartney from the beginning to the end was bittersweet. This was a great memoir and I would definitely recommend.

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### **Christopher McDonald says**

I've read a lot of biographies on musicians, and I've noticed many of them tend to fill the book with long-winded side stories that readers could do without. It makes the book much longer than it needs to be, and the reading experience becomes tedious.

This is not one of those books. "Kicking and Dreaming" is almost written like a conversation, splitting sections of narration between Ann & Nancy (and a few occasional guests). This book garnered a lot of attention late last year because of the alleged 'dirty laundry' the sisters aired out about other musicians. For one, what they revealed wasn't that bad; not in the slightest, so I don't know what the controversy is about.

What I gathered from this book is an endearing story about two sisters and their love of music and family, and how these siblings carried that sentiment from their childhood living room to the adult stage. Pick it up, read it and enjoy it.

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### **Merry Mercurial says**

You will be impressed by Nancy Wilson's ballsy poise when she encountered a dangerous stranger while hitchhiking. You will laugh picturing the Wilson parents sitting young Ann and Nancy down to break the news not that they were divorcing, as the girls feared, but that they had tried this marijuana thing all the rage with the kids. You will want to hug away Ann's self-esteem struggles. You will want to go back in time and bulldoze the notion that it was ever okay for "journalists" to badger this beyond-awesome woman, keeper of some of the best pipes in all of rock and roll, because her weight fluctuated. You'll think, "So THIS is why there've historically been so few women in rock. Because when Ann Wilson opened her mouth and out poured gold and neon and epic love, some jackass thought he was owed all those things except from a skinny girl." You will grrrr. You will mourn for now-torn-asunder Heart. You will, after accounting for all that the

level-headed lady talents of rock went through, go a little easier on Courtney Love; “Maybe it’s be a raging psycho bitch or be chewed up and spit out by this industry that has, for too long, conflated power chords with testosterone,” you will think. You will conclude, “Well, fuck that.” You will queue up some Courtney Barnett and Alison Mosshart and Aye Nako and all the other less-traditional modern-day practitioners of rock and roll you can get your streaming account on. You will run across that one Courtney Love quote, which will make you kinda sorta warm to her (admit it): “I want every girl in the world to pick up a guitar and start screaming.” You will – if that’s you, if you’re a girl, a woman, a lady, a chick, a raging psycho bitch – pick up a guitar. You will practice straight through the fingertip calluses and discomfort as your wrist gets accustomed to flexing this new way. You will master scale chords. You will stuff all your feels inside lyrics. You will invigorate rock with the audio interpretation of what it means to you to be a woman, a human, a self in this weird world. You’ll scream, I’ll scream, we’ll all scream like death-metal queens. You will bring the house down. You will blow the roof off this mother. You will roll. But most of all, you will rock.

Aaaaaand . . . go.

Review posted on my blog [here](#). Check out my other reviews and rants about rock at [The Music According to Merry](#).

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### **Laura says**

This memoir only reinforced why and how much I love Heart. I’ve been a fanatic since I was 10 years old. I have all of their albums (except the new one) on CD and, for the 70s and 80s music, on vinyl.

They had some wild days, for certain, but both sisters managed ultimately to escape the cocaine-laden, sexist claws of the industry, becoming the most important women in rock history (in my humble and blunt opinion).

This was a quick read--I absorbed it in two sittings--and was incredibly engrossing. If you are a rock fan in general or a Heart fanatic like me, this is a must-read.

I’ll leave with my favorite quote, which came from Ann:

“I am a feminist, and a proud one, but this country’s obsession with weight is the biggest problem women have ever had. It’s bigger than sexism because it spills over into what women think of other women, and what they think of themselves” (237).

Now, it’s time for the damn Rock and Roll Hall of Fame to admit these ladies!

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### **Holly Thomas says**

I thought this book was excellent. One of the better biography books with only one complaint. The editor that they hired became super tired and really lapsed and didn’t correct typos. Words were missing,

punctuation was sloppy at the end, but....don't let that stop you from reading this. I was never the biggest fan of Heart, I liked their music, but now I REALLY like them. Two women who rocked and inspired so many artists. They hung out with some greats and confessed to back stage trysts between other male artists and themselves. They recently were inducted to the hall of fame and with good reason. They have had several number one hits and they came out during a time of all male rock bands. Ann Wilson's voice is top notch and Nancy really knows how to play the guitar. She isn't just some sidekick. The book is deep and they are really passionate women. And of course, I loved the fact that they have worked with Chris Cornell and Layne Staley. The grunge bands became tried and true solid friends of theirs.

The book chronicles their life from beginning until now. They are now in their 60's. They are major fans of Zeppelin and the Beatles. I loved their musical upbringing and the really tight and supportive family that they had. Grounded and yet fell into the abyss known as rock and roll and what came with it. Yet, they are still kicking and screaming!

