



I Laughed, I Cried: How One Woman Took On Stand-Up and (Almost) Ruined Her Life

Viv Groskop

[Download now](#)

[Read Online](#) 

I Laughed, I Cried: How One Woman Took On Stand-Up and (Almost) Ruined Her Life

Viv Groskop

I Laughed, I Cried: How One Woman Took On Stand-Up and (Almost) Ruined Her Life Viv Groskop
When is it too late to become the person you were meant to be? Viv Groskop is fed up, recession-scarred and pushing 40. She always wanted to be a stand-up comedian. But surely that's not advisable if you have three children, a mortgage and a husband who hates stand-up comedy? With no time to waste, she attempts the mother of all comedy marathons-100 gigs in 100 nights. She laughs. Sometimes at her own jokes. Occasionally the audience laughs too. Often they don't. And she cries. So is this the start of an exciting new life? Or a delusional experiment doomed to failure?

I Laughed, I Cried: How One Woman Took On Stand-Up and (Almost) Ruined Her Life Details

Date : Published June 27th 2013 by Orion

ISBN : 9781409127840

Author : Viv Groskop

Format : Paperback 288 pages

Genre : Biography, Nonfiction, Humor

 [Download I Laughed, I Cried: How One Woman Took On Stand-Up and ...pdf](#)

 [Read Online I Laughed, I Cried: How One Woman Took On Stand-Up an ...pdf](#)

Download and Read Free Online I Laughed, I Cried: How One Woman Took On Stand-Up and (Almost) Ruined Her Life Viv Groskop

From Reader Review I Laughed, I Cried: How One Woman Took On Stand-Up and (Almost) Ruined Her Life for online ebook

Theresa says

This was the first book i have read what has been an autobiography i did enjoy this book was expecting it to be funnier than it was and kept repeated her self though out the book. Was interesting to read about people's lives.

Stan says

It was Grand, I liked the honesty of the ups and downs of learning stand up , I would have liked to hear more , how she writes , travels to the fine gigs. Do you use time on train, observing, thinking, blanking out , repeating set in head ?

Sean Mahdi says

The painfully honest story of Viv's determination to prove to herself that she can be the stand up comic she's always wanted to be. Sharing the highs and lows of Viv's obsessive pursuit felt both gripping and incredibly intimate, as well as frankly mind-boggling to grasp the full extent of the ordeal she went through to climb a few rungs up from the bottom of the comedy ladder. A must read.

Angelique says

Came across this when I saw her Russian book. I liked it. I like her honesty and it was generally entertaining the whole way through. Near the end, I just wanted it finished because it was like how much more can you say about this subject. But was cheering her on and loved the journey.

Defo looking forward to reading her Russia book now!

Shu Zhen Cheong-Dinc says

I find this novel to be frank and heartwarming. It tells about a mature woman with a husband and children making a difficult decision to do something that she always wanted to do.

Her journey to prove to herself that she can be a stand-up comedy is her own success story taking her to places and meeting people that test her abilities and determination.

The plot is simple to understand and clearing lay out in her aim to tell events as they happened. There is a lot of self discovery and the risk involved that could ruin her relationship with her husband and children.

I Laughed, I Cried ... is a great book for anyone who thinks that it is impossible to take a shot at the things they want to fulfill in lives - be it a success or a failure.

Sophie says

Secret revelation here. I've always secretly wanted to be a stand-up comedian. I think I lost interest when I told a friend, and he responded "You want to be a female stand-up comedian?" Sigh...

So maybe I felt something of an affinity with Viv Groskop here. Maybe I see myself doing something crazy like this in twenty years time? This is a brilliantly honest and touching memoir of juggling children and husband to follow a dream, with laughs and tears along the way.

Nicky says

Not the sort of book I normally go for. However, I saw Viv interview Count Arthur Strong (not easy!) as part of the Bath Literature Festival, and was impressed. I sadly missed her chat with Val McDermid about the re writing of Northanger Abbey as I was quite poorly with a chest infection. As a consolation, my lovely hubby bought me a copy of Viv's book which she kindly dedicated to me. I started reading it during my recovery and couldn't put it down. I love Viv's frank and honest writing style. A very clear message came across that you really can achieve your life's goals if you are prepared to put in the effort and the hours. I have to say Viv really does have a wonderfully supportive husband! I was hoping that we might see more of the comedy material. A must read, plenty of encouragement for anyone who wants to give their ambitions a try irrespective of whether they succeed or fail. Thank you for sharing your experience Viv.

Samuel says

'Viv Groskop - good fun'. A joyous little account of a dream chased and fulfilled. Slightly directionless, as her husband states, but a nice pick-me-up read.

Louise Armstrong says

I thought a book by a journalist who was also a stand-up comic would be funny, but it isn't. It's an anguished account of her challenge - which is very impressive, but not funny.

Aoife Moriarty says

I read Viv Groskop's 'I Laughed I Cried' hoping that the extreme experience and case study of performing 100 comedy gigs in 100 nights could teach me something about performing at singer/songwriter nights. I could relate to much of her honest and hilarious account of the open mic comedy scene from my own

sporadic experience. I was shocked by her discipline, often rigid and bordering on crazy, to keep with her ambitious schedule, allowing little time in between gigs to reflect and improve material. The book reads like a humorous diary but the reader does not feel privy to anything maudlin or self-obsessed. I loved it.

Some of the topics touched (lessons learnt) are as follows;

1. Hundreds of unpaid gigs to get good.
2. The only factor you can control is your material.
3. Repetition of material can be soul-destroying.
4. Advice/experience for trying new material.
5. The 'guru' industry.
6. Strained relationships/day jobs when out gigging at night.
5. Friends and family.
6. Dealing with jealousy and put-downs.

Overall, anyone involved in open mic performance should read this book because few performers leave a detailed written account of their time trying to get good like Groskop.
