



Breathe In

Michelle Bellon

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Breathe in. Breathe out. This mantra gets Tessa Benson through the day.

The man she loves walks all over her, and she just wants to get by without her heart shattering to pieces. If she could find her voice, she'd scream.

Everything changes in one night, when she's snatched from the streets and tied to a bed, a camera set up to capture her dying moment. And the person who paid to watch her die...is still out there somewhere.

Tessa prowls dark neighborhoods in a quest for justice, but she doesn't find the killer. Not until they strike again...in the place Tessa is least expecting, and where it hurts worst.

Breathe In Details

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Author : Michelle Bellon

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Genre : Dark, Mystery, Contemporary, Suspense, New Adult, Fiction, Crime

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From Reader Review Breathe In for online ebook

Books After Fifty says

In this story we meet quiet librarian Tessa and a*sehole Tom, not forgetting caring cop Tobin.

I must admit that when I first started this book I wasn't really 100% sure where it was going. I felt my interest building after the first couple of chapters but then BAM.....got me!!! I needed to know what was gonna happen, and how.

A really well written book that makes you assume the author did her research. Couple of twists, and of course there's the love element. Really enjoyed this book and well deserving of a four star rating.

HeidiLynns BookReviews says

First, I want to thank Michelle Bellon for providing me with this book so I may bring you this review.

Michelle Bellon title Breathe In is the spot on representation for this book. This title was represented many of times throughout the book in many unique situations Tessa put herself into.

Kudos to the graphic designer who designed the cover. I absolutely loved it.

This book is dedicated to all the woman of the world whom have survived abuse of any kind. You have faced a darkness and fear that most have not. Your heart and soul have overcome doubt, insecurity, and hopelessness. In the mist of it all, you dug deep and found your inner warrior. You screamed at the top of your lungs to let loose of your rage. Then, when you felt your power again, you fought and remained true to our will to survive.

This was an incredible story that captured my interest from the start of the book. I hate to admit it but in the beginning, I saw a little of me I Tessa. I could see myself in her relationship with Tom Hanging to the hope of getting a text from. Sadly, not getting one and holding on the hope that I meant something to him. Later did we find out he wanted to end things with her. She was crushed. Needless to say her self esteem was crushed. She was kind of obsessed with this guy. On the other hand you had Gerald who she was also seeing but she didn't like him the same way as she liked Tom. That too was a confusing mess.

If that whole scenario was confusing enough Michelle puts in another huge twist that will test how strong of a person Tessa really is. The twist is something you would never see coming.

Sara says

4 Stars!

This book far surpassed what I was expecting. It took a couple of chapters for me to really get into it, but then the book picks up and really takes off. Tessa is shy and unsure of herself and pretty much everything. She finds herself in danger from an unexpected source. That's all I'm going to give you, because I don't want to give anything away.

Suspense, danger, and a great mystery come together in this thrilling suspense novel!

Peggy says

With this being the 2nd book I have read from this author I must say once again not disappointing! Well played throughout the entire book. The pages are filled with so much. The character.. well... I'll leave you wanting to know for yourself. The plot takes you every direction that you need to be to enjoy this read!

Johanna Sawyer says

Thanks to Reading Deals for a copy to read and review.

I admire the way this author wrote but it's a fence book as far as a dark read. The following is my opinion of the book and it may contain spoilers that will reduce your reading pleasure.

Tessa is the main character, the book starts out awkward because she is literally standing outside the door of a man she has been dating. Only he hasn't replied to her texts, nor has he ever invited her to his house.

Warning signs anyone? When he does answer the door, not only is he an jerk but I really don't see what she sees in him. Then on the way back to her apartment she runs into another guy...Gerald, who she doesn't really like but she dated him. She doesn't know how to tell him she's not interested.

First of all Tessa appears weak, not only because of Tom but because she can't tell Gerald to go suck himself.

If your not interested just say so. Although Tessa goes through a harrowing ordeal she kills her attackers

which some might say is closure. She doesn't stop killing there, which I find weird...that can't be normal. I

say she went psycho...I mean who commits murder in self defense and then goes out and commits

premeditated murder.....uh Tessa. Then the author acts like she is going to have Tessa fight another husband

from her violence abuse group but it kind of drops off. Ending had merit but I was looking for her to not let

Tom off the hook. So fence book....three stars for entertainment.

Tricia Bartley (iScream Books) says

Breathe in. Breathe out.