Excellent read. Compelling, even if you aren't a Heart fan.

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### **Kelly says**

If the Wilson sisters had to choose someone besides me to write their memoirs, I am glad it was the exceptional Charles Cross, who wrote the fantastic biography of Kurt Cobain.

BUT....he is wasted with the "oral biography" format used with people writing in their own voice. I hated the structure of the book.

But what I loved:

\*That the Wilson sisters never forgot where they came from, have friendships that span decades, and a loyalty I aspire to, the fact that the loyalty was rewarded richly gives me more faith in karma. Their friend, Kelly Curtis, became Pearl Jam's manager.

\*Instead of being jealous, they took on the role of godmothers of Seattle-born music and nurtured many young musicians.

\*They shone a bright, shaming light on the misogyny of the music business. And totally took down the Palin campaign for misappropriating their song about the predators, Barracuda.

\*Speaking of misogyny, Ann took on the issue of her weight head on, admitting her struggles but questioning those who think she can be one of the best singers in the business.

\*That my fantasy that all Cameron Crowe needed to do to save his marriage was show up with a boom box, turns out he didn't want to save his marriage.

\*Their honesty about the sex, drugs and rock n roll lifestyle they lived.

\*The description of attending the Beatles concert mirrored my own experience decades later when I attended my first concert, Heart at Seattle Center, years later.

\*It reminded me of one of the many things I loved about them: the role model of strong women who kick ass at what they do.

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### **Johnny Walker says**

As a big fan of autobiographies and a decades long admirer of Heart, I took a special interest in this book and couldn't wait to read it. What I thought I knew about Heart was a drop in the bucket. I had no idea they had broken so many boundaries.

Ann and Nancy have carved their own niche by sharing their souls, giving us all they have. This book follows the same generous path.

It's formatted to be an interesting read, revealing first-hand, significant facts without lingering on any subject too long. These women unveil a mountain of honor without a drop of arrogance, evident by the constant, extreme loyalty to family and friends. It's fascinating to learn the truth behind certain songs, but even more compelling is discovering how they made positives out of negatives.

The book is filled with interesting personal stories, behind the scenes adventures that blend courage with imperfections. They remained focused, while dipping their toes in some tempting pools of water. They are grounded, yet vulnerable. They explored without forgetting their principles.

This book is a testament to keeping your nose to the grindstone and focusing on what you love. They make decades of hard work sound like fun, a quality they also possess on stage.

I became an instant fan of Red Velvet Car the minute it came out. Something about that song just cut to the bone. Ann Wilson's ability to paint a picture through music has always fascinated me. After reading how the song originated, I now understand why. That song, like this book, represents the raw, gutsy truth.

It seems silly to say you're proud of someone you don't even know, but after watching this group since the release of Dreamboat Annie in 1976, it's gratifying and heartwarming to read how they've endured the music business and came out on top. When I hear a Heart song on the radio I can't help but turn it up. I would have to say the same of this book.

Turn it up.

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## **Sandy says**

First, a slightly embarrassing anecdote: On 9/17/12, on the eve of the release of Ann and Nancy Wilson's autobiography "Kicking and Dreaming," I attended a book signing at NYC's Union Sq. Barnes & Noble. After a fascinating interview session, I waited the requisite hour or so to get my copy autographed, and finally was at the foot of the dais where Ann and Nancy sat. Just as I walked onto the dais myself, my eye happened to catch sight of a book on the shelf next to me. It was one of those yellow and black Dummies books: "Singing for Dummies." Feeling as if this were a kismet moment, I grabbed the book and a few seconds later was standing in front of Ann Wilson, arguably the greatest female singer in rock history. (Sorry, Grace; sorry, Janis.) I plopped the book down in front of her and said the line that had just occurred to me: "Ann, this is one book that you will never need!" I thought it was kinda clever, but Ann only looked a little confused, so I quickly proceeded on with some other brilliant comments. I relate this anecdote for three reasons: (1) to declare that, yes, I think the world of Ann, and of Nancy, too, have loved their band Heart for over 35 years, and have seen them in concert several dozen times, (2) as an apology for any negative comments that I might make in regard to their new book, and (3) to suggest that perhaps I should recuse myself from reviewing this book at all. But heck, anybody who reads a Heart autobiography must already be a fan, right? OK, just wanted to let you know where I'm coming from; I will strive for objectivity here.



