



Sailing For Dummies®

J.J. Isler , Peter Isler

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Interested in learning to sail but feel like you're navigating in murky waters? *Sailing for Dummies, Second Edition* introduces the basics of sailing, looks at the different types of sailboats and their basic parts, and teaches you everything you need to know before you leave the dock. In *Sailing for Dummies, Second Edition*, two U.S. sailing champions show you how to:

Find and choose a sailing school
Use life jackets correctly
Tie ten nautical knots
Handle sailing emergencies (such as capsizing and rescuing a man overboard)
Launch your boat from a trailer, ramp, or beach
Get your boat from point A to point B (and back again)
Predict and respond to water and wind conditions
Read charts, plot your course, use a compass, and find your position at sea
Sailing for Dummies shows you that getting out on the water is easier than you think. The authors keep the sailor-speak to a minimum where possible, but give you a grasp of the terminology you need to safely and effectively communicate with your crew. A textbook, user's manual, and reference all in one, this book takes the intimidation out of sailing and gives you the skills and confidence you need to get your feet wet and become the sailing pro you've always wanted to be. Anchors away!

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From Reader Review Sailing For Dummies® for online ebook

Scott says

Good basic understanding of terms, techniques and ways to enjoy sailing.

Robert Graves says

SAILING FOR DUMMIES has a lot of good info and lingo in an easy-to-digest format for land-lubbers like me.

Dr Zorlak says

A little too focused on racing. I'm into sailing more for the crossings and island hopping. Great explanation of knots and anchoring. As sound as any textbook can be for the theoretical part of navigation.

Max Nova says

I read this book before I ever stepped foot on a sailboat. It certainly put me in a good spot to begin sailing lessons at the Community Boating center in Boston.

G.M. Burrow says

Not ready to sail after this, but certainly ready to read books *about* sailing now that I know what "beam reach" and "freeboard" and "tacking" (vs. "jibing") mean.

Erin says

I read the first few chapters and they were very good. Since sailing lessons are on-hold for the foreseeable future, I set this aside to revisit later...someday!

Pat Stanford says

Great book and well written by people who know what they're talking about. You may get lost in the terms if this is your first time learning anything about sailing, but it is worth it to keep looking in the very complete glossary to get them all sorted out.

If you are more experienced, there's something here for you too. Either way, you can learn a lot from this book.