"Eyes open. Darkness."

"Eyes close. Darkness. Where am I? I can't breathe. I'm so hot. Memory floods back. Eyes open wide."

"Oh god! Oh god! Oh god! Where are they taking me?"

Breathe in. Breathe out. Breathe in."

Shivers Y'all this book was soooooo good!!!

Eep...Okay my dark lovers....Don't these first few lines of my review just make you want to read?? lol Breathe In is one of those books that will suck you right in and keep you turning those pages until you are done. I read this book in a day and really didn't want to put it down!!

This book is about Tessa Benson.

"Everything changes in one night, when she's snatched from the streets and tied to a bed, a camera set up to capture her dying moment. And the person who paid to watch her die...is still out there somewhere."

This book will keep you on the edge of your seat. Waiting to find out what is going to happen next, make you question everything and everyone she has come into contact with right before this happened to her. You are sooo captivated with wanting answers....needing answers!!

I gave this book 5 iScream Cones. This is my first book I have read by Michelle Bellon, and lord all I want to do now is go stalk her social media and go stalk her other books!! I can't wait to see what other books she has for me to read!! Soooo freaking good!!!

Kelsey says

Pretty good story. Sometimes the MC can be a bit annoying...but I guess it's pretty dang hard to tell how you would react if you went through something like this. I loved the ending. I was soooooo scared the bad guy would be someone you didn't expect.

Beyond The Covers Blog says

Tessa is tired of waiting for Tom to call so she's travels to his home one she has never been allowed to. Tessa just wants to know where she stands with Tom in the relationship. She has trouble getting out of her car because always second guesses everything. Tom is not happy she is there and lets her know it. He lets her know that they really didn't have a relationship and what they had is over. Tessa leaves and is tired of being everyones doormat and she tired of being scared of everything. Her friend Terin decides to step in and get her out to a club to have some fun. Tessa try's to have a good time but of all the nights she runs into Tom. One thing leads to another and they end up in Toms car, only to have him kick her out. Confused and hurt Tessa do'es the only thing she can do she runs. Were she runs is into the arms of trouble, she finds herself cornered grab and her head bagged all the while screaming and fighting till she passes out. Coming too her abuse and degrading begin. Tessa has had enough, she fights back and escapes. If she safe are they still out there looking for her, will she ever be safe again.

Wendy Livingstone says

This is the first time I have read any of this authors work, and my word, it will not be the last. This story is well written, and is thrilling, suspenseful, disturbing, dark, emotional, and a heartbreaking read. I recommend

this authors work for all dark story lovers, and I look forward to reading more from this author.

Kathy West says

"We don't always get to choose who we want to be initially. But it seems, if we're lucky, we eventually get the opportunity to choose who we want to be in the end."

5 Stars!

WHAT A BOOK!!!!

This book was way more than I expected.

This book was raw and emotional. It didn't try to coverup or sugar coat anything.

Tessa is just a normal woman. She keeps to herself most of the time. She doesn't bother anymore.

After getting out of a short relationship, she feels lost.

One night she is kidnapped by two men. She is taken to a cabin in the woods and held there. Her time there is terrible but luckily she manages to escape.

With the person behind her kidnapping still out there, she doesn't know who to trust.

When she makes friends with the officer working her case, Officer MacGregor, her life starts to change. She starts to believe in her self more.

She is not the timid, shy girl she used to be. She lost that when she was kidnapped.

But what happens when she gets overwhelmed?

What happens when it gets to much to handle?

Will Tessa be able to handle the pain and the PTSD or will she give into them?

What happens when Tessa decides to take the law into her own hands? Will she survive?

You have to read to find out!

WOW!!!!!

What a story. This is the first time I have read this author and I will defiantly read more of her books.

Tessa lived thought a terrible event. But even when she escaped, the torment wasn't over. This book shows that even if you look okay on the outside, sometimes the inside is screaming for help. Tessa endures a lot in this book and it takes a toll on her body, both physically and mentally.

There were parts of this book that were hard to read, but without them, the story would not have ben what it is. This is defiantly a 5 star book for me.

Coco.V says

?FREE on Amazon today (9/6/2018)!?

Blurb:

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she could find her voice, she'd scream.

Everything changes in one night, when she's snatched from the streets and tied to a bed, a camera set up to capture her dying moment. And the person who paid to watch her die...is still out there somewhere.