Fortunately, even objectively speaking, there is a lot to love in the gals' book, cowritten with Charles R. Cross. The sisters tell their history alternately; Ann will start, Nancy will pick up a few pages later, and so on, with a few outside observers (such as their childhood friends Sue Ennis and Geoff Foubert, as well as "Magic Man" Michael Fisher) adding commentary. I'm not clear on how the book was written, but it almost feels as if the gals were dictating, or rather, as if they were telling you their story over coffee while sitting in Ann's backyard in Seattle. And a fascinating story it is also, as the two--along with oldest sister Lynn--get shuffled around the world by their itinerant Marine family; join the proto-Heart band and live in a Vancouver hippie commune; hit it big in the mid-'70s; start over in the mid-'80s, with two of their biggest albums (personally, I could never understand how "Heart" and "Bad Animals," the only two Heart albums that I don't flat out love, were able to do so well); and manage to get through the megatours, the after-show partying (to their credit, both gals claim to have never gotten stoned BEFORE a show), the infertility setbacks (for both sisters), and, for Ann, the problems with stammering, overweight, Lap Band surgery and alcoholism. Little is held back, and even some of the ladies' affairs are touched on. (Ann and Ian Hunter...who knew?!?) The book features many wonderful stories, including the amusing tale of a young Nancy and her galpal searching for Joni Mitchell in British Columbia, Ann taking the high road at a high school reunion, and Ann and Nancy failing to keep up with the hard-partying Stevie Nicks. Best of all, though, is the love that these sisters have for each other that keeps peeping through. How touching it is when Nancy realizes, just before joining Heart, that her perfect musical partner--the one she'd long been looking for--was her sister Ann, who "was right here next to me, and always had been"; likewise, how sweet it is when Ann closes the book by saying "I need only look over at my sister--onstage, or off--and know she is a fanatic of me." "Kicking and Dreaming" gives a clear picture of two supremely talented siblings who have managed to sustain a career brilliantly over a 40-year period, breaking through gender roles in the process and ultimately landing themselves in the Rock and Roll Hall of Fame. As an engaging and revealing chronicle that allows fans to better know the Wilson sisters, the book must be deemed a complete success.

Unfortunately, the book is also something of a mess, with more typographical errors than any 280-pg. book should be allowed to have (not so much typos, actually, as entire words missing from sentences), as well as various inconsistencies and problems with fact. Where to begin? Seals and Crofts are repeatedly referred to as "Seals and Croft"; Kirsten Dunst is repeatedly referred to as "Kristen Dunst"; and Bad Company's Paul Rodgers is given as "Paul Rogers." On pg. 2, Ann tells us that "Dreamboat Annie" was released in August '75; on pg. 106, Nancy tells us it was released in October '75. (Don't ask ME which is correct!) Several song titles are incorrectly given: The Bee Gees song is "To Love Somebody," not "Love Somebody," and the Fab 4 song is of course "The Long and Winding Road," not "A Long and Winding Road." The "Bad Animals" LP is said to have been released on 6/6/87, although the receipt in my album jacket clearly says 5/22/87. Nancy tells us that she and Ann wore Sgt. Pepper's-type outfits for the "Brigade" cover, although in actuality, the only pictures of the gals on that album are head shots...and for the inner sleeve! Ann tells us that the song "Under the Sky" was written for 1993's "Desire Walks On," whereas it had actually appeared on 1990's "Brigade." Nancy mentions a John Cougar anecdote that had taken place "a year earlier," whereas that should be "three years earlier." On pg. 143, Ann mentions that she and Michael Fisher broke up in October '79, but six pages later, Nancy claims that it was in early 1980. (Again, don't ask me!) The Harlan Ellison work "A Boy and His Dog" is said to be a novel, whereas it is in actuality a novella at best. Ann mentions that there have been 27 "members of Heart over the years, besides Nancy and me," although a listing at the rear of the book shows 34! And Ben Smith, Heart's current drummer, is said to have been with the band for 20 years, although that same list shows that he was the drummer from "1995 - 1998; 2002 - present." Any way you slice it, is that 20 years? But enough of this nitpicking. Despite the goofs and typos, "Kicking and Dreaming" remains both a touching and historical account of two remarkable rock women. I have read it twice already, and will likely be referring to the book for years to come. And, oh...I know the gals aren't overly keen on references to their looks, but I must add that when I met the two last year, they both looked very beautiful, and seem to be aging like fine (white lightning and) wine....

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## Mel says

Heart were one of my favourite bands as a teenager. I loved their music and their lyrics. Having lived in Seattle I knew they were from Bellevue, knew Nancy was married to Cameron Crowe, but that's all I knew. This was a really good insight into the lives of the Wilson sisters, growing up Army brats, not fitting in anywhere and their overwhelming desire to make music. The book gave a good overview of the band, the inspiration for some of the songs and albums, the difficult times, the relationships, the parties. Nothing was too in depth or too personal but reading it I got a much better understanding of how everything fit together. Ann and Nancy both came across as very different but I found reading it the styles of writing were so similar that I often couldn't tell which one was speaking. I know there is an audio book version, which I think would be better to listen to than to read for that reason. I was very happy to read that Nancy's favourite song was Mistral wind, as it's always been mine and I thought it was more obscure. I liked hearing about how very different (and honestly rather unpleasant) things were at Capitol. How much record labels shape things in the 80s. Yes they made much more money but it wasn't as good music, and explained why I preferred the albums that were earlier that they made and wrote themselves. It also made me want to get their newer albums which they wrote themselves, as reading the lyrics and hearing the stories behind them I found to be inspiring.

