



Feng Shui for the Soul

Denise Linn

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This enlightening book goes much deeper than other books on feng shui. It's a comprehensive look at both centuries-old techniques and the latest research so you can create an environment where your soul is nurtured so you can be at home wherever – you are.

This book has three parts:

Part One explains how to understand the deeper meanings and secret messages in your home, and also how clearing your clutter is like modern day alchemy...it can transform your life.

Part Two presents little-known information about how to activate mystic forces of nature into your home to revitalize your physical and spiritual health.

Part Three gives you an understanding of the Native American Medicine Wheel and shows you how to harness the energy from four cardinal directions.

Feng Shui for the Soul Details

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Author : Denise Linn

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From Reader Review Feng Shui for the Soul for online ebook

Amanda says

This was not quite what I was expecting from a feng shui book. Denise Linn is well-known and respected throughout the feng shui community; however, this book introduces many other ancient traditions besides feng shui. Think mandalas, labyrinths, fractals, geomancy, shamans... All of it is, indeed, very fascinating, but I needed to keep coming up for air. The information was overwhelming and not necessarily in sync with the feng shui foundation I have. I am hoping that what I read, and possibly learned, will come to me (if and when) the opportunity presents itself.

Patti says

Used to Own 2000-2007. I used it alot, but got more out of physical feng shui words.

Amber May says

This book was unlike any feng shui book that I have read. Included was some very enjoyable history about why things work the way that they do. I loved the explanation of the directions and the elements. I would suggest this book to everyone!

Tracy says

I had been aware of feng shui in a very basic way for years. The concept is a fascinating one. Although I am hardly qualified to actually explain it, I can attempt to summarize feng shui by saying that it is the employment of purposeful methods to assess, enhance, mitigate, and/or harness the natural forces acting upon us in our environments. Mostly it is used to design, arrange, and decorate interior spaces but it is not limited to them. Gardens and landscapes can be designed with principles of feng shui. Also feng shui is about understanding the forces of the whole world and considering their interaction and our place in this dynamic flow.

Because I am slowly trying to revitalize my older home and make it a place of positive energy, I picked up with interest Feng Shui for the Soul by Denise Linn. This book is a treasure. I've already made a couple minor additions to my home based on Linn's advice and could feel the immediate and positive uplift in energy.

This book covers a lot of ground as Linn shares her extensive research and experience as a student and practitioner of feng shui. She has studied philosophies and ancient traditions all over the world, including her own Native American roots. In her own practice she blends traditional Chinese feng shui principles with her Native American spirituality to create what she calls Medicine Wheel Feng Shui.

Feng Shui for the Soul is packed with scientific and philosophical research. It teaches that much of the

wisdom of ancient people is not just superstitious mumbo-jumbo. Earlier humans were aware of their intimate connection with the Earth and her forces. They studied their environment and worked to position themselves in beneficial harmony with the forces of Earth, water, air, and fire.

Linn explains how the majority of modern people are disconnected from the Earth and this has very negative influences on their health and happiness. She notes that many people go days and even weeks without even touching the Earth. They wear shoes and walk on pavement and get in cars and go in buildings. They never physically touch the natural parts of the all encompassing environment that gives us life. As a person who frequently runs about barefoot, I was struck by this true observation. Just Friday morning I patted the huge oak tree by my mailbox and told the tree how good it looked. But I realize most people aren't like me. I guess this is why people have consistently remarked over the years how "down to Earth" I am. This comment always puzzled me because where the heck else would I be? But now I understand better.

Because it cannot be good to structure your life counter to the forces of the living cosmos, applying feng shui principles to your living and working environments is exceedingly beneficial. The advice offered so convincingly by Linn can be used by anyone anywhere. The author is keenly aware that not everyone lives in ideal circumstances, and she always provides advice for connecting with Nature even if you live in a high rise apartment.

Feng shui is a huge subject and this book overflows with concepts and advice. The biggest takeaway from the guide is that feng shui must be used in conjunction with your intuition. You must apply feng shui principles in a way that supports you. Everybody is different and a color or symbol that uplifts your mood might be neutral or even annoying to another person.

Linn's book provides numerous instructions for meditations meant to help you seek visions from your intuition or invite beneficial energies into your home or workplace.

This book also contains extensive information about the energies that radiate from the Earth. Flowing water creates a subtle electrical field. Water flowing underground can effect the people in the buildings above it. For example, if your bed is positioned in one of these electrical fields, you will have trouble sleeping. Fortunately, the problem can likely be fixed by moving the bed a few feet. Also the electromagnetic fields radiating throughout the world from the poles impact people. Our highly technological society with artificial electrical fields radiating all over the place, scramble us somewhat, but feng shui can sometimes mitigate the effect.

I put Feng Shui for the Soul by Denis Linn in the mind-blower category. Having just read it, I plan on going through it and taking notes so I can better integrate myself into the world. Reading a book that embraced the fact that we are part of a living Earth was so refreshing. Too many people are unhappily oblivious to this truth.

Ann Kucera says

In her book Feng Shui for the Soul, Denise Linn conveys both the scientific and the spiritual sides of feng shui. Learn to use your intuition in a way consistent with ancient energy principles.

Lizelle DuPlessis says

An interesting concept that could help a person get rid of clutter and open the channels toward receiving better and even good energy.

Walter T. Mara says

Full of information

This book is well written and very extensively researched. It contains enormous mounts of information on all aspects of fengshui

Susan says

This book started out strong but is flagging a bit in the middle. I'm just not interested in dowsing and, as much as I find mandalas and labyrinths appealing, I fail to see how that material relates to the topic of feng shui. In this regard, Linn herself is probably at fault. Perhaps she could have successfully made a strong connection between these disparate subject matters. She simply didn't.

That said, Linn is a very personal writer. Her style is almost conversational. I find myself looking forward to sitting down with her between the pages of this book. I would definitely read other books she's written.

And after further reading... the book picks up again in the end. She ties her own Native American shamanistic background to her schooling in Oriental feng shui in a way that makes sense and seems totally obvious once she explains it to you. In the final chapters, she presents a case study in which she employs many of the techniques and ideas she describes in earlier chapters (still no dowsing, mandalas, or labyrinths, though). I particularly enjoyed her description of the four elemental "clans" -- Air, Fire, Water, Earth -- and her recommendations for the home environments that are supportive of people's clan identities. Her analyses have the stamp of accuracy when you compare them to the people you've known and the places they've lived. She also offers some quite useful recommendations for balancing the energy of your life by making simple changes in your surroundings.
