



The Warrior Goddess Way: Claiming the Woman You Are Destined to Be

HeatherAsh Amara

[Download now](#)

[Read Online](#) 

The Warrior Goddess Way: Claiming the Woman You Are Destined to Be

HeatherAsh Amara

The Warrior Goddess Way: Claiming the Woman You Are Destined to Be HeatherAsh Amara Learn the Way of the Warrior Goddess

Since its publication a short time ago, HeatherAsh Amara's *Warrior Goddess Training* has become much more than just a book--its ten lessons have inspired thousands of women around the world to reclaim their power, their passion, and their freedom. In this much anticipated follow-up, *The Warrior Goddess Way*, Amara goes deeper, revealing three additional pillars of Warrior Goddess living that readers can apply to travel further down this sacred path: Wisdom, Authenticity, and Yes!

- **Wisdom** arises naturally when we learn to listen. Not to the voices in our head, but the voices in our cells, our natural discernment, and our creative knowing.
- **Authenticity** is embracing your vulnerability, your silliness, and owning all your superpowers. It's accepting and loving what is, not what "should be."
- **Yes!** is about celebrating everything. All the time. (Even your greatest defeats.)

In exploring these three pillars, Amara delves into topics such as forgiveness, relationships, and finding your inner stillness. You will learn the art of maintaining emotional balance, cultivating self-respect, practicing heartfelt communication, and the power of consciously embracing life's beginnings and endings. Like *Warrior Goddess Training*, this book is packed full of exercises and explorations designed to help you integrate the Warrior Goddess Way into your everyday life.

You CAN learn to enjoy everything you do. Your potential for dancing through life is waiting to be awakened. Live the Warrior Goddess Way and claim the woman you are destined to be.

The Warrior Goddess Way: Claiming the Woman You Are Destined to Be Details

Date : Published October 1st 2016 by Hierophant Publishing

ISBN : 9781938289576

Author : HeatherAsh Amara

Format : Paperback 192 pages

Genre : Spirituality, Nonfiction

 [Download The Warrior Goddess Way: Claiming the Woman You Are Des ...pdf](#)

 [Read Online The Warrior Goddess Way: Claiming the Woman You Are D ...pdf](#)

Download and Read Free Online The Warrior Goddess Way: Claiming the Woman You Are Destined to Be HeatherAsh Amara

From Reader Review The Warrior Goddess Way: Claiming the Woman You Are Destined to Be for online ebook

Frieda says

Ms. Amara writes about how women negatively view themselves based on societal teachings ingrained from our childhood and tries to show women how they can overcome these outdated and detrimental beliefs through awareness, mindfulness and of course, meditation. This is a good read for those who have not read books on mindfulness and mediation before.

Hazel Grier says

Wonderful with causing you to think. If you have gotten away from self help books this is the one to bring u back. Not for beginners on quest to dig into who you are. My final word is I CHOSE ME I Say Yes To Me

Alison says

Although rather emotionally confronting, this book is really about being true to yourself. Although yes, a man could read it and use it to help guide, as we all know, women are still 'below' the men and therefore need to be brought up to higher levels of self-love and divine kindness because we are still treating ourselves like second class citizens. Even though the cover has a yogi on the front, this isn't really a book about yoga, although Heatherash does use some of the yoga principles in her guide to life. This book is about self-perception and about caring for oneself. Something we all should be doing, in order to become the goddesses that we know we are.

Maxine Hargreaves says

I really loved this book. It was recommended to me by my yoga teacher with a warning that it was a bit woo woo.

I listened to the audio book, and will definitely listen to it again, and possibly buy the book too.

I enjoyed the discussion about forgiveness, how death can be our greatest teacher and the importance of saying yes and living with no regrets.

Kristen Lauderdale says

The title can't be beat. I picked this up awhile ago as a reward to myself for finishing Nanowrimo. Her blend of "wisdom through the ages" was interesting. Overall, a helpful and affirming read. It was kind of hard to get through because the focus was mainly on dealing with pain and loss. This made it feel more somber than

what I was looking for.

Shamaya Epps says

A Great book!

One of the best books i have read in my life. Every woman should read this book. I recommend this book to all. It's powerful.

Jenny Whetzel says

This is a great self help book for women. I enjoyed her first book so I knew I would enjoy this one as well. Some topics in the book include: meditation, forgiveness, apology, awareness, and judgments.