The thing that really hit home was Ann talking about her weight. I remember seeing them in concert as a teenager and thinking she was pregnant, and then seeing them again on the next tour and realising instead she was fat. Which as a girl who was constantly being shamed for her weight I actually found inspiring. If this glorious singer could be fat and beautiful why should I worry so much? It was heartbreaking to read though that Ann was so upset by it. That she thought she should have been shamed into being thin. That she couldn't accept it. The memories of her being weighed in front of the whole class was something I remember so clearly from my own days at school when in 6th grade they made us all line up in weight order and I was about 2 people from the back. I would like to think that she found more peace about it. It seems like everyone from her boyfriends to her critics never let her accept herself. Finally she seemed to have only gained acceptance through surgery and staying thinner. Though at the very end she did seem to have found a bit of peace about it.

Heart were one of the most inspirational bands for me growing up. I still listen to their records and would definitely recommend this book to other fans.

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## Lance says

This review is written strictly from a fan's point of view, without extra knowledge of research into the lives of the band members. I consider myself a big fan because I grew up listening to all the radio hits...from Magic Man to All I Wanna Do Is Make Love to You. When this book was released I immediately wanted to read it to learn more about the Wilson sisters. This well crafted book did exactly that.

The sisters' recollection of their early days in Seattle and western Canada was excellent storytelling. I was riveted by their struggles in Calgary with the Pine-Sol incident and the subsequent "big break" they got by opening for Rod Stewart in Montreal. From there the book is a wonderful mix of stories, accounts and thoughts from both Ann and Nancy with some thoughts from others mixed in at the right times.

One aspect of the book I enjoyed that I appreciated was that the sisters did not delve too deeply into their lives of drugs, hard partying and sexuality. Those topics were only discussed when they played a major role in the events of the time. They also were romantics at heart, with Nancy calling herself one many times. It was nice to read about these ladies as mothers and also about their triumphs and heartbreaks with the loves of their lives.

This book should be read by any music fan who wants to see what drives talented musicians. How the Wilson sisters keep it up after all these decades is truly an amazing story. Thank you Ann and Nancy for all the wonderful music and the rich stories as well.

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### **Becky says**

I really enjoyed this book....I have been a general fan of Heart over the years, I mean their music seems like it has always been here!! True women rockers!!

I never knew much about their back story aside from the Seattle connection.

I loved reading about their child hood & their travels around the world.

The book is told in sections, some from Ann & some from Nancy.....

I really loved hearing about encounters with other musicians & acts & performances, just so entertaining!

There were some pictures at the end of the book- man!! Even the Wilson sisters had bad perms!!!

This was a favorite part of the book for me...

Last night I was reading a section about when they first met Bono...They were so impressed with the conversations they had with him & his warmth & interest in them & he had brought them a bucket with white roses & they kept that bucket for ages & always had it their dressing room & forever referred to it as "Bono's Bucket"....They said it became a "holy relic"....I just loved that!!!

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### **Greg says**

Disclaimer: I've been a Heartmonger for 35 years, so this is a review from an Ann & Nancy fan from way back. All the way back to Dreamboat Annie in 1976 actually. I still remember getting that first album...

So the best part of this revealing book was hearing their story in their own voices, told with honesty and boldness. They don't shy away from any of the details. The book alternates between Ann and Nancy, with an occasional "witness" thrown in, like Sue Ennis and Roger Fisher. It was a delight to read their back story, growing up with a deep love of music and songwriting, the early Heart days when they were so hungry to share their songs, the cocaine-fueled 80s, personal struggles and recent resurgence. What a wild ride. From the juicy anecdotes of the rock-n-roll life and banal details of touring, to their continual drive to stay true to themselves, to the intriguing details behind some of their songs. What a great read - I couldn't put it down. It makes me appreciate them even more, and idolize them a little less. Like all artists, when you hear their stories you find they're just human after all, with similar dreams and struggles. Which, in a way, makes their artistry speak to me in a whole different way.

The photos were a terrific addition, though wish there would have been more. But I don't think they could

have ever included enough for me. If you're a Heart fan, or a fan of 70s-80s rock, or of an honest story of successful driven women in a man's world of music (which either directly or indirectly they definitely transformed), then you'll enjoy this one. I loved it.

Rawk on, ladies! Peace.

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