



Honest: My Story So Far

Tulisa Contostavlos

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Tulisa Contostavlos is one of the most talented and high-profile recording artists working in the UK today. She has three platinum N-Dubz albums, four MOBO awards, a groundbreaking drama series, two documentaries, a MIND award and an X Factor judge's win under her belt. Not bad for a girl who's not yet twenty-five.

But this is not just a tale of glittering success. Tulisa grew up on a tough London estate and left school with no qualifications as she struggled to cope with deep-seated emotional problems while caring for her mother alone. She has seen first hand what drugs, alcohol, gang culture and violent relationships can do to young people, but she has come through it all to become the confident, inspiring artist she is today.

After taking her little muffins Little Mix to the winning spot of the X Factor at the end of 2011, and with her long-awaited solo album being released later this year, the future is bright for Tulisa. Told in her own words, this is her story.

Honest: My Story So Far Details

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Faye Scott says

I wouldn't have read this book but it was given to me as a Christmas present. I generally only read biographies of someone I 'love' although I have always like Tulisa on X factor and in the N dubz days.

The book is exactly what it's called - honest. She doesn't seem to hold back any details even ones that put her in a bad light. I enjoyed reading about her relationship with her mum and the NDubz boys. It seems to focus a lot on past relationships which helps to explain her tough attitude that comes across on tv.

I think this book does her proud ! Allows people to see the 'real' her and empathise rather than view her as a 'chav' when she seems to be an intelligent lady.

Lexy says

Well it lived up to the title. Nice easy read to start the year

Nicola Ankers says

To be honest i was not too keen on tulisa when she had first come about in ndubz but now that i have read her autobiography my views of this young beautiful singer/mentor has completely changed. Everything that she had gone through growing up with her mums illness and how ndubz had come round. Growing up in to a beautiful lady that has helped and supported lil mix on the xfactor as their mentor. But when it had come around about the sex tape etc was outrageous nobody should of gone through that at all im now becoming a fan of her more now and look at her in a different light and im glad that she had written this book

Claire says

This book was alright, think she was probably too young to write a book probably should of waited till she was 30, I found it quite boring how she went from one relationship to another and they all seemed the same. Would of been good to hear more information about her time with N-Dubz there wasn't really much of a story there.

sue says

HONEST was its title, and honest it seemed to be. I like [what I know of] Tulisa, she seems straight and honest, and I feel the book was exactly that.

If I had one fault, it was where she put herself up for 'importance' at times and the 'big I am' I really don't like that much in someone's character, I'm not sure if she sees it that way, but I certainly read it that way.

Quite a nice read

Louise Fry says

This is such a amazing and fantastic book about an inspirational pop star or urban star i would throughly recommend anyone to read this book and would pose the challenge - can anyone not read it and fall in love more with tulisa or change opinion on her.

Helen says

I received this book for Christmas and read it over the holidays. I was keen to read it as Tulisa seemed like a cool lady after seeing her as a judge on the X factor.

In the preface Tulisa says if you're gonna tell it; tell it girl and that she wants people to judge her on the facts. Her account is very honest which I love.

While reading the book, I felt I was really getting to know Tulisa. She seemed to have gone through a lot of tough times but has come out the other side stronger.

From seeing her on the Xfactor and reading her book my impression is she has a strong character but she also has her softer side.

I found her stories of her childhood, relationships and music industry very interesting. It was good to hear her side of things as a young woman as appose to stories in magazines etc.

The book was easy to read and I found it interesting throughout. The photographs included added an extra something also. I would recommend this book to anyone who wants to find out more about Tulisa.

Sarah says

I finished Tulisa's great biography yesterday, it was just as it's title suggests "HONEST". It was unlike any biography I read before, it was like I was sitting down with a cup of tea listening to my friend tell me about their day (well really their life) it was funny, sad, gritty, surprising but most of all truthful. It was a great read and I look forward to future instalments as I hope there will be more:)

Verity Kingston says

I'm not really into auto-biographies but i did enjoy this book, got through it fast and i didn't get bored so I'm happy

Tarah McCue says

Tulisa is a singer from the UK and she isn't known well in the U.S. I honestly don't remember how I came across her, but I ended up really liking her attitude and her music. She's a person that is really open about everything and I truly respect her for that. This book was full of incredibly personal things that I would never expect her to include. This girl has some balls.

Lowri Roberts says

I'm not much of a Autobiography reader, In fact this was the second one I had read. but I nailed through this book, I honestly couldn't put I down. I knew I'd love this book as I've heard some stuff of how Tulisa grew up etc And she is very open and honest about her life. She talks about stuff we did know and what we didn't I don't have a bad word to say about it. Made me like her even more.x

Emily says

Over the years, N-Dubz have been my secret guilty pleasure and since Tulisa joined X Factor, she grew on me. Therefore I wanted to read the book to find out more about her and to see which of the many stories in the press are actually true (turns out most of them).

I really enjoyed reading this book. I now have a lot more respect for Tulisa and think people should read this before they judge her.

Ashneet says

i really enjoy auto-biographies but i have to say i found this one a little boring. i only got half way throught it and i left it there. i dont usually leave books half finished but i just had to. i found myself skipping pages just waiting to find something intresting. i know that this is about her life so it cant be as intresting as fiction books all the way through.i have nothing against tulisa and i think shes a really strong and amazing person but im just not a fan of the book.

Book Addict Shaun says

I feel like this book should only be given four stars but I find it difficult to give autobiographies less than five stars. After all the author is telling you their life story and opening themselves up to you, you spend time reading about them from birth up to whatever point the book ends and that's why I find it hard to rate them low. Goodreads system is especially difficult in that four is 'really liked it' and five is 'it was amazing' and I am stuck in between those two descriptions but will give it five stars anyway.

The book is a short read, and had I had the time probably could have read it in one day. That's not to say the content isn't good, the book lives up to its title as it is very 'Honest', but Tulisa herself is known for her honesty and she doesn't hold back (much) in this book.

I, probably like a lot of people, knew about Tulisa but didn't really pay attention to her until her judging role on X Factor. As a massive Cheryl Cole fan I was very much of the opinion that nobody could replace her, especially not Tulisa. But how wrong I was, I fell in love with Tulisa from the very first episode of X Factor and rooted for her and Little Mix from the very first live show also. Unfortunately even she is not enough to make me watch X Factor this year but that's going off topic a bit.

A lot of the information in this book probably wouldn't be new to anyone who has followed Tulisa throughout her career or any big N-Dubz fans but for fans new to her, or anyone who just wants to read about it, it is a great read full of sad stories but also plenty of funny ones.

Unlike a lot of celebrity biographies this isn't written to cash in on her success. She certainly doesn't need the money and I feel this book was just a way for Tulisa to get her story out there. After all the BS she has to read about in the press it must be nice to put across your side, the truth, for your fans and also for the people that don't like her very much. Overall a fantastic read, if a little bit short.

Beth says

I'll admit, I'm not the greatest autobiography lover - and certainly not one of Tulisa's biggest fans - but when all of this scandal about her doing drugs, dealing them and the sex tape being released and I saw this on special offer at Waterstones, I thought 'Why not? It will give me an insight into the truth about everything that has happened (hence the name, Honest.) After reading about half of this book, I came to realize - Tulisa really isn't covering anything up at all, and yes, she had a terrible life growing up. It's very sad to hear about people who have so much stress in their lives when really, they should be enjoying life at 8 years old, not constantly worrying. I have a bit of sympathy for Tulisa as I can understand how she feels with some similar situations that I have encountered. This book isn't the best, but it's good enough, and it's Honest.
