


Everest: Expedition to the Ultimate

Reinhold Messner

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'Everest by fair means – that is the human dimension, and that is what interests me ... In reaching for the oxygen cylinder, a climber degrades Everest ... a climber who doesn't rely on his own strength and skills, but on apparatus and drugs, deceives himself. In May 1978 Reinhold Messner and Peter Habeler became the first climbers in history to reach the summit of Mount Everest without the use of supplementary oxygen – an event which made international headlines and permanently altered the future of mountaineering. Here Messner tells how he and Habeler accomplished the impossible – and how it felt. He describes the dangers of the Khumbu Icefield, the daunting Lhotse flank, two lonely storm-filled nights at 26,247 feet, and finally the last step to the summit. Everest: Expedition to the Ultimate is a riveting account of the exhaustion, the exhilaration and the despair of climbing into the death zone. The book also includes a history of the mountain, successful ascents and Messner's reflections on recent tragedies on Mount Everest. Reinhold Messner was the first to climb all fourteen peaks higher than 8,000 metres. The author of more than a dozen books on his adventures, he lives in a castle in northern Italy.

Everest: Expedition to the Ultimate Details

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Author : Reinhold Messner

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From Reader Review Everest: Expedition to the Ultimate for online ebook

lynn says

Great book about the first ascent of Everest without oxygen. Also a virtual encyclopedia of the history of a mountain which has become the ultimate climb for many, from experienced mountaineers, of which Reinhold Messner is one of the most renowned, to the modern day expedition climber. He provides us with excerpts from the journals of the original climbers to Hillary and Tenzing Norgay to present day. My only disappointment was he dwelt so much on all that historical information that he left little space for the description of his own achievement.

Theresa says

I am a lucky mom, having my son be an avid climber in the Canadian Rockies and all over the world, he has an extensive library of Mountain Climbing and adventurous stories. So , when I visit, I just glance through and read them all , in my 3 week visit. Yeah for Climbing , but not in such high altitudes where people die! This sport is for FIT and strong individuals who do not mind Pain and exhaustion!

milind says

Always wanted to read the realtime experience of the ultimate adventure of climbing Everest. Not disappointed in the least with Messner's account.

Highly recommended for anyone who wants to know what it means to be at the limits of your endurance and teetering on the brink of death with just a small false step.

Sandeep Chopra says

Messner is an amazing man. He has written many books, and this one is amongst his finest. There is only one thing better than this book - the feat he describes and makes us live through in this book. It's no mean feat, and it had to be him. The only other person who has probably achieved this was Mallory. But the world wasn't fortunate enough to have him tell us about it.

Dave says

Almost impossible to imagine the mind that is Messner and consistently succeeds on his minimalist expeditions. Alone, no oxygen and before Everest starred in a reality tv show. The terror. Excellent book for those into these real life epics.

I attended slide shows by Doug Scott, Chris Bonington and Reinhold Messner. I believe they funded some of their projects through these tours. Check out other reviews - they will be more informative than this -- I will say that a Messner is probably one in a million (and lives to share the story).

Tom says

Just one word: Awesome

Karen says

I've read many, many books on mountaineering over the years. This one was a little unusual in that the author did quite a bit of quoting from earlier mountaineering memoirs, including some I'd never read, so that was quite interesting. And the book had many photographs in it, which is always a plus. While I didn't think Messner's writing was particularly good, he did include a level of detail about the day-to-day experience on the mountain that many don't provide. Overall, a good addition to the mountaineering oeuvre, but nothing particularly outstanding.

Xanthi says

This book was a bit of a let down. The subject matter was interesting enough - climbing Everest without the use of oxygen tanks - but the author is more mountaineer than writer, sadly. What should have been a riveting read turned out to be a hard slog to get through. Read Joe Simpson instead. He is both an amazing mountaineer and writer.

Kartik Srinivas says

Reinhold Messner is the Messi of mountaineering.

I used to go hiking, and always dreamt of having thrilling adventures in the mountains.

I first began to research about high altitude mountaineering after an Israeli friend of mine climbed to Advanced Base Camp at Everest in 2015. My friend was in the thick of it all, when the earthquake happened.

But, I digress.

This book is brilliant, because it highlights how athletes look at risk differently than the rest of us. Fascinating, this book is a must read for anyone who likes the altitudes. You climb the mountain with Messner on this one. Plus, Messner is a surprisingly good writer. He writes with an earnestness, that several accomplished authors are unable to capture.

Great read.

Anand says

This is not a book that tells a story of the expedition. This is an expedition report document. The book is made with the tape recorder notes that Reinhold takes while he is on the climb. This shows how a person feels each day as it.

There is no drama or anything added to make it more interesting to read. I absolutely loved to read every page of the book, along with references to the expedition notes that is included from other efforts on Everest.

If you are someone interested in true climbing adventures, this is a book for you. If you are looking for a adventures reading book, this probably a wrong option to pick up.