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Valorie says

Warning. This book contains some major triggers. It contains violence, sexual assault, and scenes of PTSD.

Tessa has a complicated love life. The man she likes, Tom, wants nothing to do with her. The man who likes her, Gerald, she wants nothing to do with. To unwind from her troubled life, Tessa goes out with a friend. What started as a fun night ends up in violent despair. Tessa is taken by two men, kidnapped and held hostage in a lone cabin. They videotape the mental and physical torture she experiences. Sure that she will not make it out alive, Tessa fights back and escapes. Yet the pain of her experience lingers—she suffers from serious PTSD, often turning violent herself. Determined to find out who orchestrated the kidnapping, Tessa and a cop Tobin, whom she begins to develop feelings for, seek out answers.

Breathe In is definitely not a novel for the faint of heart. Tessa endures things that take her to the very brink of a dangerous edge. It was hard to read what her kidnappers put it through. The process of her grief and anger was realistic and heartbreaking. The inner psychology of being the survivor of extreme abuse is well written and very emotional. It is hard not to feel for Tessa. And her anger? You don't dislike her for what she does because you sympathize and understand her pain. The end came as a surprise, and the victory much needed. I can't say she that her pain was assuaged, but the cathartic revenge at the end was enough to satisfy the need for resolution.

Jennifer Pierson says

This is the first book that I've read by this author, and the original page turner kept me on the edge of my seat cover to cover. Tessa Benson has been used as a doormat by the men in her life lately, and all she wants to do is get by with her heart intact. That all changes the day that she gets kidnapped, where she wakes up tied to a filthy bed with a camera recording every minute. And while she's getting tortured, something in her breaks, and she escapes with her life. Now she's done with people walking all over her, being scared, and the injustices of the world. As she gets stronger, the people who had to do with her abduction are still out there, and this time they strike where it really hurts her. This was a crazy, dark read that fed my inner dark & twisty self quite well. At first, Tessa really irritated me, but after she escapes on her own, the bad a** that she became, had me cheering on the sidelines the rest of the way in. Michelle Bellon's super talented writing style was so intense, that all of Tessa's feelings of hurt, helplessness, and finally anger, permeated the air all around me, as they seeped out of my kindle, to where I physically felt all of them. Diabolical twists & turns turned my room into a symphony of colorful metaphors, and I'm still dropping a few f-bombs. Now I have one big issue with this intense read, and remember this is only MY OPINION, but important to me, the ending just dropped off for me. I needed so much more after her powerfully moving journey. With all of that

being said, I HIGHLY RECOMMEND!

Louise says

I received an arc through a group that normally offers romance based books, so a straight up thriller is not a genre I typically read. Hence, this is one heck of a book to have impressed and captivated me in the way that it did. I'd planned on reading it over a couple of days, but ended up reading late into the night (ok early hours!) to complete it.

Tessa *can* be annoying at times, but it makes her very human and real. She starts out as a doormat, allowing herself to be treated badly by others. I loved how she found her voice and her inner strength, as she comes to terms with her ordeal, and became that phoenix.

The book does feel a little slow at first, but that could have been because I was waiting for her to be kidnapped. Because of that the suspense and angst kicked off from the start for me! Kidnappers aside there are 3 male characters and, for me, they *all* became suspects, either on their own or in some combination, at different points in the book. **That** is the quality of the writing.

The plot is never confusing but various facts/observations emerge that turn your thoughts first one way, then the other. The kidnap scenes are dark and contain a lot of potential triggers. Tessa's reactions and feelings after the kidnap felt so very *real* and whilst some of her actions were criminal (and in a big way), you sort of couldn't blame her.

Some reviewers have mentioned about the romance in this book. As an avid romance reader, I personally found the romance very vague and minimal, but it isn't what the book is about so I was OK with that.

Whilst there is a very *definite* conclusion to the story, I didn't know where life was heading for Tessa. Would she continue her vigilante ways? Did she intend on commencing a relationship with Tobin? And the biggest was over the delivery of the SD card - for me that was the only unrealistic part of the book. (view spoiler)

I've not read any work by this author before, but I will be keeping an eye out for her work in future.

Megan says

This was such a scary and dark read. The book held my interest for most of the story, but I thought next abduction was a little much. I kept switching my opinion on who the bad guy was, but I was glad at what happened to him in the end.

I received a complimentary copy of this book. I was asked to give my honest opinion of the book - which I have done.
