

# **Confident You: An Introvert's Guide to Success in Life and Business**

*S.J. Scott , Rebecca Livermore*

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**Confident You: An Introvert's Guide to Success in Life and Business** S.J. Scott , Rebecca Livermore  
How to Succeed in an Extroverted World (Without Changing Who You Are)

Being an introvert can be frustrating... The world applauds extroverts, so it's easy to feel left out in the cold. As an introvert, you know it's important to be outgoing, social and a good leader, yet these behaviors don't seem natural.

The truth is that success in life often comes down to how well you sell yourself. This means behaving in a manner that doesn't seem congruent with what's inside. In simple terms, the world around us requires introverts to behave in an extroverted manner.

LEARN:: How to Harness Your Introverted "Powers"

Introversion "can" be a good thing. Without introverts, society would be full of outgoing and social people but a lot fewer artists, analysts, scientists, doctors, writers, engineers, and designers. On the other hand, the world often celebrates and rewards extroverts, often leaving introverts out in the cold.

Instead of trying to make you an extrovert, the goal of "Confident You" is to help you capitalize on all the positive aspects of being an introvert, while helping you overcome the less positive aspects of introversion.

DOWNLOAD:: Confident You - An Introvert's Guide to Success in Life and Business

"Confident You" provides 15 strategies to help you become more extroverted in business and social situations.

You will discover: A 10-Minute Test That Identifies Your "Type" of Introversion

Simple Lessons from Famous Introverts

How to Deal with a Lack of Confidence (or Shyness) in Social Situations

The Secret to Making a Good First Impression

How to Have Your ACCOMPLISHMENTS Recognized at Work

The Best Ways to Nurture Relationships with Extroverts

Unique Leadership Qualities of Introverts

How to Engage in Small Talk That MATTERS

4 Ways to Overcome the "Dull Perception"

You "can" thrive in a world that prefers extroverts. All you need is an action plan for social situations at work and in life.

Would You Like To Know More? Download now to learn how to become more confident and successful introvert.

Scroll to the top of the page and select the "buy now" button.

## Confident You: An Introvert's Guide to Success in Life and Business Details

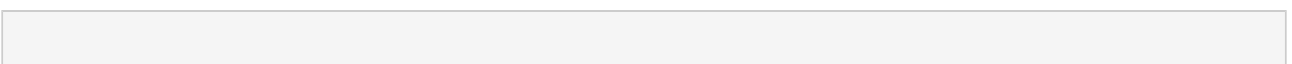
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# **From Reader Review Confident You: An Introvert's Guide to Success in Life and Business for online ebook**

**Ryan Zee says**

**Waste of money**

Poor writing and common sense psychology make for a poor read. I would not recommend this book. It has nothing to do with business. Save your money.

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**Katie says**

**A good primer for introverts**

This quick read is an excellent primer for introverts. If you are an introvert and have never explored that side of your personality this is a great way to begin. This book gives some basic explanation of the introvert personality and the ways in which we struggle with social situations, relationships and work situations. It also provides many suggestions for how to become more comfortable in the situation while still maintaining your integrity as an introvert. Throughout the book the authors consistently remind the reader that introverts are talented and do not need to be changed becomes extroverts they simply need to become more comfortable being introverts in an extroverted world. If you have read other books about introverts this one does not have much new content to offer, but it is a short and easy way to begin exploring your introverted personality. What this book does have to offer that many others do not is both the authors are introverts themselves and speak to other introverts in a respectful and appreciative manner that does not in any way suggest that introverts have a bad personality.

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**Francisco De says**

**Very helpful**

Really helpful in understanding my type of personality. Thank u Steve and Rebecca. This book is a must for introverts.

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**Denise says**

This had some ideas about how to use your introvert strenghts and I liked how it empasized that introverts do not need to be fixed.

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**Ariel says**

Meh.

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### **Jitka Egressy says**

I read many of Scott's books. And I love them all. This one is also great.

I'm an introvert. HSP as well, so I really appreciate this book! Great job! Thanks for telling extroverts, that we /introverts/ are normal people either :-))

Short, quick, amazing read!

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### **Alejandro Sierra says**

Interesante libro que aporta estrategias para los problemas cotidianos y sociales con los que nos enfrentamos los introvertidos. En particular me fue útil para las relaciones que estoy formando en mi asociación y con mis amistades y hasta con mi pareja.

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### **Arianna says**

**Awesome**

Easy to read, good information! I'm an entrepreneur and leader but I occasionally struggle with being an introvert. This introduced me to new ideas and ways to deal!

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### **Cyrill says**

This book discuss the challenges and struggles of the introvert and some solutions to help the introverts to be successful in life and business.

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### **Jessie Gussman says**

Free with Kindle Unlimited

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### **Christina Prentiss says**

**Helpful as ash Overview**

I enjoyed this book because it was a quick read and had some very nifty tips and tools to help with my social

life as an introvert that I hadn't thought of yet. I enjoyed the perspective they chose to use and also the real life examples from various introverts. Good read and a fast read.

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### **Alana Cash says**

This shallow book is 104 pages of fluff, very light on information, and not very well written. The two authors (based on the bios on the book) have no expertise in psychology nor have they done any research on the subject of introversion and extroversion other than soliciting emails from people who believe they are introverts. The authors offer no in-depth analysis of introversion or the experience of it. I didn't learn anything from this book, and I was very disappointed.

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### **Rishi Sahni says**

#### **Excellent book**

I took the test as recommended early in the book. The results were bang on. Book has extremely good suggestions for introverts. Must read! - Thank You

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### **J HHH says**

#### **Just One Idea**

Short, sweet, and to the point! I love the way the authors end their book – pick one idea from this book and turn it into a consistent daily habit. For me, the one idea I'm beginning with is to develop my ability to engage in small talk. As an introvert, I've always dismissed small talk as a waste of time and effort. This great book provides lots of other suggestions for which new habit to develop first, depending on your own particular type of introversion. For me, I'm happily starting with small talk and then will graduate to other challenges.

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### **Mariella says**

Wide spectrum of information but shallow in depth. My favorite takeaway from the book: "Information is nothing without action. If your goal is to overcome some of the challenges you face, then you need to set aside time each day to work on this area of your life."

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