



Wild Feelings

David Milgrim

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Do you ever feel as stubborn as a mule? Or as chicken as a chicken? Of course you do. Everyone does.

In this lighthearted look at feelings, David Milgrim tenderly and humorously sketches the emotional range—from awkward to unnoticed, to really, rrrreally mad. Ultimately reassuring, this is a loving look at the normal, natural feelings we all have.

Wild Feelings Details

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Author : David Milgrim

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From Reader Review Wild Feelings for online ebook

Mckelle says

We have been working on having a healthy relationship with all of our emotions and this book was perfect. Meets the bill on understanding that we all have emotions and emotions aren't bad, which was great, but it exceeds that by also being cute and fun too so my kids actually want to read it.

Shelley says

This book shows how some human feelings are the same that wild animals feel or express. It's pretty basic. It just normalizes feelings as being natural and shows that humans are animals too. It doesn't teach you anything else or go beyond that simple concept. I think this book would be good for very young kids like age 3 or 4. Kids older than that would probably want more than what this book gives you.

Kelly says

Pretty cute, colorfully illustrated story about feelings.
You feel, I feel, we all feel and that is ok!

Ryan says

An interesting book on feelings. It uses pictures and great imagery to discuss feeling like an animal. Are you going "batty", or lonely like the wolf. It's all perfectly natural and everyone feels that way at sometime too. A lovely story with fun illustrations.

Ms. Kelly says

The bold lines of the illustrations in this picture book are engaging and interesting to see. The author uses animals as representatives for emotion, such as feeling lonely (wolf howling at night) or clumsy (as an ox) or angry (the lion on the cover)

Some of the associations feel a little forced, but the cute illustrations save it. They remind me of Maurice Sendak's "Pierre". Probably because of the lion.

Miya Gaub says

I absolutely love this book! One each page, the author wrote an analogy comparing an animals' characteristic

to an emotion a child might have felt. For example, as stubborn as a mule. The artwork on each page shows a little boy dressed up as the animal being discussed, as well as exhibiting the feeling. I loved how the author was able to compare different animals to a child's every day life to make their feelings seem more natural. Often times in my experience adults tell children that their emotions need to be concealed or they cannot express their anger or sadness. However, I think kids' feelings should be embraced and encouraged. Showing emotions are something that should be commonly seen. The last page of the book shows different animals with human characteristics throughout a community- each displaying the emotion. There are lots of ways to make this story interactive! This would be a fun book to read to a child because they would be able to show you their facial expressions for each emotion. Also, you could ask your kids what kind of noise each of these animals make to ensure attentiveness.

Trish says

This book is about how everyone has feelings.

Jillian Heise says

A hilariously illustrated book asking on each page if the reader has ever felt like a certain animal with the people on the pages costumed to coincide with the feelings they would have as that animal (for example: stubborn as a mule). A nice message about it being natural to have so many different feelings at different times, and showing that everyone gets mad, with cute and funny illustrations, but the illustration on the final page caught me off guard.

Mary says

A lively picture book about emotions. A young child dresses in a variety of animal costumes exploring different feelings; for instance, in a desert in a wolf costume howling at the moon, asking about feeling completely alone. I especially appreciate the grownup participation at the end; reminding us that we all have the same feelings. A useful book to use at any age to encourage conversation.

Tennille Stewart says

Very cute book to help toddlers identify their emotions and understand that their big emotions are totally and completely normal. I love that they are described by animals - toddlers love animals and it really helps us understand and describe feelings.

Garrett says

Yes, I do.

Emily says

Great for storytime (probably preschool-aged) to catch some of the references. All about feelings by relating them to animals.

Melissa Morgal says

Cute book with nice illustrations. Good book to use as an example of similes and to discuss feelings.

Erica says

Great idea, engaging illustrations. kids like seeing the adults in their animal feeling costumes too. Planning to use it with Zones of Regulation discussion.

Susan says

Love that it shows a kid dressed up as different animals to show different feelings. Stubborn as a mule? Sad as a lost kitten in the rain? I feel those things too! The best part is seeing adults dressed up the same way at the end.
