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MAXWELL
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How to Break Through Your Limits

El poder de su potencial: Cómo romper con sus limitaciones

John C. Maxwell

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Learn how to maximize your potential in minimal time with this compact how-to book derived from *No Limits* by #1 *New York Times* bestselling author John Maxwell.

Many of us hold ourselves back because we firmly believe our abilities are finite. But what if our supposed limitations are just an illusion?

In **THE POWER OF YOUR POTENTIAL** John Maxwell identifies and examines the seventeen key capacities each of us possesses. Some we are born with, such as how we think or how we naturally relate to other people. The rest are choices, often unconscious, including our attitude or personal disciplines. All are expandable.

Maxwell gives clear and actionable advice on what we can do to improve in each of these areas. From learning to manage your emotions and increase your energy, to conquering procrastination and becoming more comfortable with taking risks, you will surpass your own expectations to become a better you than you ever thought possible.

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