



Counseling the Culturally Diverse: Theory and Practice

Derald Wing Sue , David Sue

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Completely updated, *Counseling the Culturally Diverse: Theory and Practice*, Sixth Edition is the most widely used and critically acclaimed text on multicultural counseling, offering students and professionals essential and thought-provoking material on the theory, research, and practice of multicultural counseling. The new edition presents the newest research in the field of multicultural counseling, as well as an expanded section on microaggressions. With its unique conceptual framework for multicultural therapy, this book remains the best source of real-world counseling preparation for students and the most enlightened, influential guide for professionals.

Counseling the Culturally Diverse: Theory and Practice Details

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From Reader Review Counseling the Culturally Diverse: Theory and Practice for online ebook

Sarah says

I can understand how no one has noticed how incredibly poor the arguments and assumptions are, as most people are not critical readers or have taken classes in logic. Clearly Sue hasn't.

What I can't understand is how no one has noticed how incredibly racist this book is. Although there are innumerable examples this should suffice: African American families are often single parent and rely on outside support and extended family because they have a tribal heritage so this comes more naturally to them.

This book is dated, a la 1993 PC Liberal culture, and not particularly insightful beyond helping to avoid totally gigantic racist comments.

fail.

Emily says

Super repetitive and very black-and-white. Discusses the problem more than offering strategies for providing culturally competent therapy. Frustrating, but worthy of consideration.

Simoné says

Didn't finish this book because I felt like it was more geared towards teaching privileged straight white counselors how to develop cultural competence when working with people of color.

Kevin Hilke says

A single, serious, solid course in the humanities can teach you far more about how to respect culture in its infinite particularity than can anything in this nobly motivated but comically acerbic and uninformed book that ultimately speaks against its own cause.

John says

Derald Wing Sue and David Sue have been studying multiculturalism for many years. Although they have some cultural bias as Asians, they would also admit that they are not the definitive voice in the very broad world of multiculturalism. This book reminds the reader of his own ethnocentricity and asks for a willingness to recognize how people who are different from us are often disenfranchised as an inferior version of the

"other." This is an important work if you plan to work with diverse groups.

Jeremy says

It is really important that you not let stereotypes cloud your counseling, so here is a book full of stereotypes about every major culture! This book makes no sense and made me wince frequently.

William Pate II says

Sue has made his name in multicultural counseling theory. Unfortunately, he's late to the game, appears more biased than he assumes his readers to be and offers ridiculous examples and arguments that defy basic logic.

Counseling students will probably continue to be forced to read Sue's work without any supplemental (possibly opposing?) discourses to complicate (and elaborate) the subject.

Skip this book (and his others) if you can.

Jeanne says

Sue and Sue's *Counseling the Culturally Diverse: Theory and Practice* is a classic. It's also a book to return to (I first read the 3rd ed. when it came out).

Judging by Goodread's reviews, it's also a controversial book. Sue and Sue start *Counseling the Culturally Diverse* with examples of both the positive and negative reviews they've received from students and workshop attendees. A White Male:

I am offended that you seem to think that the United States is the only perpetrator of prejudice and horrific acts. Excuse me sir, but racism and oppression are part of every society in the world ad infinitum, not just the United States. I do not appreciate reading biased material that does not take into account all forms of prejudice including those from minorities. You obviously have a bone to grind with White people. Minorities are equally racist. Why do you take such pleasure in attacking whites when we have done so much to help you people? (p. 7)

And from a Latina:

This book has spoken to me and given me so much knowledge that is beyond words to express. Finally, there is someone willing to tell it like it is. (p. 7)

Did I say that they have balls?

In a country where my president can deny being a racist with a straight face (while doing things that look pretty darn racist), these quotes can be helpful in understanding race, racism, and many other isms – and a powerful beginning to their book. Sue and Sue continue this pattern throughout *Counseling the Culturally*

Diverse, using first person descriptions, news reports, statistics and more as a way of re-perceiving and understanding race, social class, gender, ethnicity, sexuality and gender identity, and ability.

At more than 800 pages, *Counseling the Culturally Diverse* is not a walk in the park. It also feels somewhat repetitive in various sections. Judging by some of the comments Sue and Sue include, however, length and repetition are often needed.

Kim says

Thought provoking look at counseling people from all walks of life

Chelsie Gransee says

This book requires having an open mind and also requires a lot of self-reflection and humbleness. I learned so much in this text. I agree with other reviewers that it is repetitive, but at the same time I think this repetition is great for learning and solidifying the information in our minds. I especially loved the chapters at the end of the text that focus on groups I have learned little about how to best counsel and serve. I highly recommend this text for anyone who is open to listen to the narratives of those different than you.

Alma says

I thought this was great, especially the introduction of "this will probably incite strong reactions like xyz and this is why those are defensive responses we need to get past" Obviously very divisive in my cohort but incredibly important and a well written textbook.

Sarah Ridenour says

This book, although difficult to read at times, is an absolute eye opener. Its content verges upon the disturbing, but it is absolutely necessary for any who wish to learn as much as possible about other cultures and how our normal proclivities may distress them.

Carly says

Well...I like the IDEA of this book. However, I felt that it was too repetitive (repeating the same thing multiple times in a chapter).

This book was thought-provoking and helped me to understand my own thoughts and experiences with my racial identity, and realize that I have a lot of white privilege. (This is something I may have thought I had before...but not to this degree of understanding.)

The inconsistent parts of the book being the last half or so. The first half of the book kept emphasizing how no ethnic/racial identity is the same...and the last half were chapters devoted to discussing (& generalizing) each racial group, and then special population (elderly, women, Jewish, GLBT) with tips and suggestions on how to work with each group (which is what it said you couldn't really do..). Oh well.

I feel WHOLE HEARTEDLY that I would have given this book a higher rating if the redundancies were taken out. If you have to say the same thing over and over, and over again...obviously the book should just be shorter.

Arielle says

I had to read this book for my Social and Cultural Foundations class. At the beginning of the book, the author warns that the book may make the reader angry. Boy, was he right, but I wasn't angry for the reason he suggested. He assumed that most readers would be angry with the book because they would have to face the reality that racism/prejudice still exists and that the reader is racist him/herself. Before reading this, I was aware of some of my biases. What angered me was that the author wasn't very assuring that White people can change. He pretty much said that even reading this book and being more aware of minorities and training to become a multicultural competent counselor would not be enough. In fact, he would encourage us to change but in the next sentence say that it would never be possible because we are White. I found it infuriating. I can understand that I may not ever truly be aware of all the struggles minorities go through, but I don't feel like I'm hopeless just because I'm White.

However, I learned a lot of valuable information from this textbook. Towards the end, the different theories became very confusing, so I had re-read passages.

Candra Malone says

Although I'm reading it for a class and not for sheer enjoyment, this book is so informative and is a must for anyone who wants insight on other cultures.
